


Martin Dugal graduates

Navy Ensign Martin J. Dugal, son of Gerald M. and Margaret M. Dugal of 8 Theodore Ave., recently graduated from the Basic Civil Engineer Corps Officer School in Port Hueneme, Calif. The 1992 graduate of Andover High School received a BCE degree in 1996 from Villanova University in Villanova, Pa.

Raytheon's dividend

Raytheon Company's board of directors has declared a regular quarterly dividend of 20 cents per share, payable April 28, to stockholders of record as of April 7. Raytheon is a \$12.3 billion international high technology company that operates in four business areas: commercial and defense electronics, engineering and construction, aircraft and major appliances.

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SENIOR NEWS

Skin cancer screening

A few openings are left for the free skin cancer screening offered by Northeast Dermatology at the Senior Center Monday, June 9. Schedule an appointment by calling the center.

Movie matinee at 12:30 June 16

The Preachers' Wife, starring Whitney Houston and Denzel Washington, will be the movie shown Monday, June 16, at 12:30 p.m.

Men's bridge meets Thursdays

A men's bridge group meets at the center Thursdays at 2 p.m. Anyone interested in joining should call John Recesso at 475-5172.

Bazaar days seeks volunteers

Bazaar days will be held June 20 and 21. The men's group will sponsor a table and are seeking volunteers to do two-hour shifts. Call John Andreatis at 475-7559.

Water gardening

Fred and Diane Butler will give a lecture and slides on the process they went through to build a water garden in their back yard, Monday, June 23, at 1 p.m. A visit to the garden will follow their presentation. Call the center to register. Cost is \$2 per person.

Massage therapy Mondays

Massage therapist Stephen Collins will continue to accept clients Monday mornings through the month of June. Call the center for an appointment.

Nature walk with Liz Tentarelli

Liz Tentarelli will give a guided nature walk Friday, June 20, of the Corcoran Sanctuary at Phillips Academy. Call to register.

Pen pal program meets tomorrow

Senior members of the pen pal program are reminded to meet at Sanborn School tomorrow, May 30, at 9:15 a.m. for the end-of-the-year get-together.

SENIOR MENUS

Monday: Baked chicken, parslid potatoes, green beans, chilled apricots.

Tuesday: Pork chopet, rice pilaf, carrots, ice cream.

Wednesday: Ham with pineapple sauce, au gratin potatoes, peas, apple.

Thursday: Stuffed cabbage roll with tomato sauce, whipped

potatoes, wax beans, applecrisp.

Friday: Chowder, seafood salad roll, vegetables, pudding.

For reservations, call 623-8321 before 2 p.m. on the business day before the lunch you plan to attend. Sirloin strip steak will be served **Monday, June 9**, and turkey on **Tuesday, June 10**.

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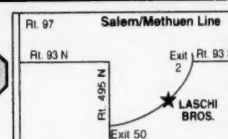
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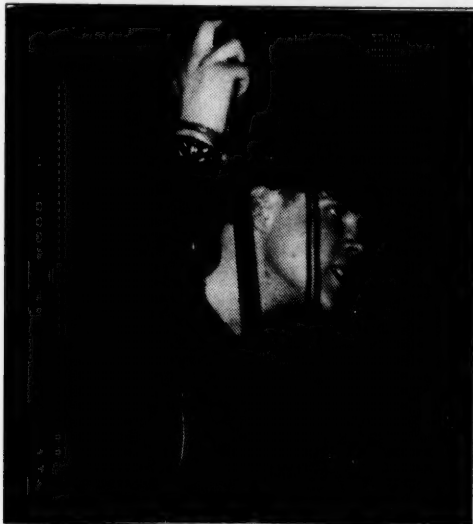
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WHAT'S UP

Andover Youth Services to sponsor free Saturday concert in the Park



Jason Lynch, lead singer of the band Time Bomb, performing live at "The Under-War," in January.

Concert to feature 2 headliners plus 4 other area bands

By Jason Lynch

On Saturday, May 31, from 2-6 p.m., Andover Youth Services will sponsor a free concert at the Park in downtown Andover. The show will feature six bands from around the area. The bands Time Bomb and Gurly Hag will headline the event. Also appearing will be The Goslins (from Boston), Indolents Legion, 21 Seasoning Salute, and The Nub-Tones.

This outdoor show is organized by Erika Moran and Jason Lynch, the same people who brought you events like Gorefest and The Under-War. It is sure to be just as fast-paced and unpre-

dictable as its two predecessors.

A good time is sure to be had by all! For more information, call the AYS at 623-8241.

Take it to the Rack

By Mike Homewood

Coming to a court near you this summer, the Andover Youth Services presents the 1997 "Take it to the Rack" Summer Hoop League.

Andover residents, ages 14-24, who are looking for a fun-yet-competitive summer basketball league are invited to put a team together.

Here's the deal: It's \$25 per player (includes T-shirt), per team, and each team needs a minimum of eight players and a maximum of 12 players. The season will run approximately from June 25 to Aug. 20, including playoffs. Each

WHAT'S UP is sponsored by Andover Youth Services and the Andover Townsman.

team will play an average of one game per week following NCAA rules format. If you are interested in putting a team together or would like more information, call Mike Homewood at 475-6466.

► For more information about WHAT'S UP, call Bill Fahey, Andover Youth Services coordinator, at 623-8241; or Jack Grady, Townsman assistant editor, at 475-1943.

Here's what for lunch in the Andover public schools next week, June 2-6:

Elementary schools

Monday: Hot dog on roll, mustard, relish, ketchup, carrot and celery sticks, fruit cup, milk or juice.

Tuesday: Baked chicken nuggets with honey dip, french fries, ketchup, green beans, wheat bread and butter, school-baked cookie, milk or juice.

Wednesday: Hamburger or cheeseburger on roll, french fries, ketchup, carrot and celery sticks, chilled peaches,

milk or juice.

Thursday: French toast with hot maple syrup, sausage patty, apple sauce, peach crisp with crumb topping, milk or juice.

Friday: Taco boat with ground beef, lettuce, tomato and cheese, corn, orange, milk or juice.

A pizza or peanut butter and jelly lunch is available daily.

Middle schools

Monday: Hamburger or cheeseburger, potato chips, sliced carrots, fruit cup, milk; or hot pastrami sub, choice of cheese, pickles and onions, sliced carrots, potato chips, fruit cup, milk.

Tuesday: Steak sub with choice of peppers, onions and cheese, french fries, ketchup, peas, fudge brownie, milk; or chicken nuggets with honey

dip, french fries, ketchup, peas, fudge brownie, milk.

Wednesday: Taco boat with meat stuffing, lettuce, tomato and cheese, corn, pudding with topping, milk; or spaghetti with meat sauce, tomato and lettuce cup, corn, bread and butter, pudding with topping, milk.

Thursday: Cutlet sub with tomato sauce and cheese, green beans, deep dish pie

with crumb topping, milk; or roast round of beef, brown sauce, whipped potatoes, green beans, bread and butter, deep dish pie with crumb topping, milk.

Friday: Grilled cheese sandwich, wax beans, potato chips, chilled pears, milk; or baked pork chopette with brown gravy, whipped potatoes, wax beans, bread and butter, chilled pears, milk.

A pizza or sub lunch is available daily.

Menus are subject to change.

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SCHOOLTALK

The annual Spring Open House at **West Middle School** will take place Thursday, June 12. The WMS Jazz Band will play in the auditorium from 6:30-6:45 p.m. Then at 6:45, orientation for fifth-grade parents from **Sanborn** and **West Elementary** schools will be held in the auditorium. Open house activities will be held from 7-8:30, with refreshments in the cafeteria from 7:45-8:30.

Last month, the third-grade students at **South Elementary** presented a concert, *A Recorder Rap-sody*, for parents, students, and the community. Students performed traditional and contemporary selections on the recorder, a European flute used in chamber and orchestral music during the 16th through 18th centuries. The musical selections ranged from *Recorder Rap* to *Hot Cross Buns* to *Lullaby Round*. **Linda O'Donnell** and **Susan Sepich**, South's music specialists, not only directed the concert, but also performed classical works from the Renaissance and Baroque periods and the 20th century, demonstrating the recorder's wide range of repertoire.

Study of the recorder is an integral part of the Orff-Schulwerk philosophy of music education taught in Andover's schools. Students start working with recorders in third grade. The recorder prepares them to study band instruments and begins their training in music literacy, including music notation, as well as developing fine-motor skills.

South's five third grades prepared for their concert for more than two months. They worked with Ms. O'Donnell and Ms. Sepich to create choreography for two pieces, *Recorder Rap* and *Hey, Betty Martin*, as well as perfecting pieces learned early in the



Third-grade students at South Elementary performed *Recorder Rap* with Linda O'Donnell conducting.

year and prepare new songs. The performance reportedly rocked the cafeteria, demonstrating the students' mastery of the instrument.

According to one parent, "I had no idea they could play so well. Absolutely beautiful!" "A tribute to music in the schools," organizers said.

Students from **West Elementary** shot baskets to help expand independence for people with disabilities at a recent **Boston Celtics-Easter Seal Basketball Shoot-Out** in the school gym. Shooting baskets for three minutes, 37 students raised \$1,362.50 to fund Easter Seal services. **Christopher Robbat** contributed the most, raising \$116.25.

Celtics stars **Dee Brown** and **Rick Fox** were honorary chairmen of the event.

Students secure pledges for baskets scored.

The **National Latin Exam Committee** has informed **Andover High School** that nine out of 14 Latin-2 and seven out of 11 Latin-3 students taking the examination sponsored by the **American Classical League** were award-winners. These students competed with 98,000 others in the 20th National Latin Exam, given in the second week of March, and

consisting of 40 questions covering grammar and syntax, culture, Latin in use, and reading comprehension.

Recipients of a gold medal and a summa cum laude certificate are **Matthew Libby** and **Elizabeth Welch** in Latin-2.

Recipients of a silver medal and maxima cum laude certificate are **Terah Chan**, **Melanie Dennis**, **Pinank Modi**, **Gregory Roy** and **Richard Sullivan** in Latin-3 and **Matthew Konjoian** in Latin-2.

Recipients of a magna cum laude certificate are **Nathan Dziadul**, **Juliet Grabowski**, **Ellen Keith**, **Stephen Liu** and **David Powers** in Latin-2.

Recipients of a cum laude certificate are **Petros Pantelis** and **Matthew Smilowitz** in Latin-3 and **Jaclyn Gallant** in Latin-2.

With 40 a perfect score, the Latin-3 students had the following correct responses: **Terah Chan** 37, **Melanie Dennis** and **Gregory Roy** 36, **Pinank Modi** and **Richard Sullivan** 35, **Petros Pantelis** and **Matthew Smilowitz** 31. The Latin 2 students had the following scores: **Matthew Libby** and **Elizabeth Welch** 38, **Matthew Konjoian** 37, **Stephen Liu** 35, **Ellen Keith** 34, **David Powers**, **Nathan Dziadul** and **Juliet Grabowski** 33, and **Jaclyn Gallant** 31.

For the 11th consecutive year, **Pike School** was represented in **Project Bread's** annual Walk for Hunger. Students and faculty participated

◀ **South School's Brownie Troop 814** (and their dads) made birdhouses just in time for the newly-nesting birds. Each girl made two birdhouses, one for her yard and one for **Burns Reservation**. It was easy and lots of fun, because fathers **Robert Hannula** and **Robert Sundberg** designed and cut all the pieces for 30 birdhouses.



Photo by Mark E. Kasianowicz

Andover High School students **Dara Ekster** (senior) and **Michael Garrity** (junior) met with **Rep. Barry R. Finegold**, D-Andover, last month at the Statehouse when they participated in the 50th annual Student Government Day.

in the Boston Walk Sunday, May 4.

CAMP 57 (Career Awareness Maximizes Potential at 57 River Road) is a summer career exploratory experience sponsored by the **Greater Lawrence School to Careers Initiative** and **Greater Lawrence Technical School**.

Students from Andover, North Andover, Lawrence and Methuen currently enrolled in sixth or seventh grade have an opportunity to learn about a variety of career pathways and complete projects to take home. Campers will also participate in swimming and outdoor activities.

The camp will be held at the Tech School Monday through Thursday from 8 a.m. to noon in three sessions: July 7-17,

July 21-31, and Aug. 4-14. Registration fee is \$10 per session per camper. Busing will be provided.

For more information, call **CAMP 57** at Greater Lawrence Technical School.

Spar and Spindle Girl Scout Council will present the Girl Scout Gold and Silver awards, the highest awards in Girl Scouting, at a ceremony Sunday, June 1, from 1:45-4 p.m. at **Blanchard Middle School** in Westford.

Andover residents will be among the 18 young women who have earned the Girl Scout Gold Award and 63 girls who have earned the Girl Scout Silver Award. **Kendra McDade** will receive a Gold Award for her arts and crafts workshop. **Kendra Mary Bower**, **Katie Dugan**, **Ellen Keith** and **Rachel Robinson** will receive Silver Awards.

New England Conservatory's Youth Philharmonic Orchestra, led by music director **Benjamin Zander**, will return to South America for a 10-concert, two-week tour of Brazil June 16-30, sponsored by BankBoston in celebration of its 50th anniversary in Brazil. The YPO will perform two concerts at the Teatro Municipal in Rio and in São Paulo, two large-scale open-air performances including one on Rio's famous Copacabana Beach, and joint rehearsals and performances with Brazilian youth orchestras and ensembles.

Mahler's *Fifth Symphony* is

(Continued on page 15)

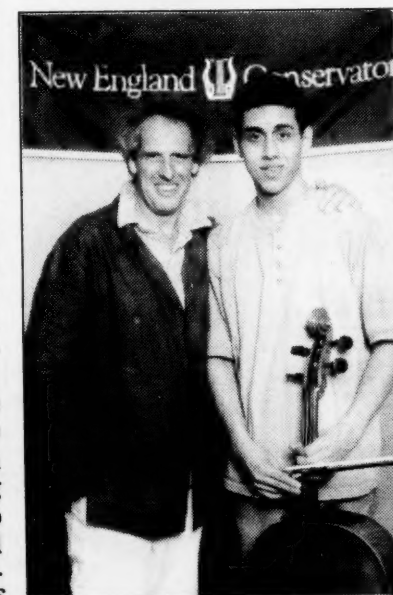


Photo by Jeff Thiebaut

Conductor **Benjamin Zander** and Andover member **Alexei Gonzalez**.

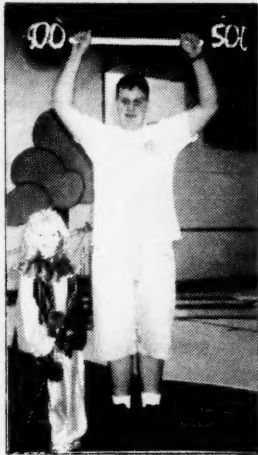
SCHOOL TALK

(Continued from page 14)

the highlight of the program; also included is Bernstein's *Overture to Candide* and Mozart's *Horn Concerto No. 4 in E-flat Major, K. 495*. Open-air concerts will feature works by Villa-Lobos, Bartok, Fernandez, Tchaikovsky, Bernstein, Sousa, and John Williams.

The orchestra will perform a send-off benefit concert Saturday, June 7, at 8 p.m. in NEC's Jordan Hall. Tickets at \$10, \$5 for students and seniors are available from the box office at 30 Gainsborough St. Call the NEC Concert Line at (617) 262-1120, Ext. 700. Proceeds from the concert will help pay for the orchestra's Brazil tour to Brazil.

The physical education staff and 75 students at Doherty Middle School staged a Circus for Seniors in the school gymnasium Friday, May 2.



Doherty hosts Circus for Seniors - Catie Bettencourt (left) introduces "The World's Strongest Person," Jonathan Gardner, to the seniors.

Senior citizens from Andover Senior Center, Marland Place and Heritage Green were treated to a variety of acts, including Jazz the Singing Dog, tight-rope walkers, jugglers, weightlifters, stilt-dancers and clowns.

Event organizers report that this intergenerational event was a big hit with all ages and the school received many thank-you cards from seniors.

Karl Lippmann, Mary Ellen Marino and Sheila Salois, physical education staff, planned the event.

Mike Wankum, meteorologist for WLVI-TV/Channel 56, entertained as well as educated first-graders at Sanborn, supplementing their weather unit. This interactive program allowed the

children to become human hot- and cold-weather fronts, take off in a weather balloon, and learn about the job of forecasting the weather for Andover and for the country. The students presented Mr.

Wankum with a *My Favorite Weather Book*, with a page written and illustrated by each first-grader. He gave each child a weather map.

Mr. Wankum then shared the book with the television audience on the 10 p.m. newscast that evening.

First- and second-graders at Pike School completed an American Red Cross water safety education program.

(Continued on page 18)

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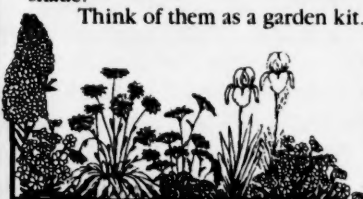
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Authors Festivals abound in the elementary schools this year

A number of authors, illustrators and storytellers have visited students in the Andover elementary schools this year. Here are some of the visitors the K-5 students have hosted. More will be published soon.

All Sanborn students participated in a week-long Curriculum Enrichment event entitled Authorfest last month.

Participating guests include storyteller Tony Toledo, author/illustrator Brian Lies, mystery writer Lucinda Landon, non-fiction author Carole Vogel, illustrator and Sanborn parent Ilene Richard, author/marine biologist Michael Glaser, *Boston Globe* writer Brian Mooney, WCVB-TV executive producer and newsreader Rosemary Lappen, illustrator and Sanborn staff member Robin Hansen, author and Sanborn teacher Maureen Wittbold, and author Gregory Maguire.

Students participated in related activities leading up to this school-wide event, including designing bookmarks, writing and illustrating their own stories to present during an Authors' Tea. They also worked on publishing an issue of the *Boston Sunday Globe Family Fun Pages*. Funding for Authorfest was provided in part by a grant from the Massachusetts Cultural Council.

Michael J. Caduto, ecologist, educator, author, storyteller and musician, spoke with students at Shawsheen School about trees. Mr. Caduto's visit was part of the year long, school-wide conservation theme: Team Tree Project. Using storytelling, slides and song, he stressed the importance of trees to the students and their environment. Mr. Caduto directed the children in planting a London Plane, cherry and a balsam fir tree in front of the school. Jim Bamford and his crew had brought



Environmentalist Michael J. Caduto adjusts Megan Farquar's "branches" as he discusses trees with students at Shawsheen School.



Photo by Lisa Adelsberger

Author Gregory Maguire told Sanborn students he often starts the creative process with a drawing, then creates a story around it.

the trees, dug the holes and placed them, ready to be planted. Then Mr. Caduto showed the students how they were to add soil and water around the roots.

Sanborn second-and third-graders were recently treated to a performance by the Gerwick Puppets in the Adventures of Thornton W. Burgess. This perennial favorite illustrates the many facets of the fine arts curriculum with its combination of voice, movement, script and dramatics and allows for interaction with its audience. Second-graders then participated in puppet-making workshops led by puppeteers Lenny Gerwick and Deborah Costine creating hand puppets for their own imaginative performances. This program, sponsored by the Curriculum Enrichment Committee of the PTO, was funded in part by the Massachusetts Cultural Council.

"Read a zillion books" was the message children's author Jerry Pallotta gave students recently at the Shawsheen School Authors Festival. Mr. Pallotta spoke to each grade K through 2 and used props such as different size lobster claws (scissors and crunchers), animal skulls (real and otherwise), pages from his books, student and teacher volunteers and candy wrappers to explain how ideas become words and words become illustrations

and both become books.

Mr. Pallotta advised the children to write about what they know and suggested kindergartners write a name alphabet book of Shawsheen School students while older students were challenged with writing an alphabet book on Andover.

He told students that in his first book, *The Ocean Alphabet Book*, he wrote about things he remembered from summers spent in Scituate.

Mr. Pallotta explained where his ideas originate. He

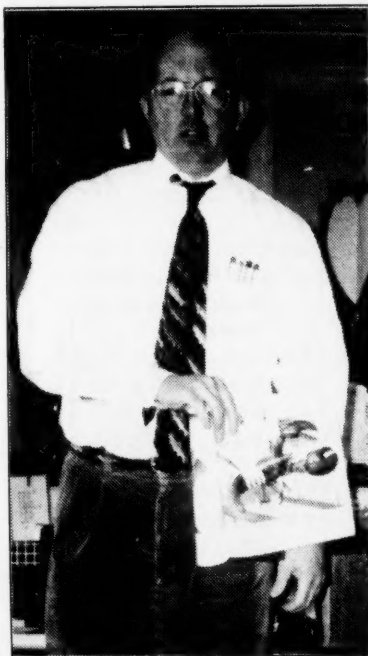


Photo by Kathleen McArthur

Author Jerry Pallotta explains to Shawsheen students in Kimberley Nicolai's class how ideas become books.

"reads everything," then "does his own" research, then the writing. He showed how some of his ideas are typed while others are written on what was available, from legal pad to lunch bag to the back of an old airline ticket. He spoke about the choosing of illustrations and the positioning of words on them, sharing tidbits about them as he went along. For example, the painting of a lobsterman holding a dogfish is really his father holding a soda can with the shark painted in later. Some illustrations have errors such as a chicken egg in a robin's nest, while others have hidden letters, words or faces. There is even Elvis and his guitar. Mr. Pallotta demonstrated how his books are printed on both sides of one large sheet of paper, which is then folded, covered, bound and cut.

Mr. Pallotta was the first speaker at this year's Shawsheen School Author Festival. Other authors and illustrators participated later in the year. The students wrote and illustrated their own books using what they have learned through these presentations and in class and will celebrate with their own author festival at the end of the year.

Mr. Pallotta's appearance was funded, in part, by last year's Shawsheen PTO auction and by this year's cultural events budget

Writer/illustrator Miko Imai recently shared some of her books and drew some of her characters with students at Shawsheen School. Ms. Imai told Kim Nicolai's class how she grew up in Japan and learned English as a teen by reading children's stories and nursery rhymes. She said this was where her desire to write for children began.

South School hosted a Budding Readers and Blooming Authors Festival this spring.

Miko Imai, author-illustrator, visited South's kindergarten and grade 1. Japanese-born Ms. Imai came from Tokyo to Rhode Island School of Design. Her illustrated books bring new life to nursery rhymes. In *Little Lumpty*, Humpty Dumpty is rescued from his famous fall. In *Lilly's Secret*, a rather special cat learns that having double paws is unusual. Her most recent book, *Sebastian's Trumpet*, is a tale of a not-so-musical bear who has musically talented brothers.



Miko Imai

The second-and third grade students at South School worked with author/storyteller Norah Dooley during the spring author festival. The author of *Everybody Cooks Rice* and *Everybody Bakes Bread* told stories from around the

world at two assemblies. She also conducted individual

classroom workshops and coached the children in the basics of telling a story. Ms. Dooley connected storytelling to writing and used the image of a storyteller's "toolbox" to talk with the children about using voice, words, and the body to convey their stories to others.

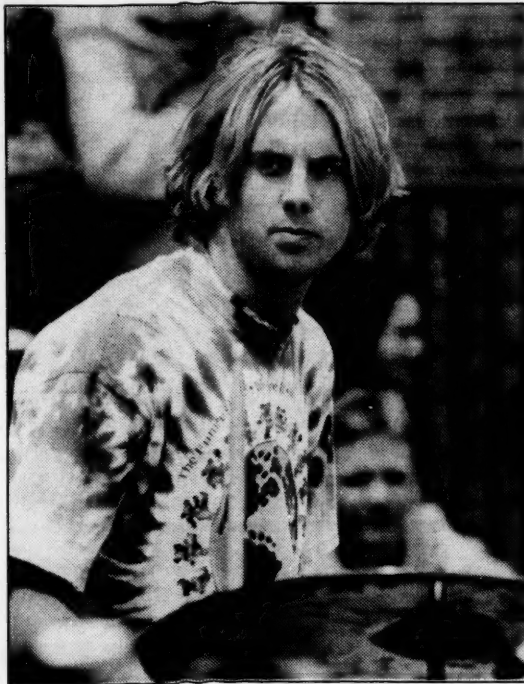
In preparation for Ms. Dooley's visit, third-grade teachers Sheila Eckoff, Lorraine Errico

(Continued on page 19)



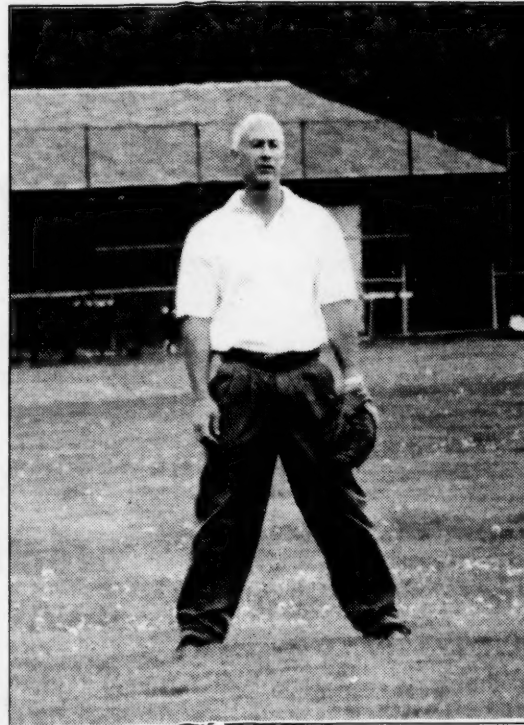
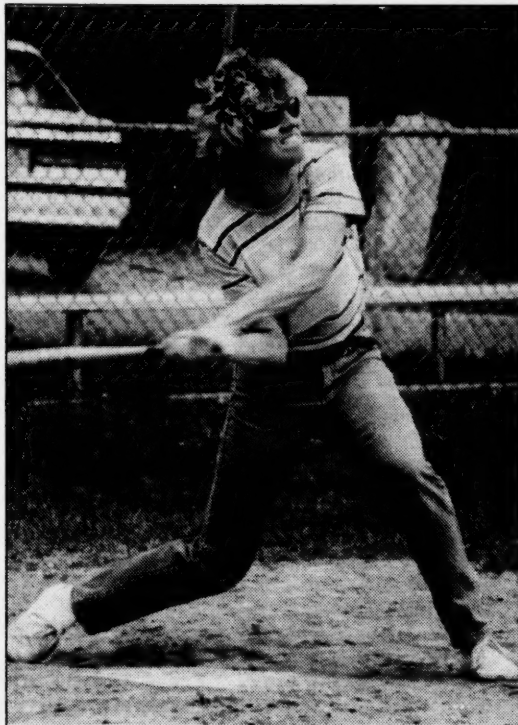
Norah Dooley

To advertise in the school pages, call 475-1943.

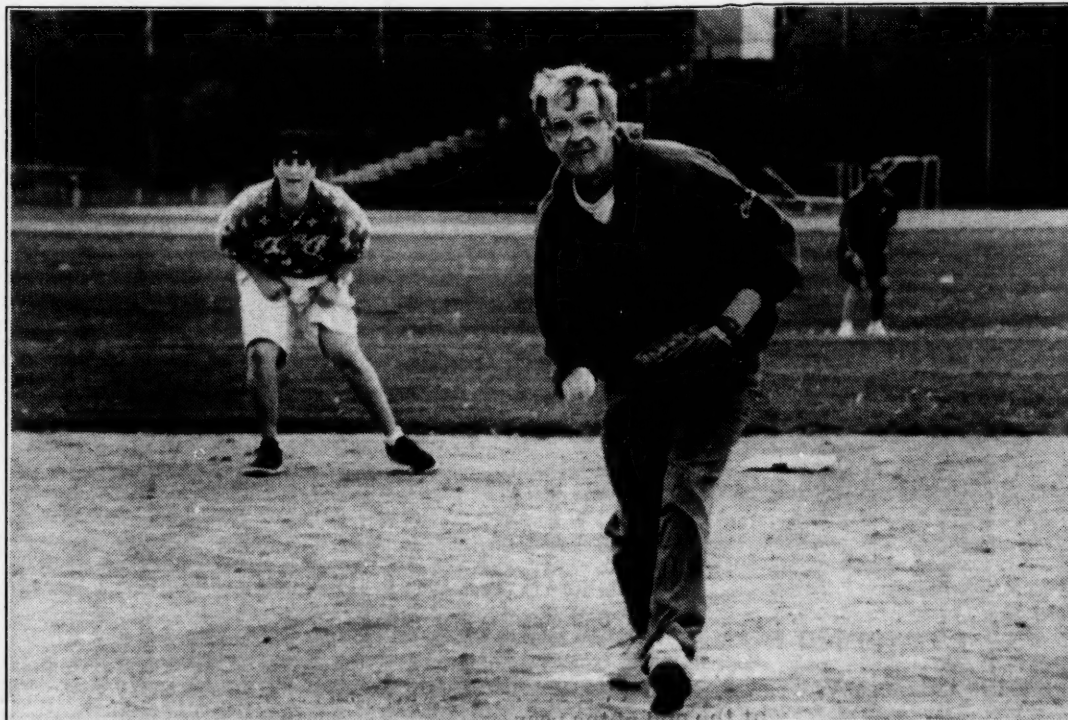


Photos by Lisa Adelsberger

Andover High School held the first of several Field Days last Friday. Students enjoyed a variety of outdoor activities, including music, sports and a cookout. Providing some of the music were Andrew Kletjian (left), a senior, and Adam Colucci, a junior, who plays drums.



At the plate, AHS math teacher Kathy Geary lets it rip, while science teacher and former AHS principal Tim Thomas stands ready in the outfield.



Jay Darrin, AHS math teacher, serves one up to the next "student/victim."

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SCHOOLTALK

(Continued from page 15)

Physical education teacher **Gail DerAnanian** supplements her curriculum with **WHALE Tales** (Water Habits Are Learned Early), which has been developed especially for elementary school students.

Ms. DerAnanian's three classroom sessions were followed with a morning for each grade at the **Greater Lawrence Technical School**

pool. Students learned rescue skills, how to conserve heat while in cold water and how to swim in a life jacket.

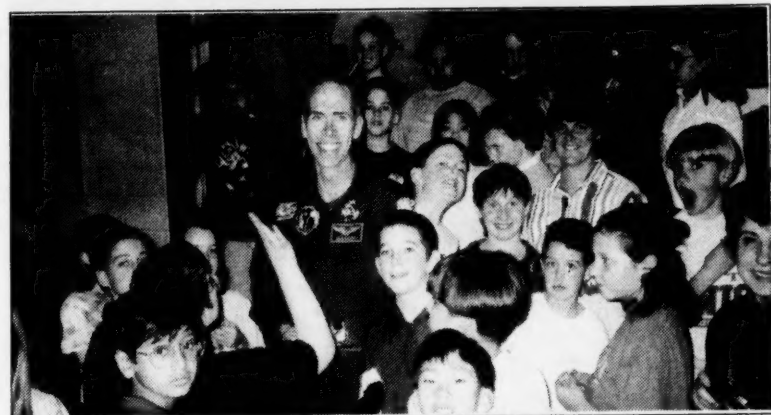
Ms. DerAnanian, a certified Red Cross swim and first aid instructor, meets three times a week with first- and second-graders in their regular physical education classes.

Students in grades 2-5 at **West Elementary** had the

opportunity to hear and learn about space travel first-hand from NASA astronaut **Daniel T. Barry**. Dr. Barry, of the Lyndon B. Johnson Space Center in Houston, Texas, visited the school and shared his experiences during a nine-day space flight aboard the Space Shuttle *Endeavor*.

The children sat in awe as they watched a spectacular video of the lift-off and slides of life in space that Dr. Barry and his fellow astronauts filmed during their 1996 space flight.

(Continued on page 20)



West Elementary students and staff eagerly await their turn at asking questions of NASA astronaut Dr. Daniel T. Barry, who recently visited the school.

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by Detlef Schoeppler
American Express Financial Advisors

IT'S NEVER TOO SOON TO SAVE FOR RETIREMENT

Although it may sound strange, the best time to start preparing for retirement is when you're just starting out in the working world. Why? Because the sooner you start putting money away, the more you'll be able to save — and the more comfortable you'll be once your retirement day arrives.

What will retirement cost? Most financial experts believe that the average person will need about 60 percent to 80 percent of their final year's working income for each year of retirement. So, for example, if you expect to be making \$80,000 a year at the end of your career, you'll need between \$48,000 and \$64,000 for every year of your retirement.

How do you go about accumulating all that savings? There are three primary ways of funding your retirement: *Social Security*, your company pension plan and your own retirement savings. Let's look at all three.

Social Security. As it currently stands, the future of the Social Security system is cloudy. Because some experts estimate that the Social Security trust fund will be broke by 2030, there's no assurance it will be in existence by the time you retire. Even if it is, it probably won't provide enough for you to retire comfortably. You'll need to turn to alternative savings vehicles.

Employer-sponsored plans. One great savings vehicle is the 401(k) or other tax-favored retirement plan that may be offered through your company. These plans allow you and your employer to make contributions to your retirement savings plan. With a 401(k), your money grows on a tax-deferred basis; you don't pay income taxes on it until you withdraw the money, which will typically be after you reach age 59 1/2. Because taxes aren't taken from your 401(k) earnings each year, your money will grow faster than it would in an investment on which you're taxed annually. What's more, 401(k) contributions also reduce your pre-tax income, meaning you pay less income tax each year. Also, many employers will even match your 401(k) contributions, up to a certain point. If your employer has a 401(k), it's a good idea to contribute the maximum amount allowable.

If you don't have an employer-sponsored plan, you may want to consider setting up an Individual Retirement Account (IRA). IRAs allow you to contribute a maximum of \$2,000 per year (\$4,000 per couple if both spouses work) toward your retirement. As with 401(k)s, the money that builds up in IRAs is not taxed until you begin to withdraw it — after age 59 1/2. If you meet certain income guidelines, you may also be able to deduct some of your IRA contributions from your taxable income.

Personal savings. Another way to save for retirement is to make personal investments. To do this, you may want to explore investing as much as you can afford in stock-based mutual funds. Although stock prices will fluctuate a great deal in the short term, they have a great long-term track record, which means your money may grow substantially until your retirement. In fact, over the past 70 years, stocks have posted average returns of about 10.7 percent per year.

Annuities, too, are excellent retirement savings tools, because they grow on a tax-deferred basis. An annuity is a contract between you and an insurance company. In exchange for your investment, the insurer agrees to pay you income for as long as you may need it — either for your lifetime or a designated number of years. A big advantage to annuities as retirement savings vehicles is that there are no contribution limits; you can invest as much as you want, as often as you want. But, you do need to make sure you don't touch the money until retirement; otherwise, you will be subject to income taxes, and possibly penalty taxes as well.

Explore all your options. These are just a few suggestions for helping you save for retirement.

To thoroughly review and understand all available options, call me at (617) 242-0700 x228 today and schedule a complimentary consultation; and pick up a copy of my newsletter while visiting either of the Perfecto's Cafe locations in Andover and North Andover.

Because this is the season of itchy, watery eyes, sneezes, wheezing and coughing, Dr. Bruce Birkby, PMA Allergy Specialist, is offering a **FREE "Tips for Seasonal Allergies"** discussion. Topics include:

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Authors Festivals

(Continued from page 16)

and Tori Lambert attended a storytelling workshop at Simmons College, and met Ms. Dooley.

Ms. Dooley was also invited to share her craft with parents at a PTO meeting. She used the same techniques she planned to use with the children. Parents were encouraged to tell stories from their own experiences. The third-grade classes had read her books, compiled and illustrated favorite family recipes, written letters to Ms. Dooley and suggested titles for additional books in her series. Colorful displays of the students' work decorated the Media Center. Debbie McLaughlin's second-grade class followed up the visit with a tasting event, where each child brought a rice dish or a bread to share with classmates. Her students also created a classroom book of important family recipes. The book was illustrated and sent home with the children for Mother's Day.

Ms. Dooley donated a hardcover set of her books and a book about how a book is published to the South Media Center. Her visits were sponsored by the South School PTO Cultural Enrichment Committee and in part by the Andover Cultural Council.

As part of South Schools Budding Readers and Blooming Authors Festival, the fourth-grade students were recently entertained by Jeff Davis, a storyteller and musician from Cambridge. Mr. Davis played a variety of instruments including the banjo, madocello, fiddle, spoons,

jaws harp and guitar. He uses old songs handed down through many generations to incorporate history in his music. The fourth-graders participated by singing and playing some of the instruments.



Jeff Davis

His stories were geared to the northeast region of the country to coincide with the fourth-grade social studies curriculum. Mr. Davis provided a historical musical perspective and focused on cultural diversity in the United

States. He takes students on a musical journey through rural America from Appalachian clogging to African American tunes. This event was sponsored by the Cultural Enrichment Committee of the South School PTO.

Mary Chivers, a poet, made several visits to students in grade 5. "Andover's poetry lady" conducts workshops in which students experiment with writing. They focus on developing creativity and poetry appreciation. Expression and imagination are expanded by learning the elements of a poem. Ms. Chivers uses mood, similes and metaphors to teach students how

to compose a poem.

Artist/illustrator Giles LaRoche spent three days with the children of Shawsheen School during the Shawsheen Authors' Festival.

Mr. LaRoche specializes in cut-paper illustrations, which are made by gluing painted cut-out paper items onto a prepared background to give a three-dimensional effect. The finished picture is then photographed for inclusion in a book. Mr. LaRoche has illustrated many children's stories, some of which he showed the children. A par-



Author/illustrator Giles LaRoche shows one of his cut-paper illustrations to first-graders at Shawsheen School.

Photo by Phyllis Zimmerman

ticular favorite was the Halloween book set in Salem, Mass., where Mr. LaRoche lives.

The artist also worked with each class individually to help the chil-

dren create cut-paper murals for their classrooms. According to first-grade teacher Sheila Dzieman, the book *Sing a Song of People*, illustrated by Mr. LaRoche, has been part of Shawsheen School's first grade Cities

Unit for several years.

Author and illustrator Miko Imai recently visited first- and second-grade students at Bancroft Elementary School and kindergarten and first-grade students at South Elementary School. When Ms. Imai came to the United States at 22 years of age, she spoke little English. She explained to the children that she read everything she could, including nursery rhymes. Those rhymes inspired her to create her col-

(Continued on page 20)

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Authors Festivals

(Continued from page 19)

orful character, Little Lumpty. Ms. Imai read all three of her books and led the children in a drawing exercise to create Little Lumptys of their own. After each of her stories, she asked the children how they felt about the main character's dilemma. She introduced the concepts of empathy, tolerance, understanding and the importance of asking for help when one is in danger. Ms. Imai has written three books (see page 16).

Ms. Imai's visits were sponsored by the Bancroft PTO Cultural Arts and Enrichment Committee and South School PTO Cultural Enrichment Committee.

All students at Shawsheen School enjoyed a

fun-filled hour with professional storyteller Tony Toledo Tuesday, May 5. The program was titled "Crow, Clap and Yell." Mr. Toledo used original stories, such as The Little Rooster, Turkish Sultan and The Scary Hand, to encourage the children to use their imaginations, develop language skills and cooperate in a group. The children participated by singing refrains to parts of the stories and taking part as characters in the tales. This program was one of several presented at Shawsheen this year under the auspices of Young Audiences of Massachusetts. Funding comes from a number of sources, including the Shawsheen PTO.



Storyteller
Tony Toledo

SCHOOL TALK

(Continued from page 18)

During this space flight, he orbited the Earth 142 times, traveled 3.7 million miles, and logged a total of 214 hours and 41 seconds in space, including a 6-hour, 9-minute space walk. Dr. Barry talked about such technical things as retrieving and repairing a Japanese satellite

to common tasks like eating, sleeping, and dressing in space. The 6'3" astronaut's wit and candor enthralled the students, many of whom thought a space walk in their future would be great fun.

Dr. Barry's visit was arranged as part of West Elementary's cultural events program, which is funded by

the West Elementary PTO.

Bishop Fenwick High School in Peabody announced that the following Andover students have been named to the honor roll for the third quarter.

Principal's List: sophomore Anne Marie Felago.

First honors: senior Brigitte Felago, sophomore Kimberly Cronin and freshman Tracy Shessler.

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for

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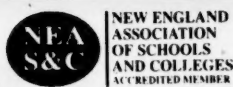
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TIFFANY: Congratulations! Make all your dreams come true but remember to have fun. I love you. Aunt Jess.

MIKE: Congratulations! Gary and I are so proud of you graduating fourth in your class. Now on to college - good luck! Love, Mom.

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MAY HAPPY 1ST BIRTHDAYS



**Emily
Granoff**

Emily Granoff turned 1 on May 15. Her birthday was celebrated by her parents, Neal and Nancy Granoff of 6 Agawam Lane, her sister, Abigail, and grandparents Tom and Pat Lakers of Oak Ridge, Tenn. Her paternal grandparents are Clay and Jerry Granoff of Elmira,



**Alexandria
LeBlanc**

Alexandria LeBlanc was born May 30, 1996. Her parents are Yvon and Kristen LeBlanc of Beacon Street. Grandparents are Henry and Margaret Jacques of Haverhill, formerly of Andover, and Romeo and Florence LeBlanc of Andover.



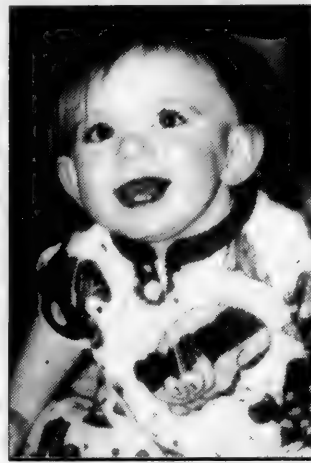
**Adam
Moreno**

Adam Moreno was born May 1, 1996. His parents are Bridget and Bernie Moreno of Granli Drive. Grandparents are Dennis and Gayle Brickley of Springboro, Ohio, and Bernardo and Marta Moreno of Fort Lauderdale, Fla. Great-grandparents are George and Elaine Gleason of Palm City, Fla. Adam has two sisters, Kate, 5, and Emily, 3.



**John Philip
Edgecombe Stettiner**

John Philip Edgecombe Stettiner turned 1 year old May 12. His parents are Charlotte and Philip Stettiner of Glenmeadow Road. Grandparents are Lily Edgecombe and Harriet and Robert Stettiner, all of Lexington. John has a sister, Samantha Lillie, 2.



**Zachary Jacob
Perry**

Zachary Jacob Perry, son of Rae and Bruce Perry of Osgood Street, turned 1 year old May 6. He has a sister, Alexandra, 4. Grandparents are Norma Perry of Lexington, and Sheri and Irving Trachman of Cranbury, N.J.



**Jared Jarome
Murphy**

Jared Jarome Murphy recently celebrated his first birthday. He lives with his mom, Kathleen Murphy, in Upton. Grandparents are Bernice and John J. Murphy of 43 Gray Road. Jared, their second grandchild, "loves to visit papa and grammy."



**John Miller
Ozirsky**

John Miller Ozirsky was born May 25, 1996. His parents are Timothy and Cynthia M. Ozirsky of 52 Rattlesnake Hill Road. John was named after his great-great-grandfather, John Anthony Miller, an astronomer who traveled the world studying and photographing solar eclipses. John has a sister, Charlotte, almost 3. His accomplishments are walking across the room, eight teeth (including two molars), climbing on anything, riding on swings, and tackling his sister and parents. His favorite words are "Hi, flower" (pronounced *fow*) and "uh-oh."



**John Mitchell
Nossiff**

Johnny Nossiff celebrated his first birthday May 11, Mother's Day. His parents are John Nossiff and Gabrielle Hager of Cedar Road. Grandparents are Therese Nossiff of Dover, N.H., and Robert and Honore Hager of Bethesda, Md. Great-grandmothers are Collandan Hashem of Lebanon and Josephine Brislin of Rutland, Vt. Johnny's favorite pastime is trying to keep with his big brothers, Aaron and Peter.



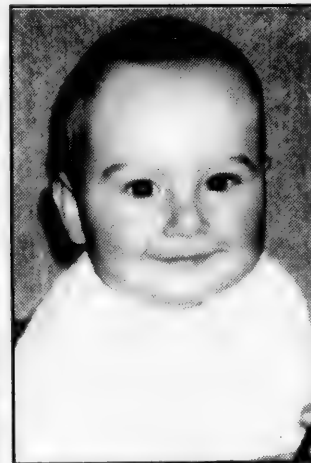
**Edward John
Barron II**

Edward John Barron II was born May 31, 1996. His parents are Edward and Amy Barron. Grandparents are Glenn and Diane Cadagan of Andover, Carolyn and Tony Diczno of San Francisco, Calif., and Edward Barron and Dorothy Johnson of Harvard. Great-grandparents are Betty Knost of St. Petersburg, Fla., James Cadagan of Erdenheim, Pa., and Edward John Barron I of Michigan. "Eddie enjoys climbing stairs and exploring his surroundings and loves his Uncle Todd."



**Hayden Daniel
Dumont**

Hayden Daniel Dumont celebrated his first birthday May 16. He is the son of Bonnie and Tim Dumont of Dover, N.H. Grandparents are Andrea and David Rollins of Wilmington, formerly of Andover, and Brenda and Raymond Dumont of Nashua, N.H. Great-grandmothers are Bernice Dumont and Anne Doran of Nashua, N.H., and Barbara Deymond of Andover. Hayden's favorites are his dog, Cooper, cat, Tiger, walking and learning words.



**Peter Joseph
Harbist**

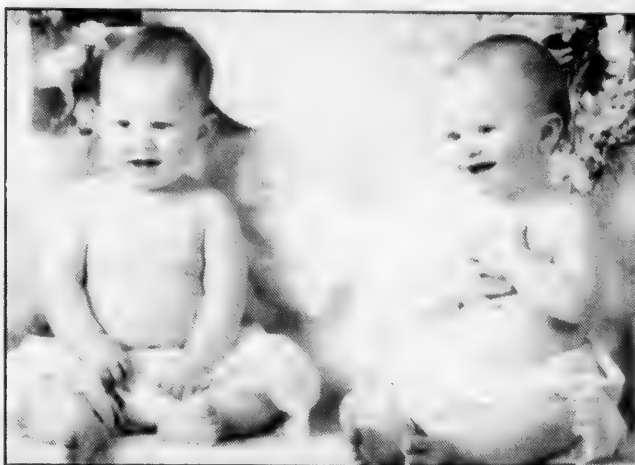
Peter Joseph Harbist was born May 30, 1996. His parents are Martha Brandon and Frank Harbist of Summer Street. Highlights of his day include making funny noises with his tongue, eating Cheerios, and clapping. Peter looks forward to frequent visits from his grandparents, Jean and Jay Brandon of Los Altos, Calif., and Marianne and Frank Harbist of Pittsburgh, Pa. He has a cat named Marmalade.



**Carter Manayu
Ishihara**

Carter Manayu Ishihara was born May 28, 1996. His parents are Karen and Stephen Ishihara of Whittier Street. Grandparents are John and Janet Surratt of Andover and Marylou and Mervyn Ishihara of Portland, Maine. He has a great-grandmother in Hawaii and great-grandparents in Ontario, Canada. Carter has two sisters, Emily, 3½, and Jennifer, 16. He loves to play with Emily's toys.

MAY HAPPY 1ST BIRTHDAYS



Owen
Enders

Daniel
Enders

Twin brothers Daniel (right) and Owen Enders were born May 14, 1996. They are the sons of Paul and Jill (Bottomley) Enders of Bolton. Grandparents are Jean and Jim Bottomley of Andover and Ruth and Evan Enders of South Hadley. Evelyn Andersen of Wilmington is their great-grandmother.

The deadline for June Birthdays is
Friday, June 20, at 5 p.m.



Carolyn Hunter
Roos

Carolyn Hunter Roos was born May 30, 1996. Her parents are Elizabeth Greene Roos and Michael Roos of Andover. Grandparents are Carolyn Greene of Needham and Barbara and Charles Roos of Shelton, Conn.



Charles Richard
Roth

Charles (Charlie) Richard Roth was born May 17, 1996. His parents are Joe and Kelly Roth of Downers Grove, Ill., Grandparents are Joan and Richard Roth of Andover, Linda Kemp of Illinois and James Kemp of Dubuque, Iowa.



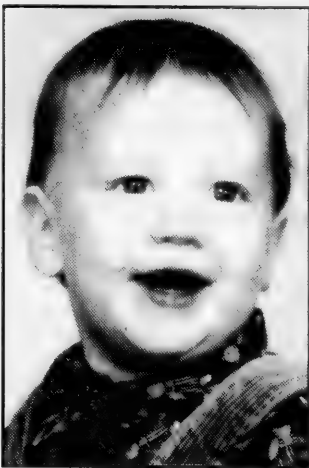
Noah Anderson
Bromberg

Noah Anderson Bromberg celebrated his first birthday May 15. He lives on Summer Street with his parents, Lori and Jeremy Bromberg, and a brother, Andrew, who is almost 3. Noah loves cruising, riding in the backpack and eating waffles.



Ryan Alan
Switzer

Ryan Alan Switzer turned 1 year old May 28. His parents are Mary and Robin Switzer of Hall Avenue. Grandparents are James Pascarella and Connie and Donald Switzer, all of Bradford. Ryan has a sister, Katie, 7.



Garrett Edward
Finn

Garrett Edward Finn of 1 Paddock Lane celebrated his first birthday May 19. His parents are Paul and Marybeth Finn. Grandparents are Mr. and Mrs. William Deluca of Windham, N.H., and Mr. and Mrs. Paul Finn Sr. of Canton. Garrett has a sister, Hayley, who will be 4 years old May 31, and a brother, Brian, 2. Garrett shares his birthday with his Grandma Kay.



Mark Lawrence
Jannini Jr.

Mark Lawrence Jannini Jr. was born May 30, 1996. His parents are Mark and Kristine Jannini. Grandparents are Lewis and Romaine Keller and Ralph and Pauline Jannini, all of Andover. Great-grandfather is Peter Occhinton of Winchester. Mark loves playing with his sister, Karalee. He is anxiously waiting for a new baby sister or brother to arrive, maybe even on his birthday, they said.



Rachel Anna
Harris

Rachel Anna Harris celebrated her first birthday May 8. Her parents are Alan Harris and Rosemary Halloran of Haggetts Pond Road. Grandparents are Mr. and Mrs. Joseph Halloran of Falmouth and Venice, Fla. "Rachel enjoys playing in her mom and dad's garden and hopes for a little brother or sister some day soon," her parents said.



Rory Thomas
Burke

Rory Thomas Burke turned 1 year old May 13. He is the son of Robert and Kathleen Burke of Cobblestone Lane. Assisting him in blowing out his birthday candle were his brothers, Conor, 8, and Devin, 3, and sister, Caitlin, 6. Grandparents are Christopher and Mary Murray of Needham and Robert and Mona Burke of Lawrence. Rory loves playing games with his brothers and sister, especially "wrestle," "chase" and "ball."



William John
Sauerbrunn

William John Sauerbrunn turned 1 year old May 25. He is the son of Beth and Paul Sauerbrunn of Johnson Road. Grandparents are Frederick and Veronica Sauerbrunn of Hamden, Conn., and John and Norma Elser of Crestwood, N.Y. William has two siblings, Kyle, 5, and Christina, 4. Will likes to walk around the house, climb the stairs and stand up in his high chair.



Jake
Barry

John Kenneth Barry celebrated his first birthday May 1. His parents are John and Caryl Barry of Bradford, formerly of Andover. Grandparents are John and Mary Claire Barry of Andover and Ken and Pat Calabria of Amherst, N.H. Great-grandparents are Mary Connor of Andover and Lorraine Calabria of Greenfield. Jake loves to smile, they said. He loves people and dancing to music.

Antique appraisals can be done in the home through the Historical Society

Skinner Inc. Auctioneers and Appraisers of Antiques and Fine Art is available for

home consultations on the value of furnishings and collectibles through the Andover

Historical Society. A \$50 donation to the society will secure an appointment with a Skin-

ner representative at a mutually agreeable time.

For more information, call

Tom Edmonds at the Andover Historical Society, 97 Main St., at 475-2236.

EVENTS CALENDAR

THURSDAY, MAY 29

Women's Series, an educational forum for women presented by the ADS Group's Growing Continuum, will feature Dr. Brian S. Blesman of Tallman Eye Associates in North Andover, speaking on "Laser Skin Resurfacing: A New Cosmetic Procedure, refreshments, 6-7 p.m.; Gloria Walker, 683-1300.

FRIDAY, MAY 30

Orchestra concert, presented by Phillips Academy music department, 7:30 p.m., Cochran Chapel, PA campus, 180 Main St.; 749-4263.

Fundraising event for Lindsey Dias, at Mill City Gymnastics, 525 Woburn St., Tewksbury, 6-7 p.m., \$5 donation, kids can try out karate, dance or gymnastics.

Comedy Palace, featuring Bruce Smirnoff, at the Grill 93, River Road, 8 and 10:30 p.m., cover charge \$10; 1-888-TO-LAUGH.

Dance performances by Kevin Cline, Comfort Halsey, Sarah Josselyn, April Betty, Susie Wager, all of Andover, and other Phillips Academy dance students, 7 p.m., Tang Theatre, George Washington Hall, PA campus, 180 Main St.; 749-4433.

Variety show, more than 80 Bancroft School students will perform in 45 different acts, 7 p.m., \$5 adults, \$3 children under 12, free children under 5, Doherty Middle School auditorium; Frayda Koffman 475-5075.

Luncheon and fashion show, hosted by the Aid for Cancer Research, Escada (USA) Inc., will include a photographic exhibit from the book *Living with Breast Cancer* by Perry Colmore and photographer Lisa Adelsberger, noon, Marriott Hotel, Copley Place, Boston.

SATURDAY, MAY 31

Yard sale, 200 families have donated more than 10,000 items, 8 a.m.-2 p.m., rain or shine, West Parish Church, corner of Lowell Street (Route 133) and Reservation Road.

Spring house and garden tour, hosted by Andover School of Montessori, featuring a lecture on window boxes and a book signing by Betsy Williams, 10 a.m.-3 p.m., \$15 in advance and \$20 the day of tour, tickets available at the school, Dr. Art Daniels' dental office on Lowell Street, Silverado, and Shear Pleasure Hair Salon in North Andover.

The Middle of Nowhere, presented by Andover Community Theatre at Eastern Massachusetts Association of Community Theatres' drama festival, performed in the afternoon, to enter the session, arrive before noon, \$10 per session, Brandeis University auditorium; Pam LeMieux, 474-4342.

Comedy Palace, See entry under Friday, May 30.

Dance performances, See entry under Friday, May 30.

Family fun day, to raise funds

for Lindsey Dias, silent auction, rollerblading, swimming, basketball, games for kids, DJ and buffet, 2-10 p.m., \$6 kids, \$14 adults, North Meadow Health and Racquet Club, 20 Carter St., Tewksbury; 851-3901.

Quilt appraisal day, quilts will be evaluated by a member of the Professional Association of Certified Appraisers, 10 a.m.-3:30 p.m., \$25 per appraisal, American Textile History Museum, 491 Dutton St., Lowell; (508) 441-0400.

Concert in the Park, sponsored by Andover Youth Services, 2-6 p.m.; 623-8241.

Canoe trip, hosted by the Merrimack River Watershed Council, a non-profit environmental group based in Lawrence and Concord, N.H., that works to promote and protect the Merrimack watershed. No registration is required and all trips are free unless otherwise noted, for information and directions, call contacts listed for each trip, a complete canoe trip schedule is available by calling MRWC at (508) 681-5777; Ipswich River, meet 9 a.m. in Topsfield; Tom Hood, (508) 459-1686.

Kiss Me, Kate, presented by North Regional Theatre Workshop, performers include Andover residents Mary Lakis and Sharon Fluett, 8 p.m., Wilmington High Auditorium, Route 62, Wilmington, wheelchair accessible; (508) 664-3949.

Senior recital, featuring saxophonist Peter Robbins, presented by Phillips Academy music department, 9 p.m., Timken Recital Room, Graves Hall, corner of School and Main streets, PA campus; (508) 749-4263.

Plant sale, by Village Garden Club, also jams and jellies, pickles and baked goods, proceeds support the club's projects for civic beautification, Bread and Roses and Senior Center activities, rain or shine, 9 a.m.-1 p.m., 18 Canterbury St.; Joan 475-1885, Terese 474-0727, Kay 475-3910, or Gail 470-1092.

Senior recital featuring baritone Rasaan Ogilvie, presented by Phillips Academy music department, 7 p.m. Timken Recital Room, Graves Hall, corner of School and Main streets, PA campus; 749-4263.

Plant sale, by Andover Garden Club horticulture committee, 9 a.m.-noon, in front of Old Town Hall, 20 Main St.

SUNDAY, JUNE 1

Pro-life educational program, Arlene Champoux, director of Massachusetts Citizens for Life, will speak on "An Overview of Current Pro-life Issues," 3 p.m., St. Robert Bellarmine Church, 198 Haggetts Pond Road; Lou or Betty Bufano (508) 851-5682.

Senior recital, featuring guitarist and composer Adam Tober, presented by Phillips Academy music department, 9 p.m., Timken Recital Room, Graves Hall, corner of School and Main streets, PA campus;

749-4263.

Senior recitals, featuring pianist and vocalist Elizabeth Adams and violinist Kassia Arbabi, 3 p.m., presented by Phillips Academy music department, Timken Recital Room, Graves Hall, corner of School and Main streets, PA campus; (508) 749-4263.

MONDAY, JUNE 2

Divorcing-Parent education program, first of two-part session, sponsored by Family Service Association of Greater Lawrence, to help divorcing parents understand the effects of divorce upon their children, 5-9 p.m. \$50, includes workbook, Family Service, 430 North Canal St., Lawrence; 683-9505.

Breakfast, sponsored by Merrimack Valley Chamber of Commerce, in recognition of small businesses, 7:30 a.m., \$10, Stevens Estate at Osgood Hill, North Andover; 686-0900.

Foster care informational meeting, learn about foster parenting, 6:30 p.m. Holy Family Hospital Auditorium, 70 East St., Methuen; (508) 462-0033.

WEDNESDAY, JUNE 4

Community program on arthritis, refreshments, 10 a.m., Heritage at North Andover, 700 Chickering Road, North Andover.

FRIDAY, JUNE 6

Comedy Palace, Margaret Smith, see entry under Friday, May 30.

Talk by children's author Lois Lowry about her writing and signing of her books, 6:30 p.m., Andover Bookstore, 89R Main St.; (800) 491-0143.

SATURDAY, JUNE 7

Passionate People, a talk by photographer Lisa Adelsberger, and reception, 4 p.m., \$2 members, \$4, Andover Historical Society, 97 Main St.; 475-2236.

Comedy Palace, Margaret Smith, see entry under Friday, May 30.

Bernstein Bookstore World and Alternative Music Festival, sponsored by Cowpasture Productions, will feature music, arts and crafts, environmental information and food booth, 1-8 p.m., Claddagh Pub, Essex Street, Lawrence; 688-3569.

Yankee spinning workshop for children, 10-11:30 a.m., \$12, \$1 materials fee, American Textile History Museum, 491 Dutton St., Lowell; (508) 441-0400.

Book and plant sale, sponsored by Friends of Nevins Memorial Library, 9 a.m.-5 p.m., upstairs hall of library, 305 Broadway (Route 28), Methuen.

Tour, sponsored by Presentation of Mary Academy, of Edward F. Searles Estate, now the residence of Sisters of the Presentation of Mary, 9 a.m.-4 p.m., \$20; Gina Cappello 685-3932.

Benefit concert, by New Eng-

(Continued on page 25)

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Jazz Buffet Brunch
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EVENTS CALENDAR LISTINGS

(Continued from page 24)

land Conservatory's Youth Philharmonic Orchestra, sponsored by BankBoston in celebration of the 50th anniversary of its first Brazilian branch, proceeds help pay for the orchestra's tour to Brazil, 8 p.m., wheelchair accessible, \$10, \$5 students and seniors; NEC's Jordan Hall, 30 Gainsborough St., Boston; box office (617) 536-2412.

SUNDAY, JUNE 8

Book and plant sale, 1-4 p.m., see entry under Saturday, June 7.

Town fair and flea market, space is available for crafters, flea marketers and others for \$20. Donations of "flea market" type items, such as household good, furniture and bric-a-brac are needed, proceeds go toward COTA (Children's Organ Transplant Association) for Lindsey to help 14-year-old Lindsey Dias of Tewksbury get double lung transplant, 9 a.m.-5 p.m., Town Common, Tewksbury, to donate items or reserve space, call Denise Ryan, 851-3058.

Ladies mixed and doubles tennis tournament to raise money for Lindsey Dias, starts at 9 a.m., registration deadline is June 6, \$25 for each event, raffle, Rolling Green Tennis Club, Route 133; 475-1530.

Cut-a-thon, to raise money for Lindsey Dias, hair cuts and

mini-makeovers, \$10, 10 a.m.-2 p.m., Caprizo's Salon, 836 Main St., Tewksbury; 640-0405.

Multi-family yard sale, Mother Connection is looking for people interested in selling their goods at its sale, 10 a.m.-2 p.m., downtown Andover, \$7.50 to reserve space; Kelly Miller 749-2785.

Tour, See entry under Saturday, June 7.

Unveiling of commemorative quilt, painted on the New England Quilt Museum building, 3-5 p.m., 18 Shattuck St., Lowell.

Family Pops program, presented by Merrimack Valley Philharmonic, 2:30 p.m., \$8 patio seating, \$5 lawn seating, children under 12 free, Maudslay State Park, Curzon Mill Road, Newburyport; Margaret Jowdy 682-7762 or Don Olson 686-9600.

MONDAY, JUNE 9

Book and plant sale, bargain night, 6-9 p.m.,

See entry under Saturday, June 7.

Divorcing-Parent education program, second of two-part session, see entry under Monday, June 6.

TUESDAY, JUNE 10

Bringing Portraits to Life, morning coffee program, 9:30 a.m. \$2, members free, \$2 members, \$4, Andover Historical Society, 97 Main St.; 475-2236.

ONGOING

Museums and Historic Homes

Andover Historical Society permanent exhibit: Amos Blanchard House and Barn Museum, containing period rooms from 1820s to 1840s, with 19th-century farm and woodworking tools; special exhibits: Illustrated I.B. Singer Stories by Gerald Shertzer through May 31, sculptures by Beverly Darling through Aug. 30, photography by Lisa Adelsberger, June 7-

Aug. 30, library and office hours 9 a.m.-5 p.m., Tuesday-Saturday, Mondays by appointment; \$4 adults, \$2 children, members free; Andover Historical Society, 97 Main St., 475-2236.

Robert S. Peabody Museum of Archaeology, Main and Phillips Streets, includes the newly restored diorama, miniature scene of Native Americans along the banks of the Merrimack River, Tuesday through Friday noon-5 p.m., Saturday 10 a.m.-1 p.m., free; 749-4490.

Voices on Repatriation and Renewing Tradition: Modern Pueblo Pottery, continuing exhibits feature collections of Native American artifacts.

Pecos Pueblo: Crossroads of Cultures, tells story of the Pueblo at Pecos, New Mexico, inhabited from 1300 to 1838 by a sophisticated Native society.

Stevens-Coolidge

Place, the summer residence of Mr. and Mrs. John Gardner, 137 Andover St., North Andover, open Sundays 1-5 p.m., Wednesdays 2-4 p.m., or by

appointment, volunteers welcome; \$3 adults, 50 cents children 12 and under, Trustees of Reservations members free, grounds and gardens

open daily, 8 a.m.-sunset without charge; Bob Murray 682-3580 or Susan Harris 475-8063. North Andover Historical Society, 153

(Continued on page 26)

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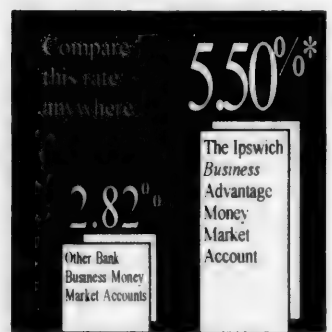
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EVENTS CALENDAR LISTINGS

(Continued from page 25)

Academy Road, North Andover, maintains two sites that feature museum galleries: 1789 Johnson Cottage, an artisan's home and workshop, and 1715 Parson Barnard House that depicts life from 1715-1830, permanent and changing exhibits highlight local life from the 17th-20th century, library and archive, Tuesday-Friday 10 a.m.-noon and 2-4 p.m., Parson Barnard House Thursday (meet at 153 Academy Road) 2-4 p.m. and second and third Sundays (meet at 179 Osgood St.) 2-4 p.m., \$2 adults, \$1 children and seniors, 50 cents combined tour; 686-4035.

Lowell National Historic Park, history of the American Industrial Revolution, guided tours of cotton and textile mills, canals, Suffolk Mill Water Power Tour, a 90-minute program, 2:30 p.m., Visitor Center, 246 Market St., Lowell; 970-5000.

American Textile History Museum present *Textiles in America*, its permanent exhibition of how textiles shaped the lives of people from colonial times to the present, wheelchair accessible, Tuesday-Friday, 9 a.m.-4 p.m.; Saturday and Sunday, 10 a.m.-4 p.m., \$5 adults 17 and over, \$3 children 6-16, seniors and students with ID; free for children under 6 and museum members, 491 Dutton St., Lowell; (508) 441-0400.

New England Quilt Museum, *Pieces of Luxury: Chintz Quilts*, an exhibition of antique quilts made with chintz fabric, through July 6, 10 a.m.-4 p.m. Tuesday-Satur-

days, informal learning and discussion series Tuesdays through June 24, 1-3 p.m., light refreshments, Lawrence Heritage State Park Visitors Center, Lawrence; Visitors Center 794-1655, Immigrant City Archives 686-9230.

Wenham Museum, featuring Play & Learn III, a children's interactive exhibit, 17th-century Claflin-Richards House, 132 Main St., Wenham, Monday-Friday 10 a.m.-4 p.m., Saturday 1-4 p.m., Sunday 2-5 p.m., \$3 adults, \$1 children, \$2.50 seniors, members free.

Exploring Lowell, join a ranger for a 30- to 90-minute program exploring a variety of Lowell-related topics, all tours are free, 1 p.m., Lowell National Historical Park Visitor Center, 246 Market St., Lowell; 970-5000.

Lawrence Heritage State Park, in collaboration with Merrimack Valley Artists, will offer demonstrations and workshops on art techniques and mediums Sundays through November, 2-4 p.m., Visitors Center open 9 a.m.-4 p.m.; 794-1655.

Juried art show, Marian Stewart, assistant curator of Fogg Museum, diverse exhibit of creative arts, Essex Art Center, 56 Island St., Lawrence, free and open to public; Leslie Costello 685-2343.

Senior Center artists, day, noon-4 p.m. Sundays, \$4 adults, \$3 students and senior citizens, handicapped parking available, 18 Shattuck St., Lowell; (508) 452-4207.

Art Exhibitions
Addison Gallery, *From the Background to the Foreground: The Photo Backdrop and Cultural Expression*, traveling exhibition of hand-painted itinerant and studio photography backdrops, contemporary art, folk art, photographs and props from around the world, through July 31; 749-4015.

Memorial Hall Library May exhibit is a photographic retrospective of the 350th year-long celebration by Angelina "Janet" Caiati; a display of hand-woven Lithuanian sashes from the collection of Jonas A. Stundza of Lawrence is on display through June 30; Norma Gammon, Memorial Hall Library 623-8400.

Lawrence Heritage State Park, in collaboration with Merrimack Valley Artists, will offer demonstrations and workshops on art techniques and mediums Sundays through November, 2-4 p.m., Visitors Center open 9 a.m.-4 p.m.; 794-1655.

Juried art show, Marian Stewart, assistant curator of Fogg Museum, diverse exhibit of creative arts, Essex Art Center, 56 Island St., Lawrence, free and open to public; Leslie Costello 685-2343.

talented artists participate in art classes and to enjoy the "drop-in group" on Wednesday and Thursday mornings, art display of oils, watercolors, pencil, pen and ink, pastels and oriental brush art is in the Music Room; Andover Senior Center, Whittier Court, 470-2990.

Frames Unlimited will exhibit the paintings of Robert G. Schwartz Jr. during the month of June, Shawsheen Shopping Center.

Beyond Tradition, featuring photographic works by Jacqueline Bernat, Aida Laleian, Maryhean Viano Crowe, Elizabeth Solomon, and Anna Strickland, held in conjunction with the Fifth National Conference of Women in Photography which will take place June 5-8, Simmons College, Boston, June 1-July 6, The Brush Art Gallery and Studios, 256 Market St., Lowell; 459-7819.

Spring regional juried show, will include an acrylic by Carol Boileau and a watercolor by Arlene Greenspan, both of Andover, May 21-June 8, Wednesday-Friday, 1-5:30 p.m., Saturday and Sunday, noon-5 p.m., Vertu Fine Art Gallery, The Tannery, 50 Water St., Newburyport; (508) 462-3735.

Theatre
His Majesty's Feast, interactive medieval

dinner theatre, Grill 93, River Road at Route 93, Saturdays 8 p.m., \$35

per person includes dinner show, tax and (Continued on page 48)

Merrimack Valley's Largest Yard Sale

Over 10,000 items for sale • Rain or Shine
200-Family Yard Sale
at West Parish Church
Saturday, May 31, 8 am to 2 pm

It includes children's clothes, kitchen appliances, furniture, air conditioners, toys, sports equipment, books and much more. West Parish Church is located at the corner of Lowell St. (Rte. 133) and Reservation Rd. in Andover.

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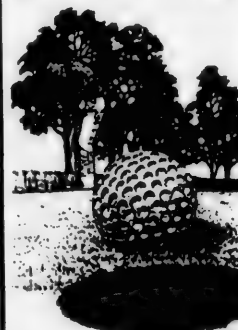


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The House of Escada hosts 49th annual Aid For Cancer Research luncheon and fashion show

Escada (USA) Inc. will host the charity's 49th annual luncheon and fashion show in support of Aid For Cancer Research at Marriott Hotel, Copley Place, tomorrow, Friday, May 30, at noon. A photographic exhibit from the book *Living with Breast Cancer* by Perry Colmore, breast cancer survivor and multiple awards recipient, and photographer Lisa Adelsberger, will be on display.

The fashion show will feature highlights from the Escada Margaretha Ley and Escada Couture Fall/Winter 1997 collections provided by Escada Boston boutique.

Ms. Colmore, luncheon chairwoman Cheryl Bloom, University Hospital chairman Peter Mozden, M.D., and Naomi Grossman Wainer, president of Aid For Cancer Research, will speak at a catered luncheon.

In its 49-year history, Aid For Cancer Research, a group of 27 women from the greater Boston area, has raised millions of dollars to support research programs and medical grants. The annual luncheon, fashion show and program book are the charity's major fund-raising vehicles. All proceeds will be channeled through a volunteer medical advisory board of Boston physicians who will determine the most effective use and application of the resources.

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Montessori Spring House and Garden Tour to feature Betsy Williams

By Eileen Doherty

The Andover School of Montessori will host its first annual Spring House and Garden Tour this Saturday, May 31.

Included in the tour will be Greencourt, on Main Street, the Pearce Estate on the corner of Bancroft and Main Street, Dr. Arthur A. Daniels' home and dental office at 174 Lowell St., and a fashionable new home in Fieldstone Meadows.

A book-signing and lecture on the art of window boxes will be presented by local author Betsy Williams. Tickets are \$15 in advance and \$20 the day of the tour. Tickets are available at the Andover School of Montessori, 400 South Main St.; Silverado, Main Street; and Sheer Pleasure hair salon in the Butcher Boy Plaza in North Andover. Tickets will only be available at the school and at Dr. Daniels' home and office on the day of the tour.

Greencourt is nestled in the center of almost five acres of English gardens; this home is a splendor worth exploring. A 1927 mansion built by the Gillette magnate for his youngest son's 21st birthday, Greencourt is an architectural showpiece. Hand-carved trim, oak-paneled rooms and



Photos by Lisa Adelsberger

Above, 1 Bancroft Road is on the tour.

wide sweeping staircases bespeak the creativity of master craftsmen. Every detail from the servant's call buttons to the garage equipped with a gas tank and car wash invites marvel at the foresight of its builders, in a time when carriage houses were the norm.

World-famous landscaper Arthur Shercliff designed the gardens. The property includes an herb garden, fruit groves and vegetable garden.

The view from the second-floor windows shows a hand-trimmed maze of topiaries winding their way through the back grounds.

Inside the home, the owners have tried to maintain the original look of the Roaring '20s. A rainbow slate roof still tops the mansion, quatersone pine lines the hand-carved panels, and the oak floors are all hand-pegged. The kitchen area contains a butler's pantry, service pantry, the

original ice box, a plate warmer and a safe where the silver was kept. Also included in the kitchen are call bells and a back stairs for the five full-time service people that worked for the first family. Mixed with the antique kitchen is

a state-of-the-art Tilesa kitchen. Tilesa kitchens ("fitted kitchens"), an imported kitchen design from Germany, include stainless steel drawers and yew, maple and cherry cabinets. The

(Continued on page 50)



Dr. Arthur A. Daniels' home and dental office at 174 Lowell St.

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OBITUARIES

Srinivasan Umapathy Founded Andover Consulting and Training Group

Srinivasan "Uma" Umapathy, 48, of Andover died Tuesday, May 20, of cardiac arrest while on a business trip to the Bahamas.

Dr. Umapathy graduated from the Indian Institute of Technology in Madras, India, with a degree in mechanical engineering; from the Indian Institute of Management in Ahmedabad, India, with a master's degree in business administration; and from Harvard Business School with a doctorate in business.

He founded the Andover Consulting and Training Group in 1989, which offers diversity management education to corporations. Dr. Umapathy was a professional member of the National Training Laboratory Institute of Washington, D.C.

He was a faculty member of Boston University School of Management and Babson College.

Members of his family include his wife, Mala Umapathy of Andover; children, Shalini and Vijay Umapathy; parents, Mr. and Mrs. K.R. Srinivasan of Bombay, India; and brother, Mr. Ganesh of New Delhi, India.

Last rites, in accordance with the

Hindu faith, were private.

Arrangements were by Dewhirst and Conte Funeral Home.

Memorial contributions may be made to Srinivasan Umapathy Human Diversity Memorial Fund, care of Northmark Bank, Box 825, North Andover, 01845.

The money will be used for the enhancement of diversity awareness in youth.

Helen F. Reilly Lifelong Andover resident

Helen F. Reilly, 88, of Andover died Wednesday, May 21, at her home.

Ms. Reilly was born in Manchester-by-the-Sea. She lived in Andover all her life and was a member of St. Augustine Church.

Ms. Reilly was an administrator with the National Guard in Natick until she retired in 1976.

Members of her family include her sister, Catherine Burns of Jamaica Plain, wife of Dr. J. Joseph Burns; sister-in-law, Margaret Reilly of Andover; nephew, James Reilly of Andover and his wife, Jane Reilly, who were her caregivers, and their three children, Amy, Stacey and Sean; and several other nieces and nephews, great-nieces and great-nephews.

She was the sister of the late Francis P. Reilly of Andover.

A funeral Mass was said Saturday in St. Augustine Church. Burial was in West Parish Cemetery.

Arrangements were by Burke Funeral Home.

Josephine Motta Formerly of Andover

Josephine G. (Petteruti) Motta, 91, formerly of Andover, died Thursday, May 22, at Prescott House Nursing

Home in North Andover.

Mrs. Motta was born and educated in Lawrence.

She worked for American Woolen Co. and then for Greico Bros. Clothing, both in Lawrence.

Members of her family include her daughter and son-in-law, Lucille and Warren Gaffney of Andover; sons, Gerald Motta and Charles Motta; sister, Ann Calari of Methuen; seven grandchildren; six great-grandchildren; and several nieces and nephews.

She was the widow of Joseph Motta.

Funeral services were held Tuesday at Dewhirst & Conte Funeral Home. Burial was in Immaculate Conception Cemetery in Lawrence.

Memorial contributions may be made to Merrimack Valley Hospice, 1 Winter St., Haverhill.

Arthur Tisbert Sr. Had 68 grandchildren and 108 great-grandchildren

Arthur Tisbert Sr., 95, of 144 Greenwood Road died Thursday, May 22, at Lawrence General Hospital.

Mr. Tisbert was born in Lawrence.

He had worked at the Boston Navy Yard Foundry in Lawrence.

He was a member of St. Robert Bellarmine Church.

Members of his family include his sons and daughters-in-law, Robert "Butch" and Maureen Tisbert of Plainville, Arthur and Bertha Tisbert Jr. of Reedville, Albert and Dorothy Vergennes of Vermont, Louis and Claire Tisbert and Norman and Jean Tisbert, all of Andover, and Paul Tisbert of Haverhill; daughters and sons-in-law, Janet and Paul Girard of Andover, Rita and James Nutton of North Andover and Pauline and David Hilbert of Pelham, N.H.; 68

Obituaries Pages 28-29

Alexander M. Gordon, 70
Muriel B. Hoffman, 89
Cleole R. Hooper, 82
Stephen Mancuso, 93
Josephine Motta, 91
Nora V. Powell
Madeline A. Regan, 78
Helen F. Reilly, 88
Arthur Tisbert Sr., 95
Srinivasan Umapathy, 48

grandchildren; 108 great-grandchildren; 10 great-great-grandchildren; and many nieces and nephews.

Mr. Tisbert was the widower of Olivine Tisbert and father of the late Alcide and Lourainne Tisbert and Helen Rousselle.

Funeral services held Tuesday at Hart-McLennon Funeral Home in Lawrence were followed by a funeral Mass in St. Robert Bellarmine Church. Interment was in Sacred Heart Cemetery.

Deaths Elsewhere

HOOPER - Cleole R. "Johnny" Hooper, 82, of Methuen died Tuesday, May 27, at his home.

Mr. Hooper was formerly a baker at Phillips Academy.

MANCUSO - Stephen Mancuso, 93, of Waltham died Sunday, May 25, at Marist Hill Nursing Home.

Members of his family include his son, Michael S. Mancuso of Andover.

REGAN - Madeline A. (Allen) Regan, 78, of North Andover, formerly of Haverhill, died Monday, May 26, at Prescott Nursing Home.

Members of her family include a daughter and son-in-law, Donna J. and Peter M. Hadley of Andover.

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OBITUARIES

Muriel B. Hoffman Lived in Andover for 25 years

Muriel B. (Clark) Hoffman, 89, of Andover died Monday, May 26, at Lawrence General Hospital.

Mrs. Hoffman was born in White Plains, N.Y. She had lived in Andover for 25 years.

Members of her family include a daughter and son-in-law, Muriel and Edwin Coldewey of Reading; two grandchildren; and four great-grandchildren.

Funeral services will be private and at the convenience of the family. Burial will be in Greenfield Cemetery in Hampstead, Long Island, N.Y.

Arrangements were by Douglass Funeral Home in Reading.

Memorial contributions may be made to National Kidney Foundation of Massachusetts, 105 Eastern Ave., Dedham, Mass. 02026.

Nora V. Powell Formerly of Lowell

Nora V. (Regan) Powell of Lowell died Sunday, May 25, at Wingate at Andover.

Mrs. Powell was born in Lowell.

She was a life communicant of Sacred Heart Church in Lowell and a member of its Holy Rosary Sodality.

Members of her family include her daughter and son-in-law, Patricia and Joseph G. Pyne of Lowell; son and daughter-in-law, Henry J. and Mary Jane Powell of Andover; six grandchildren; two great-grandchildren; and several nieces and nephews.

Funeral services were held Wednesday at McCabe Funeral Home in Lowell. A funeral Mass followed in Sacred

Heart Church. Burial was in St. Patrick Cemetery in Lowell.

Memorial contributions may be made to Sister of St. Mary Infirmary Fund, 181 Moore St., Lowell, Mass. 01852.

Alexander M. Gordon Punchard High 1944 grad

Alexander M. Gordon, 70, of Salem, N.H., died Friday, May 23, at Lawrence General Hospital.

Mr. Gordon was born in Andover and lived there until he moved to Salem in 1960.

He graduated from the former Punchard High School in 1944 and was a member of the school's football, basketball and baseball teams.

Mr. Gordon served in the Navy during World War II.

He was a custodian at Hadco in Salem for six years. He had also worked at Bolta Rubber Co. for 18

years, where he was secretary of the union, and at Marlin Mills in Andover.

Members of his family include his wife of 46 years, Dorothy (Keith) Gordon of Salem, N.H.; daughters, Gail Gordon, Joan Gordon, Bonnie Sylvester and her husband, Bryan Sylvester, and Cynthia Lira and her husband, Christopher Lira, all of Salem, and Patricia Rummel of Derry, N.H., and her husband, Gary Rummel; brothers, William Gordon of Hampstead and Walter Gordon of Missouri; sister, Margaret Burnham of Andover; 10 grandchildren; two great-grandchildren; and several nieces and nephews.

Funeral services were held Tuesday at Douglas & Johnson Funeral Home in Salem, N.H. Cremation followed.

Memorial contributions may be made to American Cancer Society, in care of Madeline Saulnier, 81 Litchfield Road, Londonderry, N.H. 03053, or to American Lung Association, 4566 Beech St., Manchester, N.H. 03103.

RELIGION NEWS

Havurat Shalom to celebrate the festival of Shavuot

Havurat Shalom will celebrate the festival of Shavuot with an outdoor service Sunday, June 2, at 10 a.m. The service is open to all who are interested in participating.

Shavuot is the Jewish festival that celebrates the giving of the Torah, the ripening of the first fruit, and the harvesting of grain.

Havurat Shalom is a community of families committed to providing a Jewish identity and education for its members, in a manner relevant to contemporary life.

For more information, call Dan

Schneider at 474-9142.

Jewish humorist to speak at Spring Gala

Rabbi Moshe Waldoks will be the guest speaker Thursday, June 5, at 7 p.m. at the Solomon Schechter Day School Spring Gala at 514 Main St., Haverhill. The donation is \$18.

Rabbi Waldoks is a Jewish humorist who lectures on Jewish cultural renewal, Jewish popular culture and issues of the Jewish spirit. He is co-editor (with William Novak) of *The Big Book of Jewish Humor* and *the Big Book of New American Humor* and editor of the forthcoming *The Whole Megillah*, Jew-

ish Humor for Purim and the Whole Year, and the recently published *The Best American Humor-1994*.

Ballardvale United to host Family Day this Saturday

Ballardvale United Church will host a family event Saturday, May 31. A pancake breakfast will be served from 8 to 10 a.m. A picnic at Ballardvale Park on Andover Street will begin at noon. The main event will be the dinner/theater, which will begin at 6 p.m. A sit-down dinner will be followed by live entertainment, including everything from '50s to '90s, and rock 'n' roll to Broadway. For reservations, call the

church at 475-2506.

Ballardvale United Church is a Reconciling/Open and Affirming Church fully accessible to the physically challenged.

200-family yard sale at West Parish Saturday, May 31

Two hundred families of West Parish Church have donated more than 10,000 items for the church's annual yard sale Saturday, May 31, from 8 a.m. to 2 p.m., rain or shine. "The largest yard sale in the Merrimack Valley" will include children's clothes, kitchen appliances, furniture, air conditioners, toys, sports equipment and books.

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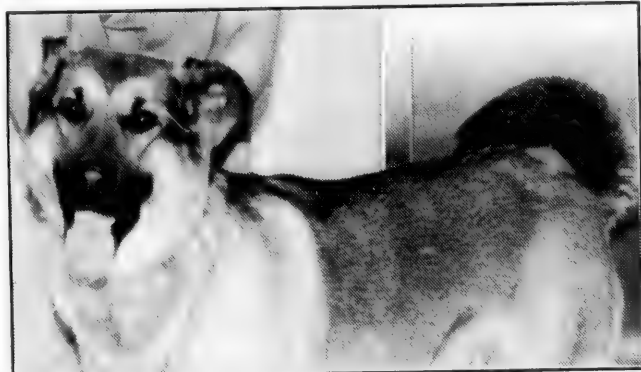
We need homes



Photos by Lisa Adelsberger

The Dalmation at left being held by Bonnie Begin is 3½ years old and is called Maggie. She is spayed and her shots are all up to date. She weighs 43 pounds and is great with people but she needs a one-pet home. Call the Andover Animal Hospital at 475-3600 if you'd like to meet Maggie.

The dog at lower left was found May 26 running down Lowell Street wearing a choke collar and no tags. He is a young adult male, not altered, and the Andover Animal Hospital is looking for a home for him if his owner doesn't claim him.



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GUM DISEASE

As with tooth decay, the culprit behind gum disease is the harmful bacteria that reside in plaque (the sticky substance that continually accumulates on teeth). The first level of gum disease, called gingivitis, is characterized by inflamed gums (the body's response to infection) and bleeding during toothbrushing. If the disease is allowed to progress, the bacteria multiply and create products that erode healthy tissue. As a result, periodontal "pockets" are created, and teeth separate from their supporting structure. In time, if this supporting structure of gums, connective tissue, and bone is destroyed, the teeth are lost. Preventing this outcome entails professional cleaning to remove plaque and calculus (the hardened form of accumulated plaque).

There is no magic to avoiding gum disease and achieving dental hygiene success. Almost everyone can do it with a modest amount of time invested daily. Keep up with home dental care as well as periodic cleanings and checkups. Your teeth and gums are depending on you, and you can depend on us at 296 Lowell Street, Rt 133, with easy access off Rt 93, to provide a full range of dental services. PH: 475-2431.

P.S. Over 60% of adults between the ages of 45 and 54 have experienced moderate periodontal attachment loss, while 80% of those over the age of 65 have experienced such loss.

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Flex time at HP

(Continued from page 10)

pany's 401k and stock-purchase plans. Since they've each been with HP for a number of years, they find the prorated benefits sufficient for their lifestyles.

"When our job was going away in Chelmsford, I looked at Debbie and I said, 'I don't want to be (teamed with) anybody else but you,'" says Ms. Clarke. "We really have a great relationship. I don't think most people get to enjoy it the way we have."

"We really enjoy coming to work," says Ms. Volpe. "The advantages to HP are dedication, the experience - we have 30 years experience combined. Where teamwork is so much a part of the environment, Pam and I are way ahead of the game."

Participation

One fear of employers in opening the door to flexible work options is that everyone will want to participate, and the 9-5 slots will be empty. But the flex-time arrangements aren't for everyone.

About half of the 13 employees in Ms. Goodman's department are on some sort of flex time, and about 200 of the 2,100 HP employees in Andover work on flex time. But many more take advantage of the less formal flexible options such as coming in early and leaving early, coming in late and leaving late, Ms. Goodman said.

Making a flex-time work schedule work requires a high level of trust between manager and employee, according to Ms. Kohlbrenner.

"To be able to do this, you don't need to say why," says Ms. Kohlbrenner. "The real focus is on results and getting done what we say we are going to get done."

"It's a discretionary tool. It's not a benefit," Ms. Goodman points out.

Results for business

There are advantages to offering flex time, such as having people on the job after hours in this area while offices on the West Coast are still open. But flex-time options are also a "huge" recruiting tool, according to Ms. Goodman.

"Hewlett-Packard has the philosophy that we want to be the best place to work," and flex time helps with that goal, Ms. Goodman says.

Lew Platt, Hewlett-Packard's CEO, had a personal experience that exposed him to the advantages of flexible work options, and he has been a big supporter of HP's programs.

"HP sees what we're doing as a business necessity," according to Ms. Goodman. "Because we had a CEO who was a single parent, we had a lot of support for it. He speaks strongly and passionately that this is the right thing for the people and the right thing for business. He's a smart guy."

HP's vision

Hewlett-Packard's work/life vision statement sets its goal as: "An environment that encourages employees and managers to work together to achieve common company objectives for business success, while creating opportunities for balancing work with other life activities."

Sheila Geiger works a 36-hour week

Sheila Geiger of Reading is a sales contract specialist in field support for HP, resolving contract problems and handling responses to bids. She works a 36-hour week, 10 hours each day Monday through Wednesday, and six hours on Thursday.

"The extra day gives me a lot of extra personal and family time," she said. "I do errands. I spend time with my daughter. It gives me an extra day with my daughter, which is a big value to me."

Ms. Geiger is married and has a 1-year-old daughter. Her husband, Robert, works full time. She has been with HP five years, taking advantage of the flex time and telecommuting only this past year.

"I also telecommute," says Ms. Geiger, adding that she has a laptop computer. "I have a whole office set up at home and I can access the system from home."

Her time is very flexible, and up to 50 percent of her work is done at home.

Ms. Geiger's department has five people in it. Four of them, including Ms. Geiger, pretty much do the same job, but she is the only one taking advantage of the flex-time options.

"And the telecommuting is really a pilot program," she said.

Her ability to work from home helps the flex-time work because she can work from home Fridays if her team needs her. She makes sure to work when the work needs to be done, and that she is available to her customers.

"It allows me to be more flexible. It allows me to meet my customers' needs, but at the same time it meets my needs as well, so it's a win-win situation."

Telecommuting also helps her manage her work load better. Most of her job is writing and creating documents, and it helps the company because she is not going on and off the system at work all day.

"It definitely increased productivity. It allows me to get a lot more done in a lesser amount of time," she says. "It's worked out very well. It's actually increased the team work among my department members. It's forced communication. We talk a lot more than if I didn't do telecommuting. I know a lot more about my team members' accounts and they now know more about my accounts than before. It's definitely not just an effort on the part of myself, but a great effort has been made on the part of my team members as well."



Photo by Lisa Adelsberger

Four Hewlett-Packard employees talk about their work schedules: Jeanette Kohlbrenner, from left, Sheila Geiger, Susan Goodman and Jim Albert.

Jim Albert works four 10-hour days

Jim Albert works a four-by-10 work schedule, four 10-hour days and a day off each week, or a four-by-9½ and takes a half day off.

"I've done both," says Mr. Albert. "I like to do a lot of work on my house."

He is an order fulfillment coordinator in field support at H-P, covering government accounts. He gives quotes, manages orders and collects payments. He's been with H-P six years.

In addition to working on the house, he uses the time to do other chores and errands, "so on the weekends, when my wife is home, we can do things together."

But he hasn't done either lately.

He and his wife, Candace, have a 1-year-old, Jack, who brought a few changes to Mr. Albert's schedule, and his group was down one person, so he's had to go back to working regular hours.

Typically, with groups of 20 or more, management wants employees to pick a schedule and stick with it for

three months or more. But in smaller groups, like Mr. Albert's with only four employees, there is more flexibility. Of the four, Mr. Albert is the only one taking advantage of flex-time options.

Good communication between himself and his other team members makes his schedule work, he says. He makes sure his team members know when to expect him and what to expect of him. At the end of the month, his group has increased responsibilities, and he will often go back to a five-day week to support his fellow workers.

Mr. Albert said he is more productive, more organized during the time he is at work when working the four 10-hour days, and he plans to be back on a four-day week by the summer-time.

"It just provides a nice work life. It breaks the week up," he says. "But, again, it all surrounds what the business needs are."

Optional work programs at HP

Hewlett-Packard in Andover offers several work options:

Compressed work week

An employee works four 10-hour days and takes the fifth day off each week, or works a combination of eight- and nine-hour days over a span of two weeks, to complete his or her 40 hour/week obligation, and takes a day off every other week. Another version of the compressed work week allows salaried (not those paid by the hour) employees to work an extra half hour each day and take a half day off every other week.

Job sharing

Two people work half-time, each completing a 20-hour shift.

Job splitting

Part-time jobs, this allows for instance two part-time employees to split a region and each cover half.

Telecommuting or flexplace

Working at a site other than the HP office.

Sidebars by Don Staruk



Photos by Lisa Adelsberger

Darren McRoy, 9½, and Kyla McRoy, who turned 6 today, with their au pair, Gemma Lilley Stone, from England, who has been here two months.



Au pair Nicola Scuresbrook, who has been here from England for 8½ months, poses with her charges, Maura, 3, Annie, 2, and Billy Green, 5.



Ulrike Schumann, from Germany, is pictured with Katie Cormier, 8, and Caroline Cormier, 3. The Cormiers are the daughters of Mary and Alan Cormier.

Au pairs

Lots of au pairs live in Andover, most of them young women, who come here from foreign countries to help take care of Andover children, and to experience another country. The Townsman asked au pairs to gather with their charges in the Park at Bartlet Street last week.

Here is news of some au pairs who are pictured on page 1, but not in individual photos on these two pages:

Marketa Svobodova, from Czech Republic, came here May 5; her children are Sabine, 4 months, and Marin Gang.

Roland Marquart is from Germany; he's taking care of Gregory Bibler.

Malin Staas, is from Germany. She's working for Andrea and Greg Stidsen, taking care of Emily, 5.

Lorraine Keatinge is from Ireland; she's taking care of Susan Brown's children, the Connors – Jarrod, 16; Kristin, 14; Brendan, 12; and Devin, 10. Lorraine has been with the family since 1985; she's the godmother of the youngest, Devin.

Pia Rasmussen is from Denmark; her family is Joan Elias and Richard Baldwin, whose children are Mike, 9, and Ben, 10. Pia's been here 9 months and she knows a lot of the au pairs; she plays volleyball on Fridays with some of them.

Sara Ferreira was born in Portugal but she's from Luxembourg; she's been here 9 months; her family is David and Karen Cruise; the kids are Kelsey, 8, and Loren, 6.

Andrea Rueling, 19, of Munich, Germany, is taking care of four kids in the MacLennan Family – Page, 13, Erin, 11, Greg, 9, and Connor, 6.

Carolyn Ricker, 21, is from a little village outside Stuttgart, Germany. She is taking care of Ann, 2½, and Eliza-



Trista Bates, 23, is from a suburb of Sydney, Australia. She takes care of John, 2, and Mary French, 5. "It's a nice town," she said of Andover. She has lived in the United States previously, as an exchange student in a rural area of Washington state. "It's nice to be kind of close to the city, but not too close," she said. "It's a friendly town," with lots to see and do nearby.

beth Miller, 4 months, and is comfortable here. "It's fine. I like it here." Why? "The ice cream... Friendly's."

Josefine Nygren, 21, is from southern Sweden, "a very little town." She is caring for Nick, 3, and Zoe Gates, 1. "Great kids," she said. "To live in a small town, but still close to Boston

– that's great," she said. She and some of the other au pairs said they especially like parks that have playgrounds for the children, like Penguin Park.

Helena Andersson, 20, is from central Sweden, which she said is similar to this area. She is taking care of the Perkins children, Kelsey, 4 "and three-

quarters," according to Kelsey, and Taylor, 3 "and no quarters."

Helena's been here nine months. Helena and Josefine Nygren have formed an informal playgroup with their charges.

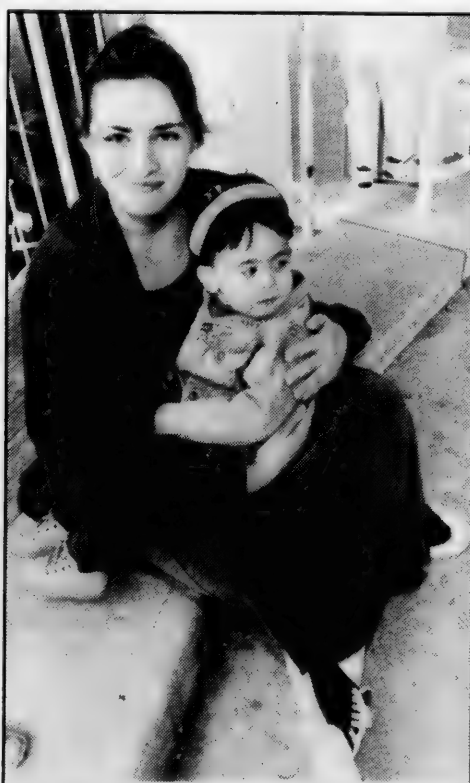
Szilvia Toser of Hungary takes care of Laura, 2, and Michael Ippolito, 3½.



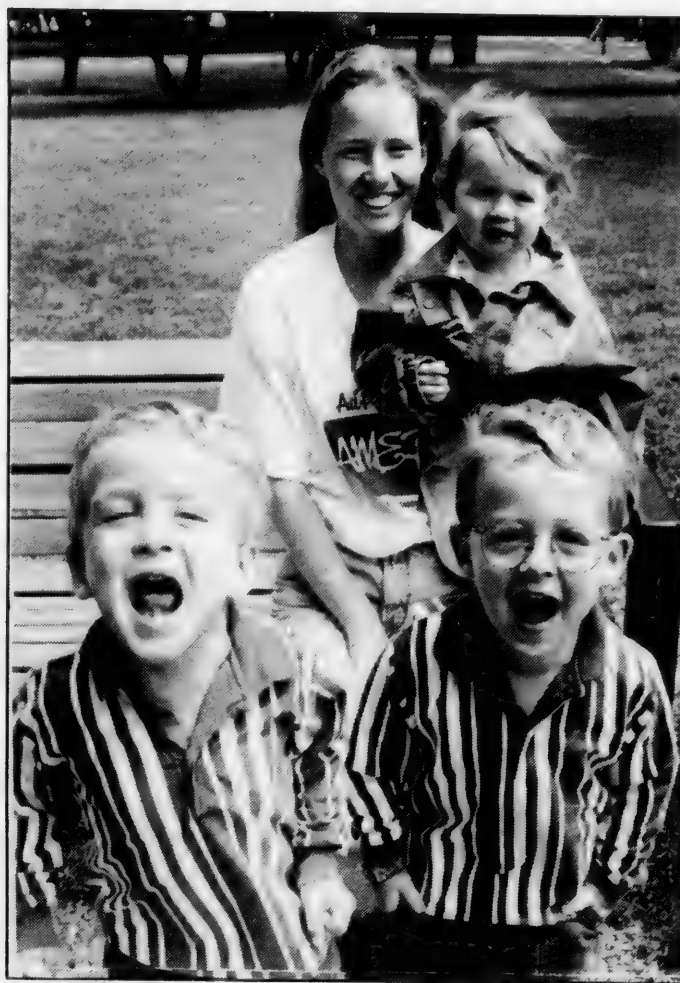
Birgit Schubert, 20, is from a small village outside of Nurnberg, Germany. She is with the Monahan family, taking care of Lesia, 3, shown above, and Daniel, 5. She knows some of the other au pairs who gathered for the picture. Several of them like to go to Boston or take trips on weekends, she said.



Britta Amelang, from Germany, is working for John and Terry Saia, whose children are Nicole, 6 (pictured here); Matthew, 10; and Lauren, 12.



Emma Pitts is from England. Her family here is Mitchell and Annmarie Weisman, whose child is Adam, 2½ yrs.



Photos by
Lisa
Adelsberger

Sharon McKay of Australia is taking care of Carter and Riley, 3-year-old twins, and Mayree, 16 months, the children of Sarah and Tom Nolan.



Sally Osborn of England has been in Andover 8 months, taking care of Tyler Weeks, 2 years old. He seems pretty comfortable with his au pair.



Daniela Furrer, 20, is from Stalden, Switzerland, a little village near the Matterhorn. "We have mountains," she said when asked how Andover differs from where she lives. She's been here 8 months and will stay another 4. She is with the Comeau family, taking care of James (in this photo), 3, and Alexandra, 9.



Townsmen EDITORIALS

Winner, New England Press Association's Editorial Page Awards 1993, 1995 • Horace Greeley Award for Community Service

Be flexible with employees

Employees of Hewlett-Packard tell us that by the year 2000, 69 percent of women ages 45 to 54 will be working. Traditionally, according to information used by HP, that age group has been caregivers to the elderly, which raises a whole other question – who's taking care of our growing elderly population? That, however, is a question for another time.

"What we would like to address here is Hewlett-Packard's flexibility to work with its employees to set up a work week that suits them. A woman with children might like to share a job with another woman. A man who would like to be home with his child one day a week works a four-day week. And so on.

Only 25 percent of families with children are in a "traditional model" with a working husband and homemaker wife, according to information HP uses. Working couples and single parents are now the norm.

In 62 percent of marriages, both spouses hold paying jobs. Working parents have the equivalent of almost two full-time jobs if you consider time spent on work and home responsibilities. Men are increasingly experiencing work and family conflicts and stress as they take on more family responsibilities, according to HP. And more than half of all children can expect to live in a single-parent family before they reach age 18 – again, a statistic HP uses.

Clearly, if at all possible, flexible work weeks are the way to go. An employee who is not worried about his or her children, or other obligations outside of work, is going to do a better job while at work. We salute Hewlett-Packard for its creative use of flex-time options.

How to write letters

The *Townsmen* welcomes readers' letters, which must be signed with a name and address and should be no longer than two typed pages, double spaced. Shorter is better. Please include a phone number, in case there are questions.

Send letters by mail (33 Chestnut St., Andover, MA 01810), by e-mail (Townsmen@aol.com) or by fax (508-470-2819).



Photo by Lisa Adelsberger

Showing off some of Andover High School's new technology during a recent open house for area business people are, from left, Brenna O'Connor and Stacie Nelson, both 11th-graders, and Nick Warne of Genetics Institute.

Earrings, nose rings, bizarre hairdos ...

By Rose Madeline Mula

Recently, I was walking by the local High School at the closing bell. As I watched swarms of kids spilling out the doors, I wondered if someone had laced my lunch yogurt with LSD. Or maybe I had somehow wandered onto the set of a movie whose costume designer had gone berserk.

Something was definitely wrong with this picture. Earrings, nose rings, eyebrow rings, bizarre hairdos, purple nail polish... on the boys. Even weirder, one of them was actually wearing a bathrobe and slippers. I swear. The others sported second-skin-tight Spandex bicycle shorts or kaleidoscopic, ridiculously baggy pants obviously stolen from Barnum & Bailey. Topping these were huge sweatshirts emblazoned with obscene slogans and very graphic graphics.

As for the girls, most of them looked like they had just sashayed off the runway of the old burlesque house. I could not believe they had been allowed into school in those snug, crotch-high skirts, necklines that dipped to their navels, and combat boots.

Where were the modest plaid skirts, bow-tied blouses, and shiny loafers my girl friends and I wore to high school? Probably in the Smithsonian along with the boys' neatly

pressed corduroy trousers, white shirts and argyle socks.

When I got home I pulled out the old family albums to see if maybe my memory had finally deserted me completely. Could our clothes really have been so different from those of today's kids?

GUEST COLUMN

Ah, yes. There we were, all gussied up, in those black-and-white Brownie prints with the curly-cue edges. Those were the post-Depression years, so none of us were well-heeled; but we certainly were well-dressed. And well-coiffed. The grammar school me smiled shyly at the camera, my long banana curls clipped in place with a huge taffeta bow. I was wearing my favorite puffed sleeved, Shirley Temple frock, ankle socks, and gleaming patent leather Mary Janes. My girl friends looked equally ladylike.

And the boys – all natty and neat in their knickers, knee socks and newly shorn heads. No ponytails, dreadlocks or Mohawks. Fortunately. If a boy had walked into class with any of the above, the teacher would have flat-lined before she had a

chance to send him to the principal's office.

I turned a few pages. We were now older but no less fashionable. Even our "play" clothes looked as though we could never have actually played in them. So stylish. So clean. So pressed!

A few more pages, and we were teen-agers, with glamorous hairdos, fake-fur-trimmed coats, and high heels (the girls, not the boys). As for them – not a bathrobe in the bunch. But maybe we just always dressed up for the camera. No. Thinking back, I recall that we weren't adorned for special picture-taking occasions; the photos simply chronicled our everyday attire. I have snaps of me in my going-to-college wardrobe, for example, beautiful wool suits, dresses and jumpers, nylons and pumps. Jeans? Are you kidding? Even tailored slacks would have gotten me expelled.

At that point, the albums ran out. No more snapshots. We had graduated to 35 millimeter slides. I pulled some out and set up the screen and projector. Our images were now in large, living color, but our wardrobes hadn't changed. Look! There I was with my girl friends on Fifth Avenue – our first trip to New York – and there, on the Champs Elysees, our

(Continued on page 35)

LETTERS

Tribute to her former music teacher, Miss Sweeney

Editor, *Townsmen*:

I was brought up in Andover and went to school there back in the '30s and '40s. One of my teachers was a woman named Miss Miriam Sweeney, who taught music. She married a man named Walter something - can't remember his last name.

I have gotten to be a fairly old lady with wrinkles and arthritis, but I try to keep growing at the top. I now write poetry, and have recently written one dedicated to "Miss Sweeney." I have no idea where she is, or if she is still living. She would be in her 90s by now.

It occurred to me that she might appreciate knowing that her teaching of "music appreciation" actually bore some fruit, and that she is fondly remembered. If you could print the poem in the *Townsmen*, she or someone who knows her might see it. It would give me great pleasure to say thank you to her for something that has meant so much to me over the years.

I enclose a copy of the poem; you need not return it.

The Fairy Godmother

I thank you Miss Sweeney, wherever you are

You were my music teacher
You looked like the Blue Fairy
And you taught us songs and "music appreciation."

Each week you brought workbooks
With gummed heads of the Great Composers

Which we had to stick in the proper spot

Next to short biographies.

Let's see:

Bach had 19 children and made them all play the piano

Mozart died young

Beethoven was deaf, no wonder he looked so cross

Then you would play one of their little tunes.

Dry stuff for an 8-year-old,

But something must have germinated in the deep subconscious.

Slowly it grew and blossomed

It's not how we dressed ...

(Continued from page 34)

first trip to Europe - in dresses, hats, white gloves, and - heaven help us, those blasted high heels, in which we walked for miles in agonizing pain. You know what I wished for when I threw my coin in the Trevi Fountain? I wished I could throw my shoes in the Trevi Fountain. If only I had. It would have saved me years of podiatrists' bills.

I bet that boy who goes to school in

Until the love of music informed and fed my emotional and spiritual life
And I find no end to its revelations.
If I had but one gift to bring to the christening
It would be the joy of listening to great music
But we should invent a better word than "music appreciation" to describe it.

Elinor Houston Oberlin
67-361 Toltec Court
Cathedral City, CA 92234

AHS building is too fancy for him

Editor, *Townsmen*:

Does the School Committee need some cheese to go with that whine?

How can it be that just 15 years ago the school department had so much space that they couldn't wait to take the bulldozer to the Jackson and Stow school to make a parking lot? But now the school department tells us there is no more room, we must have a new middle school, we get a weekly sob story.

This week's feature story is the Bancroft. The air quality is so bad that Mr. Neal says we must have portable classrooms to fix the problem. Not once did he mention that we should do work to the ventilation system. Does that mean when the four-year lease is up he'll be telling us that we must have thousands of dollars for the ventilation system? Mr. Neal also says Bancroft is the most difficult school site in town to build on. That school has been a problem since the day it was opened, leaky roof, heat loss in the high ceilings, noise problems in the open lofts, etc. Maybe there would be some lessons learned there. Build for function, not flash.

Just one look at the AHS project and one can see that's not possible. After seeing the new science labs, I wondered if the intent was for the High School to beat Genetics Institute in the race to cure cancer.

I compare that obvious waste of money to the lab that I used at East Junior High, the same one my mother and grandmother used at Punchard High, and I don't remember my teacher, Mr. Bachman, ever saying he couldn't teach us because the lab was

his slippers and the girls with their combat boots don't have tormented toes like mine. Maybe they've got the right idea after all.

Tomorrow I'm wearing Reeboks to church. So what if it's my grandniece's wedding. If the bridesmaids can do it, so can I.

Rose M. Mula is a freelance writer living in Andover.

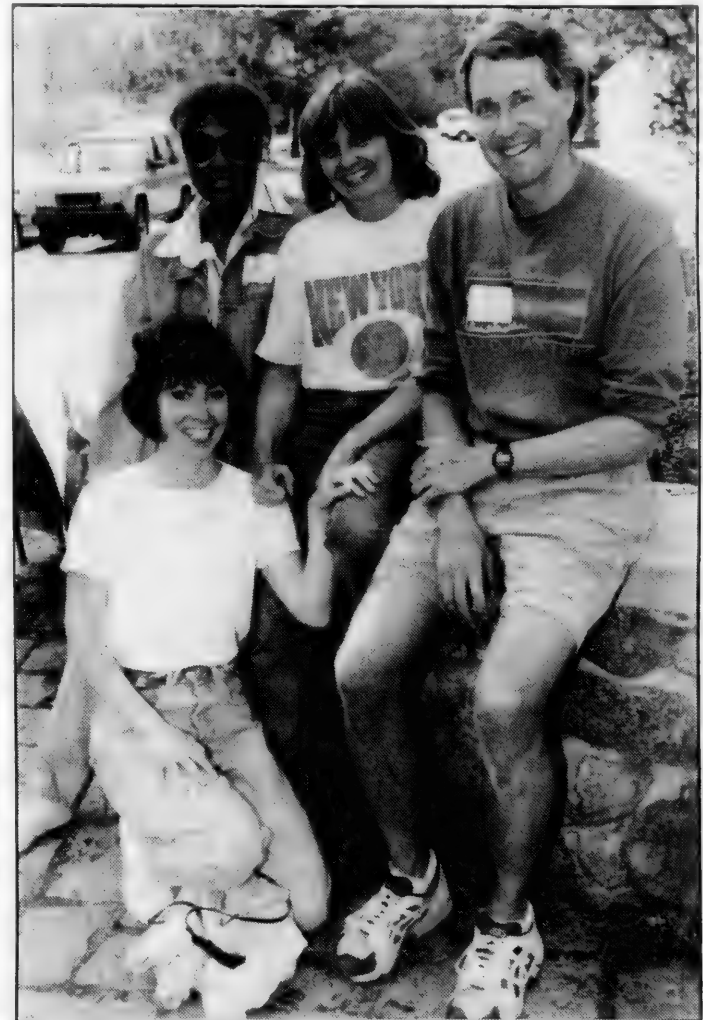
too out-dated or too small.

I guess what I'm asking the school department is once you're done crying on our shoulders and dried your tears, you take the money that you've made us think must be spent on a new middle school and build us a school without

the elegant entrance and fancy flag poles. One that is simple in design. We don't have to set out to impress all those who see it. Functionable, not fashionable.

Paul Birch
51 Rattlesnake Hill Road

Former ABC students and Andover residents involved in the program - which brings talented inner-city youth here to attend Andover High School - gathered at a 30th birthday party last weekend for ABC, A Better Chance. Pictured are, back row from left, Marjorie Byers, VP of the ABC board; Candy Dann, incoming president of ABC; Chris Duble, outgoing president of ABC; and front, Amy Joyall, VP of the ABC board. Thirty former ABC students attended the reunion last weekend.



ABC, A Better Chance, students celebrated ABC's 30th birthday in Andover last weekend at a reunion. One weekend event was a picnic at Pike School. This group stopped for a photo. Front row, from left, are Cristina Geigel, Andover High School '87; Ann-Ellen Hornidge, former member of the ABC board of trustees and a host parent; Simone McBeen, AHS '90 and a law student at Fordham School of Law; Jennifer Lee, AHS '89, who is attending Boston University School of Medicine (class of 1999); back row, from left, Lakisha N. Williams, AHS '92, currently at Union Theological Seminary, New York; Karyna Tejeda, AHS '91, currently teaching third grade in the Bronx, N.Y.; and Janis Wilson, AHS '88, of Blackwood, N.J., an audiologist.



A 200-family yard sale will be held Saturday, May 31, at West Parish Church on Lowell Street (Route 133) from 8 a.m. until 2 p.m., rain or shine. Two hundred families of West Parish Church have donated more than 10,000 items for the church's annual yard sale. Church officials claim it's the largest yard sale in the Merrimack Valley and includes children's clothes, kitchen appliances, furniture, air conditioners, toys, sports equipment, books and more.

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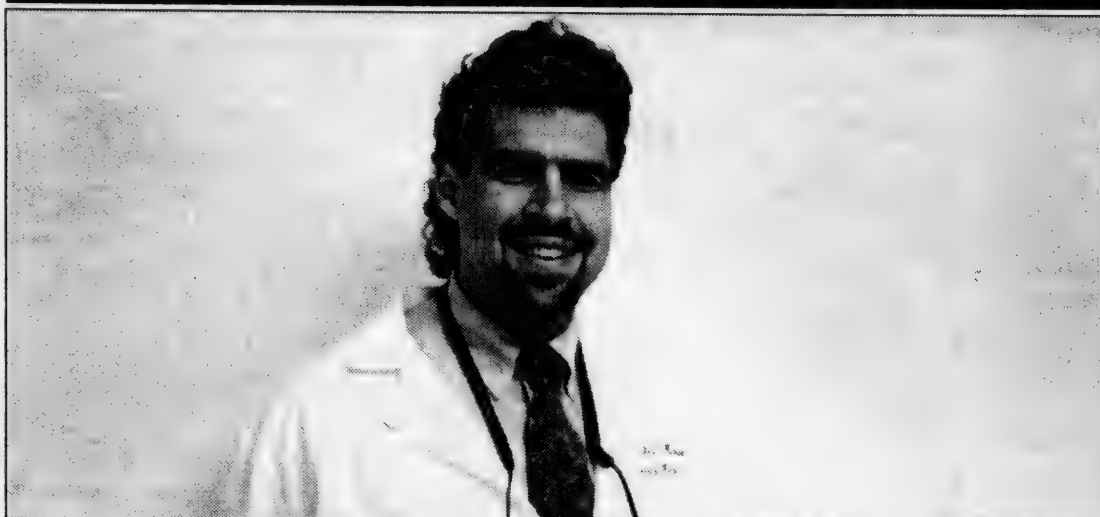
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Professional Profile



Charles F. McQuade, D.M.D.

Dr. Charles F. McQuade's comprehensive family dental practice is located in downtown Andover at 10 Main Street.

It is a new state of the arts office using the latest dental techniques and materials with strict sterilization procedures. Dr. McQuade is committed to preventative care to help patients keep all their teeth all their lives.

"It is an exciting time to be a dentist and look at the evolution of materials and techniques since I started dental school," he said. "The options are truly amazing for patients."

The most current dental adhesives, for example, allow dentists to be more conservative and prolong the life of restorations (fillings), Dr. McQuade explained. We can now often new adhesive tooth colored fillings that are

indistinguishable from natural tooth structures. Tooth whitening (Bleaching) is a non-invasive technique that does not require any drilling but can greatly improve ones appearance. There are procedures to treat gum and root problems that just a few years ago would have meant lost teeth. And for those who did not grow up in the era of preventative care and have lost teeth, there are now implants available.

Unlike dentures or partial dentures, implants enable people to chew more efficiently and thus with better nutrition improve their overall health.

Dr. McQuade believes it is important to have biannual check ups with your dentist, even if you don't think you have any problems. Three out of four adults suffer from gum disease at some point in their lives. It is a painless

affliction that often attacks the supporting structures of the teeth. If it is detected early nonsurgical methods can be used to treat it and keep it in check.

Dr. McQuade has practiced dentistry for 11 years. He received his dental training at Boston University. He trained at Tufts University in the treatment of temporomandibular facial pain problems, and conducted research and was a member of the faculty. He is committed to continuing education to stay abreast of new developments in his field. He has the added credential of being awarded Fellow of the Academy of General Dentistry.

Those interested in setting up a dental appointment may call Dr. McQuade (508) 470-8855.

5/29/97

Carole Chanler

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POLICE LOG

ARRESTS

Tuesday, May 20 - At 9:30 p.m., Donal T. Coleman, 43, of 91 High St., was arrested at his house and charged on a Lowell warrant for making threats.

Thursday, May 22 - At 6:05 a.m., Russell H. Willard, 33, of Raymond, N.H., was arrested on Webster Street and charged on a warrant.

Friday, May 23 - At 5:14 a.m., a woman motorist was assaulted by a second woman motorist with an anti-theft car club near 9 Red Spring Road. The victim was bleeding from the head and required two or three stitches at Lawrence General Hospital. Barbara E. Watkinson, 38, of Hampton, N.H., was arrested at the police station the next day and charged with assault and battery with a dangerous weapon. According to the 23-year-old victim and a witness, the victim was driving on Andover Street behind Ms. Watkinson, who was traveling very slowly. When the Ms. Watkinson stopped for a long period of time at the intersection at the Horn Bridge, the victim passed her. When the victim stopped again at Essex Street, Ms. Watkinson jumped out of her car, cursing and yelling at the victim, and began beating on the victim's car with the club, then went around to the driver's side and began striking the woman with the club through the window. The victim managed to grab hold of the club, at which point the accused let go of it. The accused yelled at a neighbor who had threatened to call police, then left in her 1989 Oldsmobile Cutlass. Her registration plate number was given to police and that led to her arrest.

Saturday, May 24 - At 2:38 a.m., Daniel F. Carey III, 35, of North Andover, was arrested on Route 125 and charged with operating under the influence (alcohol) operating unregistered, uninsured, with illegally attached plates and after suspension of his license.

At 6:50 p.m., a neighbor dispute on Woburn Street resulted in one resident being issued a criminal citation for operating after suspension of his license after reportedly driving a motorcycle up and down the street.

Sunday, May 25 - At 2:08 a.m., Carmelo Sapienza, 20, of 199 Greenwood Road, was arrested on Beacon Street and charged on a warrant for being a minor in possession of alcohol and carrying a dangerous weapon.

At 3:08 a.m., Andover police assisted state police with a traffic stop, arresting Gregory B. Carlson, 18, of 80 Woburn St., and charging him with operating after suspension of his license.

At 9:39 a.m., a number of people were found camping illegally near 191 High Plain Road. Thomas F. Gallagher was arrested and charged with operating after suspension of his license. A 16-year-old Lawrence juvenile was arrested on a Child in Need of Services warrant. Robert J. Picard, 27, of Methuen, was arrested and charged on three warrants - one for operating after suspension of his license, uninsured and unregistered; and two for malicious destruction of property.

At 7:26 a.m., Randel P. Mouleart, 27, of Methuen, was arrested on River Road and charged on two warrants for motor vehicle violations.

(Continued on page 39)

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POLICE LOG

(Continued from page 38)

INCIDENTS

Tuesday, May 20 - At 11:24 a.m., a 209A restraining order was served at Brickstone Square.

At 11:06 p.m., a vehicle was reportedly dumping illegally at the compost site on High Plain Road.

Wednesday, May 21 - At 7:31 a.m., an administrator reported that one student kicked a second student at Andover High School.

At 4:41 p.m., a 209A restraining order was served on Essex Street.

At 5:19 p.m., police received a report of a woman exposing herself on Route 133 at Interstate 93, and of a traffic backup there. An Andover officer and a state police officer in that area did not spot the alleged offender.

Friday, May 23 - At 9:12 p.m., a man reported he was assaulted by his ex-girlfriend and three others at Shawsheen Plaza.

Sunday, May 25 - At 6:38 a.m., a truck was reported towed from the woods near the compost site on High Plain Road. The owner of the truck was one of those accused of camping illegally at the site a couple of hours later, when he was arrested on an outstanding warrant.

At 6:40 p.m., a gas grill fire was reported on a deck on Buttonwood Drive.

ACCIDENTS

Accident were reported at the following dates, times and locations:

Tuesday, May 20 - 8:55 a.m., 59 Lowell St., minor involving a school bus, no children were on the bus;

5:20 p.m., 180 Andover St., car through fence and against caller's window, no driver in sight, involved a parked car that rolled;

Wednesday, May 21 - 3:08 p.m., 100 Central St.

Friday, May 23 - 10:59 a.m., Summer Street at Elm Street;

noon, 120 Lowell St., minor;

3:31 p.m., 38 Lowell St., minor;

Saturday, May 24 - 12:26 a.m., 60 Main St.

11:53 a.m., 85 Shawsheen Road, minor.

BREAKS

Tuesday, May 20 - At 4:44 p.m., a stereo was reported taken in a car break at Nynex, 15 Shattuck Road.

Wednesday, May 21 - At 7:06 a.m., a radio was reported taken in a car break on Tech Drive.

At 9:39 a.m., a cellular phone, credit cards and other items were reported taken in a car break on Corporate Drive.

At 1:17 p.m., a break into a storage trailer at the rear of Brooks Pharmacy was reported at Shawsheen Plaza.

At 7:03 p.m., a break into a maintenance room was reported at apartments on Post Office Avenue.

Saturday, May 24 - At 7:55 a.m., a CD player was reported taken in a truck break on Lowell Street.

At 8:02 a.m., a car break was reported on Canterbury Street.

At 6:48 p.m., a car break that occurred April 29 at Andover High School was reported.

Monday, May 26 - At 7:30 p.m., two car breaks were reported on Wescott Road.

THEFTS

Wednesday, May 23 - At 1:39 a.m., a theft of golf clubs was reported on Acorn Drive.

At 10:33 p.m., an attempted theft of a trampoline was reported from a yard on Tewksbury Street. A leg of the trampoline remained missing.

Saturday, May 24 - At 10:12 a.m., a radio was reported taken from a car.

At 7:59 p.m., a lap-top computer was reported taken from Iologics, 3 Riverside Drive.

Monday, May 26 - At 6:12 p.m., a bike was reported taken on Flint Circle.

VANDALISM

Tuesday, May 20 - At 6:34 a.m., a lawn and tree were reported damaged by a car.

Monday, May 22 - At 7:29 p.m., a janitor reported four kids on skateboards were behind the library throwing stones at the windows. One window was broken and one of the youths was held for his parents.

Saturday, May 24 - At 9:55 a.m., a piece of construction equipment was reported damaged at 19 Lupine Road.

CAR THEFTS


Saturday, May 24 - At 8:12 a.m., a 1989 Audi 100E was reported taken from a garage on Lowell Street. (The Audi was recovered the next day in Salisbury with the keys still in it.)

At 11:24 a.m., a 1990 Toyota Camry was reported taken on Bulfinch Drive.

At 9:51 p.m., a guest at the Taje Inn on

River Road reported a woman he just met stole his car. (The car was recovered two hours later in Lawrence and an arrest was

made. The 73-year-old owner of the car was then placed in protective custody for alleged drunkenness.)




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Change of leadership?

(Continued from page 1)

mittee member and a representative of the school administration to serve on the School Building Committee. Mr. Willey is not alone.

At Special Town Meeting during October, 1996, Andover residents approved a change to the town charter. Residents asked that whenever there is a school building project "one member of the School Committee and an administrative representative of the superintendent of schools be appointed by the School Committee to serve on the School Building Committee."



Lloyd Willey

However, Andover's building committee remains the same as it was in 1996 because the state has not yet approved the charter change. John O'Brien, Andover's state senator, said he expects the state to address the matter soon.

"It is with us in the Senate. I expect to get that out if not this week, then next week. Some of the bills got backed up because of the (state) budget," he said.

According to Sen. O'Brien, the bill must go before both the full Senate and the full House for a vote. Because the bill is not controversial, Sen. O'Brien expects his colleagues to approve the change to Andover's charter without debate. The charter change will then go before the governor for his approval.

"I would think that (Andover officials) could act on it during the month of June and appoint a member from the School Committee," said Sen. O'Brien. "It did get sort of bumped because of the budget."

Speaking out

Mr. Willey indicated he again aired his complaints about the project's leadership because of the building committee's effort to remove more than \$630,000 from the project so it can complete the High School job. The building committee plans to remove money to rebuild the outdoor track, replace old windows, install shades in the new fieldhouse, and pay for furniture and equipment.

Officials hope to add back these items later, because if they are completed within one year of the overall project, the state should still reimburse the town 60 percent of the cost, according to Buzz Stapczynski, town

manager. But to add back these items, residents will have to approve more than \$630,000 more for the project, probably through a capital improvement plan.

The items that are, at best, being delayed are all items residents specifically voted for during the 1996 Town Meeting when they approved an extra \$2.43 million to finish the troubled High School project.

However, while these items were listed in the Finance Committee's Town Meeting report, and were used to sell the \$2.43 million article, the items were not specifically mentioned in the actual motion at Town Meeting.

This led Jim Marsh, building committee chairman, to say recently that "there was no scope to be defined" when residents approved the money at Town Meeting. Mr. Stapczynski said the town's bond counsel has assured him the town can legally use the money to finish the project.

"It's just gotten to the point where it's nauseating. I don't care if bond counsel claims that," said Mr. Willey. "As a taxpayer, I was actually insulted by the way those things were expressed."

"I think the priorities of the school department itself got lost in all this," he continued. "I just don't understand some of the priorities (such as) how they're using the money and building stone walls and things."

Of the \$814,500 approved in 1996 for scope restoration, only one item has remained. Workers are using the \$120,000 residents approved for entry-plaza redesign to install a concrete courtyard where students can sit after lunch.

Others' concerns

Mr. Willey is not the only person concerned with what may be removed from the High School project.

"I would hate to see items that would directly affect the classrooms and the students cut to finance the problems at the High School. The construction of the High School is a town project and the town bears responsibility to see that the project is completed," Patrice Minton, Townwide PTO Council moderator, said this week.

The contractor for the High School job has also used the latest financial difficulties to remind people it warned Andover back in 1995 that the town would need substantially more money than it had. Bill Nicholson, president of Congress Construction, one-half of contractor Stone-Congress, has said his company's projections have proven to be quite accurate.

VIP luncheon planned for June 6 here

The Government Affairs Committee of the Merrimack Valley Chamber of Commerce will present The Washington Report, a special VIP luncheon with U.S. Senator John F. Kerry, Friday, June 6, from noon-1:15 p.m. at

Ramada Inn Rolling Green, 311 Lowell St.

Cost is \$15 per person or reserved table of eight for (100).

For information or reservations, call 686-0900.

Sassy Radish moved to Post Office Ave.

The Sassy Radish, a store offering contemporary clothing, gifts and collectibles, has moved from 68 Park St. to its new location at

5 Post Office Ave., next to Underground Music.

Talk to the editor online: Townsman@aol.com

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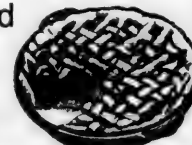
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Changes in Senior Pharmacy Program

Elder Services of the Merrimack Valley Inc. announces two new important changes in the Senior Pharmacy Program (SPP).

The income eligibility has been increased to \$10,494 per individual per year. Other eligibility criteria include age 65 or over by July 1, 1997, living as a Massachusetts resident for the last six months; not currently enrolled in Medicaid or any supplemental insurance plan which includes prescription drug coverage.

Two new categories of drugs have been added to the list of covered prescriptions, cholesterol and glaucoma treatment drugs. Other covered drug categories are listed on the application.

Applications must be postmarked by May 30. SPP applications have been distributed to local councils on aging, hospitals, senior housing offices, and other community sites. Homebound elders may request an application be mailed by calling the Resource and Referral Center at Elder Services at 683-7747.

All applications will be processed by the SPP's Central Verification Unit (CVU). Denial notices will be issued within 30 days of application and appeals will be handled by the Department of Medical Assistance. Let-

ters of acceptance will be mailed by mid-June. For further information, call the Central Verification Unit at 1-800-953-3305. To request a bulk supply of applications, call Meredith Carver, Elder Services, at 683-7747, Ext. 373.

TOWN OF ANDOVER



PLANNING BOARD

Notice is hereby given that a public hearing will be convened on Tuesday, June 10, 1997, at 9:00 p.m., in the Third Floor Conference Room, Town Office Building, Bartlett Street, on an application made by Stowe Development Inc. for a 12 lot Definitive Subdivision Plan entitled "Douglass Crossing" on property owned by the applicants located at 89 Jenkins Road. The application may be examined in the Planning Department between the hours of 8:30 a.m., and 4:30 p.m., Monday through Friday.

ANDOVER
PLANNING BOARD
Michael H. Miller, Esq.,
Chairman
May 22 & 29, 1997

OFFICE OF THE BOARD OF APPEALS NOTICE OF HEARING

A public hearing will be held in MEMORIAL HALL LIBRARY, SECOND FLOOR, in MEMORIAL HALL, ELM SQUARE, ANDOVER, on THURSDAY, JUNE 5, 1997 AT 6:00 P.M. on the petition of BRECK & LARI ARNZEN, 478 Glenmary Lane, St. Davids, Pa. for a special permit under Article VIII, Section VII.A.1 of the Zoning By-Law to allow the construction of additions and renovations to a structure which does not meet the minimum dimensional requirements. Premises affected are located at 76 HOLT ROAD,

Andover, Ma. in a Single Residence B District and is shown on Assessor's Map 42 as Lot 40.

DANIEL S. CASPER,
CHAIRMAN
BOARD OF APPEALS
May 22 & 29, 1997

OFFICE OF THE BOARD OF APPEALS NOTICE OF HEARING

A public hearing will be held in MEMORIAL HALL LIBRARY, SECOND FLOOR, in MEMORIAL HALL, ELM SQUARE, ANDOVER, on THURSDAY, JUNE 5, 1997 AT 6:00 P.M. on the petition of ARNO & SANDRA MINKKINEN, 1 White Oak Drive, Andover, Ma. for a variance from the requirements of Article VIII, Section V.A. of the Zoning By-Law and/or a special permit under Article VIII, Section VII.A.1 of the Zoning By-Law to allow additions and alterations to a structure that does not have frontage on a public way.

Premises affected are located at ONE WHITE OAK DRIVE, Andover, Ma. in a Single Residence C District and is shown on Assessor's Map 122 as Lot 46.

DANIEL S. CASPER,
CHAIRMAN
BOARD OF APPEALS
May 22 & 29, 1997

OFFICE OF THE BOARD OF APPEALS NOTICE OF HEARING

A public hearing will be held in MEMORIAL HALL LIBRARY, SECOND FLOOR, in MEMORIAL

HALL, ELM SQUARE, ANDOVER, on THURSDAY, JUNE 5, 1997 AT 6:00 P.M. on the petition of MARK CONSERVA, P. O. Box 91, Andover, Ma. 01810 requesting a hearing before the Board of Appeals for a repetitive petition pursuant to Chapter 40A Section 16 of Massachusetts General Laws.

Premises affected are located at 66 POOR STREET, Andover, Ma. in an Apartment District and is shown on Assessor's Map 52 as Lot 94.

DANIEL S. CASPER,
CHAIRMAN
BOARD OF APPEALS
May 22 & 29, 1997

OFFICE OF THE BOARD OF APPEALS NOTICE OF HEARING

A public hearing will be held in MEMORIAL HALL LIBRARY, SECOND FLOOR, in MEMORIAL HALL, ELM SQUARE, ANDOVER, on THURSDAY, JUNE 5, 1997 AT 6:00 P.M. on the petition of STEPHEN & SUSAN BUCKLEY, 15 Chester Street, Andover, Ma. for a special permit under Article VIII, Section VII.A.1 of the Zoning By-Law to allow the construction of an addition to a pre-existing, non-conforming structure.

Premises affected are located at 15 CHESTER STREET, Andover, Ma. in a Single Residence A District and is shown on Assessor's Map 157 as Lot 7.

DANIEL S. CASPER,
CHAIRMAN
BOARD OF APPEALS
May 22 & 29, 1997

OFFICE OF THE BOARD OF APPEALS NOTICE OF HEARING

A public hearing will be held in MEMORIAL HALL LIBRARY, SECOND FLOOR, in MEMORIAL HALL, ELM SQUARE, ANDOVER, on THURSDAY, JUNE 5, 1997 AT 6:00 P.M. on the petition of PAUL J. FINGER & LESLIE HECTH-FINGER, 34A Summer Street, Andover, Ma. for a modification of decision #1199.

Premises affected are located at 34 SUMMER STREET, Andover, Ma. in a Single Residence A District and is shown on Assessor's Map 21 as Lot 63.

DANIEL S. CASPER,
CHAIRMAN
BOARD OF APPEALS
May 22 & 29, 1997

OFFICE OF THE BOARD OF APPEALS NOTICE OF HEARING

A public hearing will be held in MEMORIAL HALL LIBRARY, SECOND FLOOR, in MEMORIAL HALL, ELM SQUARE, ANDOVER, on THURSDAY, JUNE 5, 1997 AT 6:00 P.M. on the petition of GARY FINLAYSON, 44 Whittier Street, Andover, Ma. for a variance from the requirements of Article VIII, Section V.A. of the Zoning

By-Law and/or a special permit under Article VIII, Section VII.A.1 of the Zoning By-Law to remove and replace a porch on a pre-existing, non-conforming structure which does not meet the minimum dimensional requirements.

Premises affected are located at 44 WHITTIER STREET, Andover, Ma. in a Single Residence A District and is shown on Assessor's Map 39 as Lot 116.

DANIEL S. CASPER,
CHAIRMAN
BOARD OF APPEALS
May 22 & 29, 1997

OFFICE OF THE BOARD OF APPEALS NOTICE OF HEARING

A public hearing will be held in MEMORIAL HALL LIBRARY, SECOND FLOOR, in MEMORIAL HALL, ELM SQUARE, ANDOVER, on THURSDAY, JUNE 5, 1997 AT 6:00 P.M. on the petition of ROBERT & LISA DONOVAN, 44 Old County Road, Andover, Ma. for a variance from the requirements of Article VIII, Section V.A. of the Zoning By-Law and/or a special permit under Article VIII, Section VII.A.1 of the Zoning By-Law to allow additions and alterations to a pre-existing, non-conforming structure.

Premises affected are located at 44 OLD COUN-

TY ROAD, Andover, Ma. in a Single Residence C District and is shown on Assessor's Map 102 as Lot 47.

DANIEL S. CASPER,
CHAIRMAN
BOARD OF APPEALS
May 22 & 29, 1997

OFFICE OF THE BOARD OF APPEALS NOTICE OF HEARING

A public hearing will be held in MEMORIAL HALL LIBRARY, SECOND FLOOR, in MEMORIAL HALL, ELM SQUARE, ANDOVER, on THURSDAY, JUNE 5, 1997 AT 6:00 P.M. on the petition of SHAUN & JOSEPH MURPHY, 5 Lucerne Drive, Andover, Ma. for a variance from the requirements of Article VIII, Section V.A. of the Zoning By-Law and/or a special permit under Article VIII, Section VII.A.1 of the Zoning By-Law to allow the construction of an addition to a non-conforming structure which does not meet the minimum dimensional requirements.

Premises affected are located at 5 LUCERNE DRIVE, Andover, Ma. in a Single Residence B District and is shown on Assessor's Map 21 as Lot 169.

DANIEL S. CASPER,
CHAIRMAN
BOARD OF APPEALS
May 22 & 29, 1997

Host an International Student

The American Language Academy at Merrimack College is looking for local families interested in hosting international students. Families are asked to provide a private room, two meals a day, and transportation to and from Merrimack College for the student who will be studying English at the American Language Academy. Stays are usually short-term, from 5-10 weeks, although some students stay for longer periods. Most students are between the ages of 18 and 25. Families are compensated at the rate of \$700. per 5 week term.

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Newspaper	Daily Gain	Sunday Gain
The Eagle-Tribune	+1,686	+994
The Connecticut Post	+1,407	+563
The Lowell Sun	+181	+29
The Pittsfield Eagle	+152	+2
The Portsmouth Herald	+105	+477
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The Times-Argus	+43	+84
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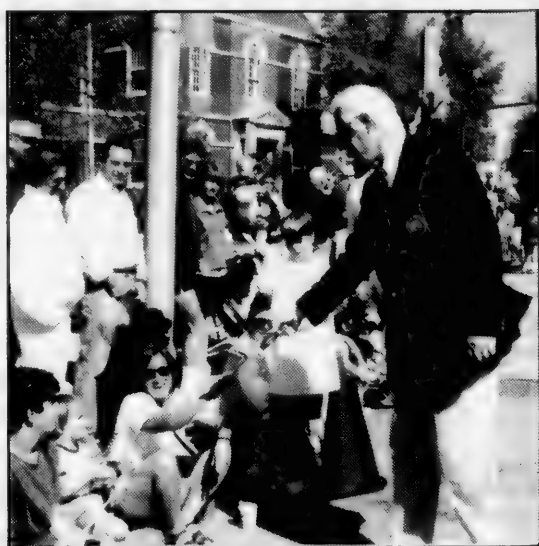
*The Audit Bureau of Circulation is an independent organization which audits and verifies paid circulation of newspapers.

Honoring veterans on Memorial Day, 1997

One soldier marching in Monday's Memorial Day parade in Andover told a spectator, "You have no idea how good it feels to hear people applauding for you."

Residents turned out Monday morning to honor Andover's war dead, at Spring Grove Cemetery and at other sites around town. In the afternoon, veterans of the Persian Gulf War were honored at the new bridge over Harding Street, which was named for those veterans.

Photos by Lisa Adelsberger



Selectman Larry Larsen offers an American flag to a parade spectator in Elm Square. That's Memorial Hall Library in the background.



The new bridge at Harding Street was named for veterans of the Persian Gulf War.



Andover scouting troops marched in Monday's parade. Here a group of Girl Scouts carry the colors in the parade.



Spectators needed shades.



Marching officials are, from left, Selectman Larry Larsen, State Sen. John O'Brien, D-Andover, Selectman Jerry Silverman, Selectman John Hess, Selectman Brian Major, State Rep. Barry Finegold, D-Andover, Town Manager Buzz Stapczynski and Selectman Bill Downs.



The Andover High School Marching Band and colorguard participated in the parade, as well as services at Spring Grove Cemetery.

SPORTS

Golden Warriors baseball team honored with No. 1 ranking

Meets, championship games for AHS

AHS SPORTS ROUNDUP

By Rick Harrison

Andover High track and field standouts Barbara Contos and Peter Ellis were the only double winners at the annual Merrimack Valley Conference Championship Meet.

Contos helped the Lady Warriors to a second-place team finish with victories in the triple jump and 100-meter high hurdles, while also anchoring the winning sprint relay team.

Defending All-State pole vault champion Ellis set a new meet record in that event, and won the 110-meter high hurdles in near-record time, to spark the AHS men to fourth place.

In baseball, Rollins-bound senior All-Scholastic candidate Brian Tisbert was voted Most Valuable Player of Merrimack Valley Conference Division I and the Golden Warriors nailed down both the league title and the Lawrence Invitational Tournament championship in the space of six days.

Their reward was a No. 1 ranking in this week's Eastern Mass. Division I Coaches Poll.

Both Merrimack Valley Conference champion AHS tennis teams were scheduled to begin play in the MIAA Division I North Tournament with first-round matches today at the Andover High courts (3:30 p.m.).

BASEBALL

Senior Captain Mark O'Sullivan fired a brilliant two-hit shutout, striking out 11, and the Andover High baseball team pushed across two runs in the bottom of the fifth to nip Methuen, 2-0, in the championship final of the 17th annual Lawrence Invitational Tournament before a large Memorial Day crowd at Mark Devlin Field.

It was the eighth time in the last 10 years, and the fourth time in current Coach Ken Maglio's tenure, that the Golden Warriors have won the Lawrence tourney title.

The Golden Warriors battled to the championship final with a 16-6 victory over Tewksbury in the quarterfinal round, and an 18-1 romp over host Lawrence in the semifinals the following night.

Prior to the tourney, AHS wrapped up sole possession of its fifth Merrimack Valley Conference Division I/Large School championship since 1991.

Schedule

Andover, playing for the best seed possible in the upcoming MIAA Division I North Tournament, wrapped up the regular season with a pair of non-league road games yesterday at Peabody and this afternoon at Revere (both teams 11-8).

Andover entered the Peabody game with a 16-2 overall record, and a 10-game win streak.

The tourney pairings are scheduled to be released next Monday with AHS among the top seeds, along with Greater Boston League power Arlington, Chelmsford (17-3), Lowell (16-4)

and St. John's Prep of Danvers.

Tisbert, O'Sullivan MVPs

Senior shortstop/pitcher and Captain Brian Tisbert was voted Most Valuable Player in Division I of the Merrimack Valley Conference, while Ken Maglio was named Division I Coach of the Year after directing the Golden Warriors to another league title.

Three AHS players were selected to the 1997 All-Conference squad, with junior pitcher/center fielder and Captain Jason Caverly and senior left fielder/pitcher and Captain Mark O'Sullivan joining Tisbert on the elite 14-player team.

Junior second baseman Rob Oppenheim and senior first baseman Steve Vickers were also chosen for the MVC All-Star team.

These five players will represent Andover in next Monday's annual MVC versus Middlesex League Division I All-Star Game scheduled for 7 p.m. at Alumni Field in Lowell.

In the Lawrence Invitational Tournament, O'Sullivan nailed down the Most Valuable Player Award with his brilliant pitching effort in the title game.

LAWRENCE INVITATIONAL TOURNAMENT

CHAMPIONSHIP GAME

Andover 2

Methuen 0

Methuen (9-11), which needed this victory to qualify for the MIAA Division I North Tournament, played the Golden Warriors very tough.

MVP O'Sullivan, who improved to 3-0 with the two-hit, 11-strikeout masterpiece, had to be at his best with Methuen hurler L.J. Grasso countering with a sharp three-hitter, four walks and four strikeouts.

"This was a great game for us in terms of preparation for the (MIAA) tournament," said coach Maglio. "It was a pressure game. We couldn't afford to make mistakes and we didn't."

"I don't know if the No. 1 ranking put any extra 'heat' on our kids, but if it did they certainly responded well."

The O'Sullivan-Grasso pitchers' duel was finally broken up in the fifth.

Joe Maglio started the game's only rally with a one-out walk, and Rob Busby kept things going with a sharp single up the middle.

With runners at the corners Methuen drew the infield in on the grass, and Rob Oppenheim responded to the sound strategy by looping an RBI single to shallow right field.

Busby moved to third on the hit, and moments later scored the insurance run when Jason Caverly laid down a perfect suicide squeeze bunt and beat it out for a single.

Those were the only three Andover hits.

Methuen, which managed only a single in the fourth and bunt single in the sixth, produced its only major threat in the sixth.

The Rangers loaded the bases with one out on an error, bunt single and walk, but O'Sullivan bore down to escape the jam with a strikeout and groundout to first baseman Steve

Vickers.

O'Sullivan also picked a runner off second base, and center fielder Caverly gunned down another Methuen runner at third as he tried to take an extra base.

The game started 30 minutes late (8 p.m.) because the preceding consolation game developed into a marathon slugfest, eventually won by Lawrence, 18-17 over North Andover.

Quarterfinal

Andover 16

Tewksbury 6

Scott Petersen belted a pair of home runs, one inside-the-park and one over the fence, and Mark O'Sullivan drove in four runs with three hits as the Golden Warriors rolled over the Redmen in a rematch of last year's tournament title game (won by Andover, 2-1).

The Golden Warriors, reaching double figures for the 10th time and stretching their win streak to nine games, pounded out 17 hits and broke open a close (5-4) game with two runs in the fourth, three in the fifth and six in the bottom of the sixth at Mark Devlin Field.

Senior lefthander Rob Busby (4-1) collected the pitching victory with six innings of five-hit work. Busby fanned seven, walked three and allowed three earned runs.

Jason Daley pitched the seventh, yielding one hit and walking one.

In the AHS first Jason Caverly reached on a one-out error and stole second. Brian Tisbert singled, sending Caverly to third, and Tisbert then stole second. Steve Vickers chased home the run with a sacrifice fly to center.

The Golden Warriors erased a 2-1 deficit with four runs in the second. Ryan Hanigan walked, Joe Maglio singled to left, and Caverly started the scoring with a two-out RBI double to right.

Tisbert walked to load the bases, Vickers was hit by a pitch to force home a run, and O'Sullivan collected his first two ribbies with a single to center.

Clinging to the 5-4 lead in the fourth, the locals found some breathing room when Tisbert walked, Vickers singled to left, O'Sullivan hammered an RBI double to right, Ben Gibson walked and Hanigan hoisted a sac-fly to make it 7-4.

Petersen opened the fifth with a long fly ball that eluded Tewksbury outfielder Ron Heald, who crashed into the fence while trying to make the catch. Heald suffered a bruised shoulder on the play while Petersen circled the bases for an inside-the-park home run.

Caverly lashed a one-out single to left, Tisbert singled to center, and walks to Vickers O'Sullivan (RBI) and Hanigan (RBI) forced in two runs for a 10-4 cushion.

The six-run sixth broke Tewksbury's back, and once again it was Petersen launching the rally with a home run. This one, his second and the team's 11th this spring, cleared the left field fence.

Rob Oppenheim followed with a single, Tisbert clouted a run-scoring

Andover Warrior Summer Baseball School beginning June 30

The fourth annual Andover Warrior Summer Baseball School will be held in four different sessions, beginning June 30, at Andover West Middle School.

The camp is open to all youngsters, ages 7-15 years, from any town.

The sessions will run June 30-July 3, July 7-11, July 14-18 and July 21-25.

Daily individual instruction, with all fundamentals of hitting, bunting, fielding, throwing, catching, pitching and baserunning stressed, will begin at 8:30 a.m. and end at 2 p.m.

Camp features include daily games, drill stations, evaluations, grouping by age and awards.

On rainy days the camp will move indoors to the Andover High field house.

The camp is run by the Andover High varsity coaching staff, along with past and present AHS baseball players.

The cost is \$110 per session, with a \$10 discount for those attending any two sessions and a \$25 discount for those attending any three sessions. Enrollment is limited so campers are encouraged to apply early.

For further information contact camp director Ken Maglio at 623-8709, or 623-8570.

triple to right field, and when Vickers grounder was booted Tisbert clattered across the plate.

O'Sullivan spanked an RBI single, Dan Gosselin rapped a pinch-hit RBI double to left, and pinch-hitter Jack Glazebrook laced an RBI single to center.

Caverly, Tisbert and O'Sullivan finished with three hits each, while Petersen and Maglio contributed two safeties apiece.

Tisbert scored four runs, Caverly three, Vickers two and Petersen two.

Second baseman Oppenheim led the defensive effort by starting a pair of 4-6-3 double plays completed by Tisbert and Vickers.

SEMIFINAL

Andover 18

Lawrence 1

Brian Tisbert's two-run homer in the first inning, which took about two seconds to clear the left field fence, turned out to be all the offense necessary as the Golden Warriors hit double figures for the 10th time this spring while rolling to their 10th straight win and a berth in the title game against Methuen.

Southpaw Jason Caverly boosted his record to 6-1, having no trouble staying focused despite the lopsided score as he finished with a five-hitter, seven strikeouts and once again no walks over five innings.

AHS scored in every inning except the second, and put together a pair of five-run uprisings in the third and fifth.

The locals clubbed three homers in all, hiking their season total to 14, as Steve Vickers belted a grand slam in the fifth and Ryan Hanigan capped the offense with a two-run blast in the seventh.

For Vickers, who parked one on the West Middle School roof earlier this spring, it was the second home run and for Hanigan his first.

Contributing two hits each to the assault were Caverly, Tisbert, Vickers and Dan Gosselin, while Scott Petersen and Hanigan added one apiece.

Several Lancer errors also added to the mayhem, with six of the AHS runs unearned.

Vickers scored four runs, Tisbert three, Caverly two, Gosselin two and Rob Busby a pair to lead the winners on the basepaths.

Chalking up one RBI each were Jeff Scott, Jack Glazebrook, Busby and Petersen.

Vickers was also a defensive standout at first base.

"It was the best all-around game Steve has played this season," said Maglio.

Andover 6

Central Catholic 3

The Golden Warriors officially clinched their second straight MVC Division I championship, and the fifth since 1991, with this victory over host Central at the Merrimack College field.

The locals jumped to a 5-0 third-inning lead and then hung tough, with starting pitcher Mark O'Sullivan and reliever Brian Tisbert combining for a seven-hitter.

O'Sullivan (2-0) worked the first 5 1/3 innings, tiring in the sixth after yielding six hits, walking four and striking out five.

Tisbert earned his second save with 1 2/3 frames of one-hit, shutout relief.

AHS inched ahead 1-0 in the first when Jason Caverly, who finished the game 4-for-4 to boost his average to .486, laced a one-out single, stole second and scored when Steve Vickers' infield grounder was misplayed.

The lead jumped to 3-0 in the second. Scott Petersen singled and stole second, Joe Maglio drew a one-out walk, and both runners advanced on a wild pitch. Rob Busby plated Petersen on a suicide squeeze, and Caverly ripped a two-out single to right field rescuing the second run.

In the third Vickers singled to right, Mark O'Sullivan belted an RBI double to center, and O'Sullivan came around on two passed balls.

Central chipped away with a run in the bottom of the third and two more in the sixth, cutting the deficit to 5-3.

Andover added an insurance run in the seventh when Caverly singled, stole second and raced across on Tisbert's single to center.

Tisbert retired the Raiders 1-2-3 in the seventh to preserve the win, with sophomore second baseman Ryan Hanigan getting the assist on all three groundouts.

(Continued on page 45)

AHS SPORTS ROUNDUP

(Continued from page 44)

WOMEN'S TRACK

Barbara Contos had a direct hand in 30 of the points, placing first in two events and anchoring a victorious relay team, as the Andover High women's track team finished second in the annual Merrimack Valley Conference Championship Meet at Chelmsford High.

The Lady Warriors return to action this Saturday in the State Class A Championship Meet at Boston College High.

Andover, usually in Class B, was bumped up because of an increased school population.

MVC Championship Meet

The Andover women, who have won this meet numerous times including last year when they edged Methuen by one point, scored 91% points as runner-up to Tewksbury which won convincingly with 106% points.

Methuen was third with 87%, and the rest of the field lingered well behind as evidenced by fourth-place Chelmsford's 41 points.

Contos was the only double winner in the girls' division, topping the field in both the triple jump (personal-best 33'7") and 100-meter high hurdles (16.0).

The triple jump was a career high by more than a foot, and the hurdles triumph was a gritty come-from-behind performance.

"Barbara's feet weren't even set in the blocks when the starter's gun went off," said assistant AHS coach Art Iworsley. "I guess he (starter) was in a hurry. Barbara moved up from fourth to second place late in the race, and when the leader stumbled over the final hurdle Barbara caught and passed her at the wire."

"It was a disastrous start but it all worked out in the end."

Other members of the winning 4x100 meter sprint relay team were Courtney Barron, Nolia Hill and Beth Har (52.4).

Kristen Munson also pulled off an impressive victory in the two-mile with an 11:55 clocking.

Barron added a second place in the triple jump with a 32'10 1/2" leap.

Thirds were taken by miler Katherine Blais (personal-best 5:29.6), two-miler Pam Muller (12:37.3), long jumper Jenn Mann (15'3"), high jumper Stephanie Brown (5'0") and the 4x800 meter relay team (10:32.2).

Finishing fourth for AHS were shot putter Nikki Shoemaker (30'4"), Janice Coppolino (discus, 91-8), Hill (200 meters, 27.2) and the 4x400 meter relay team (4:25.5).

Capturing fifth places were high jumper Erin Harris (4'10") and pole vaulter Emily Wooten (6'0").

Completing the scorers in sixth place was sprinter Kacie Dexter (400 meters, 67.1).

Andover 101 Central Catholic 30

The title-clinching triumph featured a double win by Stephanie Brown and sweeps of the triple jump, shot put, discus and 100-meter dash.

The champs outscored Central 42-12 in the field events and 59-18 in the running events.

Brown placed first in both the high jump (5'2") and shot put (30'4"), while Janice Coppolino added a first in the discus and second in the shot.

Barbara Contos contributed a vic-

tory in the 100-meter high hurdles (15.7), a third in the triple jump (30'10 1/2"), and she also anchored the victorious 4x100 meter sprint relay.

Other members of the relay team, which produced a season-best 52.9 clocking, were Courtney Barron, Nolia Hill and Beth Har.

Barron added a first place in the triple jump (32' 8") and third in the long jump (14'2"), while Hill won the 100-meter dash (personal-best 13.0) and Har was third in the 100 dash (13.8).

Completing the list of AHS winners were long jumper Jenn Mann (15' 1 1/2"), Kacie Dexter (400 meters, personal-best 63.9), Katherine Blais who ran the 800 meters for the first time this spring (2:29.5), miler Abby Clarke (personal-best 5:56.2) and two-miler Kristen Munson (12:13.1).

Erin Harris was runner-up in both the high jump (4'10") and triple jump (30'11 1/2"), while Michelle Mills was second in the discus.

Placing second in running events were hurdlers Megan Munroe (100-meter highs, 17.4) and Shannon Callahan-Higgins (300-meter intermediates, 53.1), Chiddima Ibe (100 meters, 13.6), Jen Lambert (200 meters, 28.1), Allison Corey (400 meters, 64.9), miler Meghan Roth (6:09.2) and two-miler Pam Muller (12:43.3).

Other third-place finishers were shot putter Nikki Shoemaker, Andrea Zizzo (javelin), Munroe (200 meters, 28.1) and Jocelyn Gould (800 meters, 2:35.7).

Andover 104 Dracut 32

Stephanie Brown was again a double winner in the dual-meet finale at Dracut High on Tuesday, as the MVC Division I champs placed first in 12 of the 16 events and swept the shot put, discus and mile.

The Lady Warriors held a 42-12 scoring edge in the field events and a 62-20 advantage in the running events.

Brown once again was tops in the high jump (4'10") and shot put (31'1").

Janice Coppolino won the discus toss (85'3") and finished second in the shot put (29'9"), while Nikki Shoemaker completed the shot put (29'4") and discus sweeps with a pair of third-place finishes.

Other AHS winners were triple jumper Courtney Barron (31'2"), 100-meter hurdler Barbara Contos (15.8), 300-meter hurdler Shannon Callahan-Higgins (54.3), Megan Munroe (200 meters, 28.6), Allison Corey (400 meters, 66.6), Jocelyn Gould (800 meters, 2:40.5), miler Katherine Blais (5:34.1) and two-miler Kristen Munson (12:07).

The 4x100 meter sprint relay team of Barron, Nolia Hill, Beth Har and Barbara Contos was also victorious (52.7).

Placing second in the field events were high jumper Lexi Contos (4'10"), long jumper Jenn Mann (14'6 1/2"), triple jumper Barbara Contos (30'5"), Michelle Mills (discus) and Andrea Zizzo (javelin, 81'2").

Munroe added a second in the 100-meter hurdles (17.4) and Nikki Sawyer was runner-up in the 300-meter intermediates (55.8).

Additional Andover seconds went to Hill (100 meters, personal-best 12.8), Lindsay Ravens (200 meters, 28.7), miler Abby Clarke (5:59.2) and two-miler Mary Burbank (12:59).

Completing the scoring by finishing third were Barron (long jump,

14'2 1/2"), Emily Wooten (javelin), Chiddima Ibe (100 meters, 13.4), Nikki Winters (400 meters, 67.8), Katie Murray (800 meters, 2:49.7) and miler Janel Ricci (6:09.3).

MEN'S TRACK

Peter Ellis pulled off the only double win in the men's division of the annual Merrimack Valley Conference Championship Meet at Chelmsford High, setting a meet record in the pole vault and capturing the 110-meter high hurdles race.

Andover settled for fourth place in the team standings.

The Golden Warriors travel to Boston College High on Saturday to compete in the State Class A Championship Meet.

MVC Championship Meet

Ellis, who recently smashed the school record in the pole vault by clearing 14'6," set a meet-record 14'0" as he remained undefeated in his signature event and stayed on course to defend his All-State championship.

His 14.8 clocking for first place in the 110-meter hurdles was just off the meet record of 14.7.

Andover finished with 75 points overall, well behind champion Haverhill (102), runner-up Central Catholic (99%) and third place Tewksbury (88%).

Joining Ellis with outstanding personal-best gold medal efforts were Matt Muench, who unleashed a winning 141'1" toss in the discus, and ever-improving miler Matt Herling who broke the tape in 4:30.2.

Placing second was the 4x100 meter relay team (44.8).

Earning fourth place were two-miler Todd Collins (10:09.0), sprinter Adam Espinola (100 meters, 11.4) and the 4x400 meter relay team (3:38.2).

Fifths were garnered by Donnie Pattullo (800 meters, 2:02.4), Ethan Murphy (100 meters, 11.5) and the 4x800 meter relay team (8:44.0).

Completing the AHS scoring in sixth were long jumper Mike Orlandella (18'4"), Craig Hartwell (javelin, 158'3 1/2") and Josh Murphy (200 meters, 23.7).

Central Catholic 91 Andover 54

Peter Ellis was a triple winner for the sixth time this spring, but the locals managed only four other victories and were shut out by CCHS in the triple jump, shot put, javelin and relays.

Ellis tied his personal-best time in the 110-meter high hurdles (14.7), cleared 13 feet in the pole vault, and scaled the high jump bar at 5'10."

Other first place finishers were Matt Muench (discus, 132'4"), Donnie Pattullo (800 meters, 2:06.3), miler Matt Herling (4:41.1) and two-miler Todd Collins (10:23.0).

Chalking up second places were Craig Hartwell (discus, 122'11"), pole vaulter Long Dang (10'6"), Matt Spitzer (400 meters, 53.5) and miler Gregg Stamm (4:54.1).

Earning thirds were long jumper Mike Orlandella (18'5"), 300-meter hurdler Phil Ayoub (42.9), Adam Espinola (100 meters, 11.5), Josh Murphy (200 meters, 23.7), Hasan Erdem (400 meters, 53.9) and two-miler Chris Rillahan (personal-best 10:36.1).

Andover 119 Dracut 26

The locals placed first in 12 of the 17 events, sparked by a double win

from Craig Hartwell, and swept the high jump, pole vault, javelin, 110-meter high hurdles, 400 meters, 800 meters and mile run.

Andover enjoyed a 51-12 scoring edge in the field events and a 68-14 advantage in the running events.

Hartwell threw the javelin 158'2" and ran the 300-meter intermediate hurdles in 44.0 for his two victories. He also placed second in the discus (124'5") to complete a 13-point afternoon.

Peter Ellis competed in only one event, the 110-meter high hurdles, and placed first (15.6).

Other individual AHS winners were high jumpers Ethan Murphy and Mike Orlandella, who tied for the top, pole vaulter Phil DiBlaise (9'6"), triple jumper Jeremy Spiegel (36'5"), Matt Muench in the discus (personal-best 139'2"), Hasan Erdem (400 meters, 55.1), Donnie Pattullo (800 meters, 2:09), miler Matt Herling (4:40.2) and two-miler Todd Collins (10:35.2).

Andover also won the 4x100 meter sprint relay with Brent Sinowsky, Matt Aufiero, Josh Murphy and Adam Espinola (45.9).

Josh Murphy added a second in the 200 meters (23.1), third in the 100 dash (11.1) and third in the javelin (142'11"), while Long Dang placed third in the pole vault (8'6"), 110-meter hurdles (16.9) and 300-meter hurdles (44.5).

Other runners-up were pole vaulter Mark Herling (9'0"), long jumper Chris Drizen (18'6"), triple jumper Eric Lambert (34'7 1/2"), shot putter Tom DiLiegro (42'10"), Mike Scarpula (javelin, 149'9"), 110-meter hurdler Dave Nassiff (15.9), Espinola (100, personal-best 10.9), Mike Garrity (400 meters, 55.3), senior Greg LaFlamme (800 meters, 2:15), miler Greg Stamm (5:00.3) and two-miler Chris Rillahan (10:43.3).

Additional thirds went to high jumper Nick Kline, Orlandella in the long jump (18' 1 1/2"), Muench in the shot put (41'9"), Ethan Murphy (200 meters, 23.9), Brian Nadeau (400 meters, 57.4), junior Matt Bausemer (800 meters, 2:16) and miler Sean Higgins (5:07.1).

MEN'S VOLLEYBALL

The Andover High men's volleyball team completed a 14-6 regular season by stretching its win streak through five matches with Merrimack Valley Conference victories over Lowell (2-0) and Dracut (2-1).

The Golden Warriors, who hosted the inaugural MVC All-Star Game last night, qualified for the State Tournament for the seventh time in nine years.

Tourney pairings were scheduled to be released today. Nine teams were expected to qualify, and AHS should open play in the North Sectionals with a quarterfinal round match early next week.

The Andover JVs, with wins over Lowell and Dracut, completed a 16-1 season and became the first AHS junior varsity team ever to finish undefeated in league play (16-0).

Danis All-Conference

Junior middle hitter Jeff Danis, a basketball standout who never played organized volleyball before this spring, was one of 10 players from the 10 member schools voted to the 1997 MVC All-Conference team.

Two other Andover athletes, senior outside hitter Zach Gray and junior middle back Matt Rogers, were selected to the league All-Star squad.

Those three represented AHS at last night's All-Star Game, although Gray's availability was questionable because of an ankle injury that forced him to miss the last three regular season matches.

Andover 2 Dracut 1

There were several momentum shifts in the pre-tournament finale, as Andover coasted to a 15-3 first-game win, dropped the second game, 11-13, and then bounced back for a 15-7 triumph in the rubber game.

"Our guys looked great in the opener, fell asleep in game two, and then came back tough in the final game because they were ticked off," said coach George Sullivan.

Jeff Danis finished with his automatic eight kills and senior Captain Shaun Connors added five.

"I thought Jeff had eight kills in the first game alone," said Sullivan. "He was really hitting hard."

Sophomore Ben Mertes and Dave Nichols combined for five kills, junior Peter Maguire was a defensive standout, and junior Jack Nolan contributed a hustling effort.

JVs perfect

The Andover JVs capped the perfect league season with their 16th straight MVC victory, a 2-0 sweep by game scores of 15-7 and 15-6.

Freshmen Kevin Hess and Ryan Slavin had three kills each and were outstanding as both hitters and defenders.

Junior Mike Monteiro contributed a strong defensive effort, sophomore Joel Rybicki played solid back-court defense and freshman Pat Hogarty had three kills and four blocks.

Completing the balanced performance with solid all-around efforts were sophomores Jim Newell and Mike Johnson.

Andover 2 Lowell 0

This one wasn't as easy as the final score indicates, the Golden Warriors rallying from a 10-1 first game deficit to win, 15-12, and then squandering an early 6-1 lead before pulling out the second game, 15-13.

"There were some wild momentum shifts and unbelievable action on both sides of the net," said coach Sullivan. "We couldn't seem to get going in the first game, but once we got untracked the kids played great. Jeff Danis was really hammering the ball."

Danis finished the match with 10 kills, while Shaun Connors contributed what Sullivan termed "devastating defense" with five pancakes (diving saves).

Also keying the win over the host Red Raiders were Ben Mertes, Jack Nolan, David An and David Nichols (three kills).

The AHS junior varsity won the prelim, 2-1, erasing an 8-0 first-game deficit to win, 15-9, before dropping the second game, 6-15, and winning the third, 15-10.

Leading the way were junior Matt Gilmore (10 kills), Ryan Slavin (six kills), Jim Newell (five kills), Mike Johnson (defense) and Mike Monteiro (defense, hitting).

MEN'S TENNIS

The AHS netmen are seeded third in the single-elimination MIAA Division I North Tournament, and they open play this afternoon, Thursday, when they host Middlesex League member Melrose (12-6) in a first round match at the Andover High

(Continued on page 46)

SPORTSTALK

By Rick Harrison

This column, compiled from information supplied by the colleges or by friends and relatives of the student-athletes, youth standouts and coaches involved, is published periodically in the Townsman. Information may be mailed to the office at 33 Chestnut St., Andover, 01810, or fax it to 470-2819.

Andover native **Brad Batchelder** had the thrill of his high school baseball career earlier this month when he pitched and batted his Austin Prep team to a 2-0 victory over Westford Academy on Doubleday Field at the Baseball Hall of Fame in Cooperstown, N.Y.

Batchelder, a senior pitcher/second baseman, boosted his record to 3-2 with the two-hit shutout on the storied Coopers-town diamond.

Batchelder also ripped a double to chase home one of the Cougars' runs.

Paul McNeice of Andover, a freshman at Babson College and a 1996 Andover High graduate, received the Colin "Chip" Brown Award at the school's 16th annual Athletics Awards Banquet in Wellesley.

The award is given in memory of Brown, a for-

mer Babson athlete who died during his freshman year at the college in 1968. Brown was a member of the soccer and swim teams, and the award is presented to the Babson freshman who embodies Brown's "unselfish attitude, determination and 'team-first' mentality, which made him the consummate team player."

McNeice was a factor on the men's varsity basketball team this past season, as the Beavers narrowly missed a third consecutive NCAA Tournament bid with a loss to Springfield in the Constitution Athletic Conference championship.

The 6'5", 205-pound McNeice played in all 28 Babson games, scoring 60 points and grabbing 46 rebounds while averaging nine minutes off the bench.

He scored a career-high nine points twice in regular season losses to Springfield and Clark University.

"Paul was the first one in the gym and the last to leave every day," said Babson head coach Stephen Brennan, who

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Pirates	3	5	.375
Cardinals	1	7	.125

owns a two-year record of 41-17. "He was concerned about the team's welfare as well as his own personal growth. He was a model citizen whose hard work and determination was rewarded with considerable minutes."

Lisa Tisbert and **Taylor Traub** of Andover were key players for the Mass. Xplosion softball team that recently won the National Softball Association 14-under division Fast-Pitch Tournament in Worcester.

Tisbert, an outfielder, played excellent defense throughout the tourney and went 4-for-11 at the plate (.364) while hitting for the cycle with a single, double, triple and home run. She also collected five RBI.

Traub played flawless defense at second base and went 5-for-11 (.455) with two extra base hits and four RBI.

The Xplosion is a 14-and-under AAU fast-pitch softball team made up of 13 girls from eight Massachusetts towns.

They played 30 games in the winter indoor league at Strike One in Burlington and compiled a 29-1 record to finish first in the 16-and-under division.

The Xplosion also won the 18-under championship at the Plattsburg Invitational Tournament in New York.

The win at Worcester qualifies the Mass Xplosion for the NSA Nationals scheduled for July in Chattanooga, Tenn.

Lynn Mazza of Andover is a standout member of the Cushing Academy women's varsity softball team this spring.

Recently Mazza worked six strong innings on the mound for the Ashburnham school, scattering six hits and striking out four as Cushing belted Williston-Northampton 18-5.

She followed that with a complete-game four-hitter and nine strikeouts as Cushing defeated Pomfret Academy, 13-3.

Last Saturday she struck out six and knocked in the eventual winning run as Cushing trimmed Worcester, 6-2.

The Amherst College baseball team recently concluded an outstanding 26-6 season, finishing as the No. 4 team in New

England and qualifying for the NCAA New England Regional Tournament.

(Continued on page 47)

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AHS SPORTS ROUNDUP

(Continued from page 45)
courts (3:30 p.m.).

The Golden Warriors (16-1), whose only regular season loss was to fellow tourney qualifier St. John's Prep (11-2), will meet up with Merrimack Valley Conference rival Central Catholic (13-2) in a quarterfinal round battle tomorrow afternoon at AHS if both win today.

Central pushed the locals to the limit twice this spring before Andover pulled out 3-2 victories.

Andover 4
Haverhill 1

The MVC champs swept the singles to key their second 4-1 triumph over the improved Hillies.

Ross Fenton stamped past Jack O'Wril 6-0, 6-1 at first singles, and Dave Sullivan blitzed Jimmy Rubero 6-0, 6-0 at third singles.

Dave Gutstein met resistance from Matt Anderson prior to posting a straight-set 6-3, 6-2 decision at second sin-

gles.

The final point came from the first doubles tandem of Alan Hibino and Evan Sideman, who rolled to a 6-1, 6-3 decision.

Brian Yoon and Pete Hughes were taken down at second doubles by the Haverhill duo of Brian Sheehan and Zack Eldridge, 6-2, 6-4.

SOFTBALL

The Lady Warriors' bats came alive down the homestretch, but the locals had trouble holding the opposition at bay as Lawrence, Methuen and Central Catholic all posted victories in Merrimack Valley Conference games.

MVC All-Stars

Batterymates Noelle Blank (pitcher) and Courtney Famiglietti (catcher) were voted to the Merrimack Valley Conference All-Star team earlier this week.

The two will represent Andover in the annual MVC All-Star Game.

North vs. South, next Monday night, June 2 under the lights at Southwell Field in Chelmsford (7 p.m.).

Lawrence 11
Andover 4

The Lady Warriors laced seven hits, and carried a 2-1 lead into the bottom of the fourth before the Lancers caught fire at Hayden-Schofield Playstead.

Lawrence rallied for six runs in the fourth and added four more for insurance in the sixth.

Sophomore Lisa Sawin and junior Andrea Buonaugorio sparked the AHS offense with two hits each, while solo safeties were laced by leadoff batter Courtney Famiglietti, junior Noelle Blank and freshman Lindsey Pearson.

Julie Litzenberger collected two RBI while junior Samantha Aufiero and Pearson added one each.

Pearson scored twice, Sawin once and Aufiero once.

Mary Vanderveer contributed three hits and two RBI for Lawrence, while Caroline Lahey added three safeties.

Central Catholic 12
Andover 7

The visiting Raiders rolled out to an 8-2 lead in the second inning, and increased the advantage to 12-4 before Andover rallied for three runs in the seventh at the West Middle School Field.

Six players contributed at least one hit each for

the Lady Warriors, with catcher Courtney Famiglietti lacing two and scoring one run.

Adding one safety each were Noelle Blank, Jen Murnane, Caitlin Dargan, Lisa Sawin and Michelle Carpentier.

Carrie Torrisi scored two runs while Famiglietti, Murnane, Dargan, Sawin and Andrea Buonaugorio each scored once.

Sawin and Dargan both collected an RBI for the locals.

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SPORTSTALK

(Continued from page 46)

Mike Sullivan of Andover was second on the Lord Jeffs in hitting with a hefty .413 average, lacing 38 hits in 92 at-bats and collecting 28 RBI.

Andover's **Hugh Quattlebaum**, a freshman and like Sullivan a Phillips Academy graduate, batted .291 with 30 hits in 103 at-bats and 18 RBI.

Sullivan ripped a three-run double to help key a 12-6 late-season victory over Little Three archrival Williams College, and in the New England Regionals he belted a two-run homer against Eastern Connecticut State.

Quattlebaum laced an RBI double against Southern Maine in the tourney, and added a three-run homer (first of rookie season) in the Eastern Connecticut game.

Amherst beat top-seeded Brandeis 8-3 in its tourney opener, but then lost to Southern Maine, 23-3, and to Eastern Connecticut, 16-12, to bow out.

Jeff Lembo of Andover contributed two doubles, one single and three RBI to the Assumption College baseball team's attack, but it wasn't enough as the Greyhounds dropped a 13-10 Northeast-10 Conference decision to visiting Bentley College.

Junior third baseman Lembo came back the next day to hit two home runs in the same game for the first time in his collegiate career, helping power Assumption past St. Anselm College 26-8.

Lembo belted a three-run homer in the seven-run third inning, added an RBI single in the nine-run fourth, and socked a solo home run in the fifth.

The homers were his career-best fifth and sixth of the season.

For his efforts, Lembo was named to the Northeast-10 Conference Weekly Honor Roll after batting .643 (9 for 14) with 13 RBI, five runs scored, two homers and two doubles in a three-game stretch.

Assumption finished the regular season at 13-11 in the conference and

Clarification

David Puleo is also a coach for the Under-12 lacrosse team in Andover. Due to inaccurate information given to the *Townsmen*, in a photo caption on page 1 in last week's paper, his name was left off the list of coaches.

20-17 overall, missing the NE-10 playoffs by a half-game despite posting its first winning record since 1993 and thrashing New England's top Division 2 team, UMass-Lowell, 15-6 in the finale.

Nicole Brooks of Andover, a sophomore at Massachusetts Maritime Academy in Buzzards Bay, is a member of the

school's varsity crew team.

MMA's women's varsity four, with Brooks in the No. 1 seat, finished sixth in a field of 13 at the recent UMass-Lowell Regatta on the Merrimack River.

Union College freshman attack **Abby Harris** of Andover, a graduate of Phillips Academy, scored 16 goals in 12 games as the women's lacrosse team completed its season with a 5-7 record.

Harris added one

assist and finished third on the team in scoring.

Two other Andover residents are also on the

Union lac squad, sophomore defender **Sarah Moss** and freshman defender **Katie Hayes**.

Moss, a returning varsity letterwinner and graduate of Middlesex School in Concord, and

Hayes, a graduate of Brooks School in North Andover, scored one goal each.



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BUSINESS PROFILES



From left, Jamie Boudreau, Christos Varitimos, Doug Smith, Matt Guay and Craig Nuttall

NetWay

NetWay, an Internet service provider (ISP) in North Andover, provides the highest quality Internet access for both individuals and businesses. Less than two years old, NetWay doubled its local-calling service area in just the last five months, and is currently rated the number one ISP in Massachusetts by cnet. More than 50 percent of NetWay's customers come from referrals, "which says a lot about our services," says Douglas L. Smith, NetWay CEO.

For \$19.95 a month, NetWay customers get unlimited use of the Internet with no hourly charges - ever. Local phone numbers allow customers to connect without adding long distance charges. NetWay now provides local

calling access in Boston and 67 surrounding towns - south to Braintree, west to Marlboro and east to Topsfield - and plans to expand into southern New Hampshire later this year.

NetWay's new fiber-optic connection in North Andover increased the quality of incoming calls for the best possible connections. The company will be adding a second T-1 "pipeline" to the Internet by the end of June, doubling its capacity. The most frequently asked question lately is whether NetWay will support the new 56k-modem technology. "We should be 56k (Rockwell/ Lucent compatible) ready within two months," says Mr. Smith.

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Montessori Spring House & Garden Tour is Saturday

(Continued from page 27)

owner of the home is in the business of importing the custom design kitchens.

Throughout the home are different types of Rumford fireplaces. Tile, marble, brick, and limestone are used in the eight fireplaces. There are separate bedrooms for the husband and wife, which include their own dressing rooms and bathrooms. The wife's bathroom has an original needlepoint shower. Each bathroom has nickel fixtures and Czechoslovakian crystal pedestal sinks.

The list of original, unique fixtures goes on endlessly but, probably the most interesting aspect of the home is its history. Andover millionaire Maurice J. Curran built the home for his son, Maurice Curran Jr. Maurice J. Curran made his fortune with his partner, John Joyce, as proprietors of Cott's ginger ale, once located in Lawrence.

Later they divested themselves of the soda business and invested in Gillette safety razors. Shortly after their

investment, World War II drew in the American army which had just banned beards. All service personnel where issued Gillette razors and a trend was on. The Curran and Joyce business was very successful.

His fortune secure, the Andover socialite built his son's home, Greencourt. His son moved in with his wife but divorced shortly thereafter and married a French singer and beauty salon owner from Lawrence, Yvonne Blanchette. She brought three children into Greencourt and added life, music and fun to the dark mansion. Come and explore!

After Greencourt, visit the Pearce Estate, formerly known as the "Philip Roland French Estate," commonly referred to as the pink house on the corner of Main and Bancroft. Originally owned by Philip and Clara Belle French at the turn of the century, the original plot extended all the way to Holt Road. The plot can be traced back as far as the 1600s.

Warmth and romance exude from this family home. Light pink stucco and sea-blue shutters adorn this cottage plucked from the French countryside. You can almost hear the Mediterranean sea splashing if you close your eyes and feel the essence of the home. The grounds include a three-story home, three-stall garage, guest cottage, free-form pool and cabana.

The elegant interior is adorned by natural light streaming through full bay windows which surround the house. Tasseled toile curtains, tiled fireplaces and gleaming hardwood maple floors are some of the many personal touches. All the bedrooms and the cottage (once the gardener's home) are connected by a phone system that begins on the third-floor maid's room. The library has three walls with built-in book cases and cabinets.

Sheer pleasure strikes the heart of even the most humble cook when one enters the kitchen. The expansive pink

granite counter tops and center island are the focal point of the kitchen. Custom maple cabinets with glass doors layer every wall, along with a built-in china cabinet. A stainless-steel, commercial-size Viking cooktop with six burners plus an open grill (which can be converted into two more burners) grounds the kitchen. There is also a top-of-the-line, sub-zero refrigerator. This is the kitchen to see if you are even toying with the idea of remodeling.

At the end of the tour of the

Toying with the idea of remodeling? This is the kitchen to see.

Pearce Estate, Ms Williams, author of *Potpourri and Fragrant Crafts*, and one-time garden store-owner in Andover, will have a book-signing and give a lecture. If you have ever wondered what these homes looked like on the inside, or if you need some decorating and gardening ideas, come and enjoy yourself.

BUSINESS PROFILES



Andover Plumbing and Heating Company Inc. staff includes, in front, from left, owners George LaRose and Herb Haigh and, in back from left, Mark Horne, Shawn McCusker, Ryan Jalbert, Chip Guild, Michael Breen and Alan Freeman.

Andover Plumbing and Heating Company Inc.

Andover Plumbing and Heating Company Inc. has expanded its range of services by adding an in-house carpenter and general contractor to its staff. Norman "Chip" Guild of Andover has 18 years experience in carpentry and all phases of construction. His expertise allows Andover Plumbing and Heating to provide general contracting services for complete additions and renovations.

For more than 50 years Andover Plumbing and Heating Company Inc. has built a solid reputation of providing all plumbing and heating needs with a well trained, efficient and polite staff who practice clean work habits. Owners Herb Haigh

and George LaRose would appreciate the opportunity to earn your confidence as well.

Andover Plumbing and Heating Company Inc. is a full service, customer-oriented company. They carry a large inventory of energy-saving supplies, water heaters and boilers. Their heating experts are available for advice and installation of energy-conserving equipment.

Using the finest Kohler products, they can remodel existing bathrooms or install new ones. With Mr. Guild on board, they now provide all addition and renovation contracting services under one roof. They can accommodate both residential

and commercial customers, from the smallest job to the complete construction of new rooms with all new plumbing and heating lines and services. And they will still do even the smallest jobs, such as unplugging toilets and fishing diamonds out of drain traps.

Andover Plumbing and Heating Company Inc. is located at 573 1/2 South Union Street, Lawrence (near the Andover line, next to the Registry of Motor Vehicles). Usual office hours are 7 a.m. to 4:30 p.m. Twenty-four hour emergency service is always available for their customers. Telephones: 475-5121 and 685-8383. 5/29/97

BUSINESS PROFILES



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BUSINESS PROFILES



The staff at Eastern Garage Door in Lawrence

Eastern Garage Door

Eastern Garage Door has been in business serving New England for 46 years. Its longevity is due to an excellent reputation in installation and service to customers. Their business is primarily garage doors, although they handle overhead, rolling, fire and security doors, radio controls, dock seals and bumpers and door operators. They are Wayne Dalton distributors.

Security and safety are major factors with their products. They offer slat, mesh, rolling mall grills, counter shutters, window grates, rolling service doors and automatic fire doors. Scissor grilles combine beauty, security and

design flexibility. They also have the new Wayne Dalton pinch-resistant garage doors that keep children's fingers out of harm's way.

Eastern Garage Door can replace an old or damaged garage door in two to three hours, and for as little as \$400. An automatic garage door opener can be installed for as little as \$270.

Garage doors come in a variety of designs in wood, fiberglass and the most popular and virtually maintenance free - steel. The garage door is the largest and most frequently used part of a house. Electric door openers are designed for dependability and

long service. Federal law requires that all new homes have a photo electric cell for protection in the event that the garage door is obstructed from closing.

Eastern Garage Door has a full sales and service crew. They will help you assess your needs, at your home or in their showroom, and offer appropriate solutions. Free estimates are available. They offer 24-hour emergency service.

Eastern Garage Door's showroom is located at 45 South Canal Street, Lawrence. Hours are Monday-Friday 7:30 a.m. to 5 p.m. Telephone: 683-3158 or (800) 766-6012. 5/29/97

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CLASSIFIEDS

Notice is hereby given that a public hearing will be con-

Notice is hereby given that a public hearing will be convened on Tuesday, June 10, 1997, at 8 :30 p.m., in the Third Floor Conference Room, Town Office Building, Bartlet Street, on an application made by Rose-Cliff Realty Trust for a Spe-

DANIEL S. CASPER,
CHAIRMAN
BOARD OF APPEALS
May 22 & 29, 1997

Notice is hereby given that a public hearing will be convened on Tuesday, June 10, 1997, at 9:30 p.m., on the matter of a proposed application for a special permit for multi-family dwelling construction from the Zoning Board of Appeals involving property located at 66 Poor Street owned by Mark Conserva, formerly owned by Jorge and Susan Schwarz, said hearing to determine whether a new application anticipated to be filed by the property owner is substantially different from a previous application which had been denied by the Zoning Board of Appeals.

Pamela Casey O'Brien
Register of Probate
May 29, 1997

Pamela Casey O'Brien
Register of Probate
May 29, 1997

**OFFICE OF THE
BOARD OF APPEALS
NOTICE OF HEARING**

A public hearing will be held in MEMORIAL HALL LIBRARY, SECOND FLOOR, in MEMORIAL HALL, ELM SQUARE, ANDOVER, on THURSDAY, JUNE 5, 1997 AT 6:00 P.M. on the petition of PAUL J. FINGER & LESLIE HECHE-FINGER, 34A Summer Street, Andover, Ma. for a variance from the requirements of Article VIII, Section V.A. of the Zoning By-Law to allow the construction of a canopy which will protrude into the front yard setback.

Premises affected are located at 3 HOWELL DRIVE, Andover, Ma. in a Single Residence A District and is shown on Assessor's Map 21 as Lot 63A.

DANIEL S. CASPER,
CHAIRMAN
BOARD OF APPEALS
May 22 & 29, 1997

**OFFICE OF THE
BOARD OF APPEALS
NOTICE OF HEARING**

A public hearing will be held in MEMORIAL HALL LIBRARY, SECOND FLOOR, in MEMORIAL HALL, ELM SQUARE, ANDOVER, on THURSDAY, JUNE 5, 1997 AT 6:00 P.M. on the petition of WILLIAM BARRETT HOMES, Inc., 1049 Turnpike Street, No. Andover, Ma. for a variance from the requirements of Article VIII, Section V.A. of the Zoning By-Law to allow the continued existence of a single family residence which does not meet the front yard setback.

Premises affected are located at 140 HIDDEN ROAD, Andover, Ma. in a Single Residence B District and is shown on Assessor's Map 79 as Lot 26.

DANIEL S. CASPER,
CHAIRMAN
BOARD OF APPEALS
May 22 & 29, 1997

**OFFICE OF THE
BOARD OF APPEALS
NOTICE OF HEARING**

A public hearing will be held in MEMORIAL HALL LIBRARY, SECOND FLOOR, in MEMORIAL HALL, ELM SQUARE, ANDOVER, on THURSDAY, JUNE 5, 1997 AT 6:00 P.M. on the petition of DAVID A. & BETH M. C. PULEO, 5 Dumbarton Street, Andover, MA 01810 for a variance from the requirements of Article VIII, Section V.A. of the Zoning By-Law and/or a special permit under Article VIII, Section VII.A.1 of the Zoning By-Law to allow the construction of a deck to a pre-existing, non-conforming structure.

Premises affected are located at 5 DUMBARTON STREET, Andover, Ma. in a Single Residence A District and is shown on Assessor's Map 18 as Lot 78.

DANIEL S. CASPER,
CHAIRMAN
BOARD OF APPEALS
May 22 & 29, 1997

MORTGAGEE'S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale in a certain mortgage given by Brian J. Callery and Olga M. Callery to Ipswich Savings Bank dated September 21, 1994 and recorded with Essex North District Registry of Deeds in Book 4130, Page 122, of which mortgage the undersigned is the present holder, for breach of the conditions of said mortgage and for the purpose of foreclosing, the same will be sold at Public Auction at 10:00 O'CLOCK A.M. on the 25th day of June, 1997, at the premises below described being known as 32 Lincoln Circle West (also known as 11 Lillian Terrace), Andover, Essex County, Massachusetts all and singular the mortgaged premises described in said mortgage, as follows, to wit:

A certain parcel of land with the buildings thereon situated in said Andover, being shown as Lot No. 18 on plan entitled "Relocation of lot lines of Subdivision and Acceptance Plan, portion of Lincoln Circle, Andover, owned by Lillian H. Cussell, October 1958"; said plan being recorded in the North District of Essex Registry of Deeds as Plan No. 3742; said premises being more particularly bounded and described as follows:

NORTHERLY: one hundred and fifty and 50/100 feet by Lillian Terrace as shown on said plan;

NORTHEASTERLY: thirty one and 42/100 feet by the curve at the intersection of Lillian Terrace and Lincoln Circle West as shown on said plan;

EASTERLY: eighty feet by Lincoln Circle West as shown on said plan;

SOUTHERLY: one hundred sixty-one and 53/100 feet by Lot No. 21 on said plan; and

WESTERLY: one hundred and 67/100 feet by Lot No. 19 as shown on said plan.

Containing 16,568 square feet according to said plan.

Subject to restrictions of record which are now in force and applicable.

Being the same premises conveyed to the Grantors by deed dated September 21, 1994 recorded herewith.

TERMS OF SALE: TEN THOUSAND AND 00/100 DOLLARS (\$10,000.00) will be required to be paid in cash or by certified check by the purchaser at the time and place of sale. The balance of the purchase price is to be paid in cash or by certified check at a closing to be conducted no more than thirty (30) days after the date of the auction.

Other terms, if any, to be announced at the sale.

The mortgagee reserves the right to postpone the sale to a later date by public proclamation at the time and date appointed for the sale and to further postpone at any adjourned sale date by public proclamation at the time and date appointed for the adjourned sale date.

IPSWICH SAVINGS BANK
Present Holder of Said Mortgage
By its attorneys,
Tinti, Quinn, Grover & Frey, P.C.
222 Essex Street
Salem, Massachusetts 01970
(508) 745-8065

Dated: May 29, June 5, and June 12, 1997

**LEGAL NOTICE
NOTICE OF
PUBLIC HEARING
REQUEST FOR
RENEWAL OF THE
CABLE TELEVISION
LICENSE**

In accordance with M.G.L. Chapter 166A, Section 13 and 207 CMR 8.00 et. seq., a public hearing will be held on June 9, 1997 at 7:30 P.M. at the School Committee Meeting Room, School Administration Building, 36R Bartlett St., Andover on the renewal of the existing cable television license for the Town of Andover.

Town of Andover
Board of Selectmen
May 22 & 29, June 5, 1997

**COMMONWEALTH OF
MASSACHUSETTS
THE TRIAL COURT
THE PROBATE
AND FAMILY COURT
ESSEX DIVISION**

Docket No. 97P 1189-EP1
Estate of JOHN J. MC
ARDLE, JUNIOR late of
Andover in the County of
Essex.

NOTICE

A petition has been presented in the above-captioned matter praying that a certain instrument be probated purporting to be the last will and first codicil of said deceased by NANCY B. MC ARDLE, of Andover in the County of Essex, praying that she be appointed executrix thereof, without giving a surety on her bond.

If you desire to object to the allowance of said petition, you or your attorney should file a written appearance in said Court at Salem on or before 10:00 in the forenoon on June 23, 1997.

In addition you should file a written statement of objections to the petition, giving specific grounds therefore, within thirty (30) days after the return day (or such other time as the Court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

Witness, Edward J. Rockett, Esquire, First Justice of said Court at Salem, the twenty-third day of May in the year of our Lord one thousand nine hundred and ninety-seven.

Pamela Casey O'Brien
Register of Probate
May 29, 1997

Special Notices

★ ★ ★
CUT-A-THON- Sunday 6/8/97, 10:00am-2:00pm at Caprizzo Hair Design Inc., 836 Main Street, Tewksbury, MA. 508-640-0405. Located 1 mile south of Rte. 495, exit 38. **BENEFITING THE TRUST FOR LINDSEY** (Double lung transplant procedure). Complimentary food/drink. **HAIR CUTS \$10.00.**

Lost & Found

FOUND: Cockateil, near Ballardvale Road on May 23, 1997. Call 474-1801.

LOST: One year old male German Shepard in the vicinity of Reservation Road. **REWARD.** Call 508-475-3440.

Consignment Shops

WANTED SIZES 14 & up. Gently used women's clothing. Belladonna Consignments, 350 Rantoul Street, Beverly. Call 1-888-921-PLUS for more information.

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BUYING DOLLS, TOYS, trains, pedal cars, china, crystal, clocks, watches, jewelry, collectibles. Please call Millie or Vin Caliri. 685-8223.

Antiques & Collectibles

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ST. JUDE'S NOVENA: May the Sacred Heart of Jesus be praised, worshiped, glorified and preserved throughout the world, now and forever. St. Jude, worker of miracles, pray for us. Say this prayer 9 times a day, by the 8th day, your prayers will be answered. R.S.

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ASSEMBLY OF FURNITURE, gym sets, treadmills, home gyms, lawn and garden, toys, bicycles, etc. Assembly at your home. Former store assembler. 686-9813.

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AM-PM DUMP TRUCK Services. You call, we haul. We clean out attics, cellars, garages, also spring clean-ups. Fast service. Low prices. Fully insured. Established 1975. 508-688-7102; 681-8262.

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HANDYMAN WITH TRUCK- Leaves, branches, wood, trash, metal, building material REMOVED. Yard work, mowing and odd jobs done. Also cellar, attic, garage cleaned. Honest/dependable. Call Robert 508-373-4985.

HANDYMAN- Small remodeling carpentry, drywall, painting, electrical, landscaping and lawn care. Free estimates. Reasonable prices. For prompt, dependable service call Ken 975-1150.

I HAVE THE TRUCK If you need help cleaning up yards, garages, cellars, attics, etc...FREE estimates, great rates. Call Mike 508-657-4240.

THE RAG MAN- Attics, basements and garages cleaned out. Appliances hauled away. Senior discounts. Low, low rates. Items taken as partial payment. 686-1856.

Carpentry Service

#SMALL REPAIRS CARPENTRY HOME IMPROVEMENT# Interior or exterior repair or replace doors, windows, bathrooms, kitchens, decks, additions, etc. Mass. licensed and insured. Robert A. Brown, General Contractor 475-1958

A FINISH CARPENTER. Retired, 35/years experience. Will do interior remodeling and repairs, small outside jobs and repairs. Have ABC Builders license. 470-1979.

A MASTER CRAFTSMAN Carpentry, custom cabinets, kitchens, baths, bookcases. Jeff Berk Inc. License #115595. References & Insured 508-521-0709.

ABILITY CARPENTER- specializing in small additions, decks, play rooms, ceramic tile, repair and installation. License #040056. 603-894-5467.

ALLEN CONSTRUCTION: BUILDING, remodeling, roofing, siding, and other home improvements professionally done. Licensed, registered (#109740), and insured. Quality work at competitive prices. Free estimates. Call 682-4962.

AN HONEST & RELIABLE Carpenter/Contractor. All phases of residential construction and repair. Licensed. Insured. References. Free estimates. Superior Const. Andover. 1-800-244-1330.

BOB'S CARPENTRY SERVICE. Fast, friendly service. Free estimates. Call 682-7443.

CHRIS'S REMODELING- Commercial/residential. General Carpentry. VINYL REPLACEMENT WINDOWS/GUTTERS. Roofing/siding. Deleading. LEAD PAINT INSPECTION'S. Pressure washing. Licensed/insured. For FREE estimate call 508-372-3907.

DEVERSIFIED BUILDERS. All types of Building and Remodeling. 25 years experience. Free estimates. Call Jim at 508-372-2415.

HOME IMPROVEMENT & REMODELING. Designed to the style of your home. Finished carpentry, built-in bookcases, cabinets, stairways, mantels, kitchens, bathrooms. Licensed and insured. Robert Wilkie 470-1269.

SLOAN CONSTRUCTION formerly of "This Old House". A full service company. 20 years experience. Call 603-898-1771.

TWENTY YEARS EXPERIENCE in Decks, Kitchens, Baths and Replacement Windows. Call 508-374-4591.

Windows/Doors

WINDOW REPAIRS- Specializing in reconditioning and restoration of wood windows. Expert reglazing and sash painting restores and revitalizes wood windows. Sash cord replacement/window glass repair. 28 years experience. Free estimates. BILL MILLER-508-372-0303.

Roofing

ALL ROOF SERVICES- Stop most any leak for \$85 with written guarantee. Repair work our specialty. Free estimates. Call 508-691-1370.

BENNETT ROOFING AND CARPENTRY. Shingle, flat and slate roofs, replacement windows, additions and all types of carpentry, vinyl siding, trim cover and gutters, chimneys rebuilt. "Roof repairs our specialty." All work guaranteed. References available. Free estimates. Lic.#058103. Call 508-686-8555.

BELVIDERE EXTERIOR SPECIALISTS. Roofing, siding and gutters. References. For free estimate, contact Mike TOLL FREE 1-888-31-REPAIRS. (1-888-317-3724).

RICH ROOFING CO. Fully insured, Mass. Builders license #019939, Mass. Home Improvement Contractors Registration #112998. Free estimates. 688-3938.

ROOFING- Exterior restorations. Slate and Copper work, wood siding, porches and decks. Moore paints. Call Lou, Dracut, MA 508-454-8825.

WHEN QUALITY Counts. Call K&P CONSTRUCTION. Slate, copper, tiles, shingles. Roof repairs our specialty. Lic. #113830, insured. Over 20 years experience. Call 508-374-1893; 508-373-0579.

Paving & Excavation

DON'T PAVE IT, SAVE IT Residential, commercial, coating, hot crack filling, pot hole repairs, all types of paving. Fully insured. PAQUETTE PAVEMENT, 508-459-2023.

Driveway Sealing

DRIVEWAY SEALING. Reasonable rates. Prompt service. Call 474-9373.

Masonry Service

BRICK WORK- Cement Work, Stairs, Walks, Walls. All size jobs. Free estimates. Excellent Andover references. Call Tony at 681-7701.

MASONRY. Brick, block, stone, chimneys. Restoration specialist. Fully insured. Free estimates. Call 1-800-927-4259.

STONE WALL REPAIR- Rebuilding a specialty. Quality work, low cost, references. Call ELMER'S STONE WALLS, 508-664-8301.

Moving Service

A GLOBAL AGENT-MARK'S MOVING & STORAGE. Guaranteed pricing. Local, long distance, International. Licensed. Bonded. Free quote. 1-800-966-6275.

DISCOUNT MOVING RATES. Pick-up truck available 7 days. Household, appliances, store deliveries. No job too small. Experienced, friendly, dependable. 685-6517.

LOCAL FIREFIGHTER will move you at your convenience. Pick-up or box truck available. Discount rates. No job too small. 683-6570.

Floor Refinishing

A. DAKK & C. FLOORING- Hardwood floors sanded, refinished. References. 22/years experience. FREE ESTIMATES. Spring Special, 3rd coat FREE. The Best for Less. 688-7845; 686-1567.

ALL WOOD FLOORS installed, sanded and refinished. Free estimates. Best prices. 10 years experience. WITKUM FLOORING 681-0826.

G & P FLOORING CO. Old floors sanded and finished. Made like new. Call 1-603-893-0222 or 682-1485.

WALKUP'S HARDWOOD FLOORING. Install, sand, finish, refinishing. Custom Design Patterns. 25 years experience. Fully insured. Call 603-898-7438.

Plastering/Drywall

B.C. & SONS- Cracked plaster? Drywall ill! 25 years experience. Fully insured. Call 1-800-615-8314 or 508-373-3008.

DRYWALL HANGING/TAPING. Fully insured. FREE estimate. No job too small. 683-8424 eves.

BYRON DRYWALL- Complete drywall services. Hanging, taping, textured ceilings. Fully insured. Free estimates. Repairs up to new homes. Jason 508-446-7862.

MV PLASTERING AND DRYWALL, best prices, old ceilings and walls new again. Free estimates. 686-5012.

W.J. BURKE JR. DRYWALL. Water damage estimates, finish coat, interior painting, custom textured ceilings. Fully insured. Call Bill 685-5728.

Plumbing/Heating

A QUALITY JOB Plumbing, heating and gas. Residential and commercial. No job too small! Free estimates. Master #9560. Call Bill 508-372-2080; 683-3596.

BILL BROGAN MASTER PLUMBER- Residential. Commercial. Emergency service. Voice/Pager- 617-841-0487. Office- 508-475-4237. License #9565.

BOB LYNN PLUMBING & HEATING. Repair and/or replace faucets, toilets, valves, water heaters, sinks, drain problems, etc. Small jobs a specialty. \$10 off w/this ad. License #23220. 508-658-2099.

DANIEL DOORE PLUMBING & HEAT. Boilers, water heaters, new construction, remodeling. Quality dependable service. Call 682-3814. License #24393.

SMALL**PLUMBING/HEATING and GAS FITTING.**

Water heaters, faucets, stoves, washing machines, disposals, dishwashers, repairs and drains unclogged. Call Steve 508-458-0553. Lic. #22058.

WATERWORKS- Plumbing, heating, drain cleaning, gas piping, all appliances. Free estimates. License #23264. Call Jim 685-3810.

Electrical Services

LICENSED ELECTRICIAN: Reasonable rates. Immediate response. #21970. Call 686-2952.

LICENSED ELECTRICIANS- Father and Son team. Residential, Commercial and Industrial. No job too small. Low cost rate. Lic.#21056E. Peter 975-4439.

NEED AN ELECTRICIAN Call Roger for all your electrical needs. MA License #34647E. 603-898-9658.

Tiling Service

BATHROOM & KITCHEN remodeling. Marble, tile, granite, patios/walks, and brick repointing. Shower doors installed/repairs, also regrouting. 20/years experience. 508-264-9069.

CERAMIC TILE INSTALLATION and repair- new kitchen floors and bathroom shower repair my specialty. Fair and affordable prices. All work guaranteed. Larry 617-938-9897.

Power Washing

CHEM-FREE POWER WASHING of Andover. See our heated pressure washer clean all your needs, chemical free. Safe around pets, pools, grass and shrubs. Restore decks to look like new. Cleans all vinyl and clapboard sided houses. For free estimates call 470-1003.

EXTERIOR HOUSE**WASH MR. WASH**

Celebrating 20 years. Special mildew and dirt removal process. Cleans vinyl siding, clapboard, cedar shakes. Paint will last longer. Vinyl will look better. License #052896. Free estimates. Call 508-688-5252.

MERRIMACK VALLEY PRESSURE WASHING. We pressure wash all types of home siding, remove mildew, stains and loose paint. Clean, restore and waterproof decks, patios, walkways and pool areas. Driveways cleaned and sealcoated. Call today for a free estimate. 508-475-7795.

Painting & Papering

ANDOVER VILLAGE PAINTING CO.- Fine interior painting. Quality assured: local references. Competitive rates. Free estimates. Mark Souza (North Andover) 687-6959.

BELVIDERE EXTERIOR SPECIALISTS- Painting, repairs and decks. References. Contact Mike TOLL FREE at 1-888-31-REPAIRS. (1-888-317-3724).

F.D. ROCHA AND COMPANY. Painters, decorators, paper hangers. Neat, professional work. Established for over 40 years. Fully insured. Reasonable rates. Call 508-452-7614.

BALDASSARI PAINTING

FREE POWERWASH WITH ANY EXTERIOR JOB (*250⁰⁰ Value)

Interior Painting

TRIM: \$80.00

(Ave. size room)

WALLS: \$75.00

(1 coat - Avg. size room)

Wallpapering

\$18.00 per double roll

(6 double rolls per room min.)

Professional, Fully Guaranteed Work at Low Prices

Call today for your FREE estimate

508-688-0161 METHUEN

PROPERTY TRANSFERS

The following is a list of properties in Andover that sold from May 8 to May 14.

1 Kenneth Construction Company bought 451 Lowell St., Lot 2, for \$125,000 from John J. Lewis. The mortgage is with First Essex Bank FSB.

2 Richard F. Benson, Jr. bought Unit 309, 22 Railroad St., for \$100,000 from Higginbottom Family Trust. The mortgage is with Ipswich Savings Bank.

3 Joseph F. Sciolla bought 5 Jefferson Lane, Lot 33, for \$277,500 from Christopher J. Scarpa. The mortgage is with Accubanc Mortgage Corp.

4 Hae Soo Chung bought Unit 32, 29 Michael Way, for \$275,000 from Midatt Co. Limited. The mortgage is with Andover Bank.

5 David R. Bachinsky bought 14 Basswood Lane, Lot 38, for \$750,000 from Yvon Cormier Construction Corp. The mortgage is



Photo by Lisa Adelsberger

This property at 14 Basswood Lane, Lot 38, sold recently for \$750,000.

with Boston Private Bank & Trust Co.

6 Stephen A. Reber bought 43 Russell St., Lot 8, for \$610,000 from James J. Hogan. The mort-

gage is with World Savings & Loan Association.

Source: Essex County Registry of Deeds, Lawrence branch.

CHARLES FINISHED PAINTER- 30 years experience. Benjamin Moore paints. References. FREE estimates. Call 685-2779.

FREDERICKS PAINT AND FINISH- Commercial, residential, retail and interior/exterior. Please call 508-396-7608.

GODDARDS PAINTING SERVICE- Professional interior/exterior painting. Call 1-800-750-4666.

HOUSE PAINTING- exterior and interior. References available. Call Mike 508-453-3581.

HOUSE PAINTING- 2 teachers with 10 years of painting experience need work. Inexpensive. Satisfaction guaranteed. Jerry, 508-851-5480; Skip, 617-389-8835.

INTERIOR - EXTERIOR PAINTING, Wallpapering, sponge painting and stenciling. Quality work, reasonable prices. Free estimates. Call Paul 475-6495 or Bob 470-1822.

INTERIOR PAINTING and Wallpapering. Free estimates. Call John Thomson 470-0037.

JAMES FISCHER PAINTING- Where quality and service are second to none. Call 475-1876.

JIM FOWLER'S PAINTING. Interior. Fully insured, 20 years experience. Local references. Call 475-9937.

LACHAPEL'S INTERIOR WALLCOVERING. Professional woman graduate of U.S. School of Professional Paper Hanging. 12 years paperhanging/painting experience. Call Celeste 508-458-3052. References available.

NORTH SHORE PAINTING CO.: Painting and staining. Pressure washing and mildew removal. Fully insured. Licensed. References. "Put professionalism to work for you." For a free estimate call 1-800-564-4016.

PAINTER- Interior/exterior. Clean, Courteous, Efficient. 25 years experience. Many references. Call Frank 475-0875.

QUALITY PAINTING and Wallpapering. Interior and exterior. Free estimates. Ten years experience. Call Bruce McFarland at 1-508-468-8093.

SPRING PAINTING CO. Interior/exterior, pressure washing. 25% discount before 5/1/97. Call 508-475-2734 or 474-9133.

WALLPAPERING & PAINTING. Interior and exterior. Reasonable rates. Free estimates. Other home improvements available. Bob 683-8367.

Woodworking

FINE WOODWORKING graduate of North Bennett St. School. 30 years experience. Handcrafted furniture made to order. Repairs and refinishing. Call 475-6686.

Window Cleaning

#WINDOWS CLEANED & REPAIRED. Fully insured, free estimates. Sansoucie Window Cleaning 508-374-0516.

A TRIPPLE STAR WINDOW CLEANING. Family owned since 1986. Owner on site at all times. Fully insured. Free estimates. Gutter Cleaning- Wash Screens- Wash windows from \$2.50/per window and up. Call us and let us make you shine! 1-800-447-6191.

DIRTY WINDOWS?

We can help. Free estimates. Fully insured. Quality work. **PRECISION WINDOW CLEANING** 1-800-615-4237.

LET THE SUN SHINE IN. We do windows so you don't have to. Free estimates. Fully insured. Call Laurie 603-382-5938.

RESIDENTIAL WINDOW CLEANING. We also do replacement windows, reglazing, sash cords, interior and exterior painting. Owner is on site. 15% Senior discount. F&M Cleaning 508-372-2992.

Cleaning Services

Immaculate cleaning. We do it all, from windows to floors and more. Excellent references. Free estimates. 5 years experience. Call 508-373-0314.

A A A BEST CLEANING SERVICE- Leave your housework to us! Top to bottom cleaning GUARANTEED! Fully insured. Serving the Andovers for 9 years. References proudly given. Call 508-441-2144.

A COMPLETE CLEAN, INC. The ultimate in house cleaning. Specializing in servicing those with the highest level of expectations and demand immaculate results. Bonded. Fully insured. Please call 508-851-8933.

CLEAN AS A THISTLE! Let me clean your home with my Scottish touch! Reliable, responsible and honest lasses! Excellent references. Same clients for 7 years. Fiona 508-446-8918.

CLEAN BY DESIGN. Over 20 years experience. Call Richard Reedy 687-7257 leave message.

CLEANING- Residential or Commercial. Responsible, experienced, references and good rates. Weekly, bi-weekly, or monthly. Call Sandra 508-851-8761.

EUROPEAN TEAM AVAILABLE for your extra clean, spotless house. Ask my old Andover customers first. We love our job and care for your expectations. "COME CLEAN" 508-256-6913.

EXPERIENCED IN HOUSECLEANING. Will clean your home. Honest and hardworking. Call 508-658-5546.

HOUSE CLEANER- Experienced, responsible, reliable. Good job, great prices. Call 617-391-2128.

HOUSE CLEANING BY Kathleen. Free estimates, fully insured, references. Call 508-453-2536 leave message.

HOUSEKEEPER- Responsible, dependable. Reasonable rates. Free estimates. I give that extra special touch. Call Joy at 794-5617.

IF YOU NEED an experienced cleaning lady with excellent references with same customers in the Andovers for many years. Please call Shirley 508-469-9220.

KELLY'S CLEANING SERVICE- All house cleaning. Prompt, professional service. Call for a free estimate. Kelly 603-894-6261.

KITCHEN FLOOR LOOKING DULL? Disgusted with your no-wax, no-shine floor? Let us clean and shine it for you! **LIBBY'S CLEANING SERVICE** 686-6577.

MATURE DEPENDABLE WOMEN will clean your house. Professionalism/satisfaction guaranteed. Building clientele to start business. Excellent references. You will not be disappointed. Call after 6pm 603-895-3971.

NEAT HOUSE- A family house cleaning service. Reasonable rates. Call us toll free 1-800-707-9074.

NO JOB TOO BIG, no job too SMALL, all you gotta do is call. Audrey 508-682-1886.

OLD-FASHIONED HOUSE-CLEANING. Interior cleaning with a personal touch. 8 years experience. References. Call 687-2041.

PONY EXPRESS CLEANING Company. No job too big or small. Commercial and residential cleaning weekly, biweekly, monthly, one time major jobs. Free estimates. Chelmsford 508-251-7712.

SPRING CLEANING AVAILABILITY. Excellent Andover references. Call Laurie at 975-8914.

Landscaping

7-C'S LANDSCAPING- Weekly lawn maintenance, hedge trimming, mulching. Fully insured. Low rates. Call Sean 688-5874.

ACCEPTING NEW CUSTOMERS for spring clean-ups and lawn mowing, dethatching, aeration, bark mulching, shrub trimming and planting, tree removal. Backhoe with operator available. **TISBERT LANDSCAPING.** 508-681-9323.

ADVANCED PROPERTY MAINTENANCE- "WE CUT GRASS." Fertilizing, mulching and sprinkler systems. Free estimates. Call 688-7797.

BIRCHWOOD PROPERTY MAINTENANCE- Quality landscaping and lawncare. Mulching, lawnmowing, de-thatching. Reasonable rates. Please call 508-691-5915.

C.A.P. LANDSCAPING- Spring clean-ups and complete lawn maintenance and removal of downed limbs, bark-mulch installation. Free estimates. Call Chuck 508-682-2322.

CORNERSTONE LANDSCAPING- Spring clean-ups: Lawn and irrigations maintenance, dethatching, bark mulching, tree removal. Reasonable rates. Free estimates. Call 686-7143.

CRL LANDSCAPING- The best rates on weekly lawn cutting. We will beat any written price on weekly lawn cuts. Most lawns \$20-25. Always looking for new customers. 687-8687.

DOING IT RIGHT Property Maintenance is now taking on new customers. All phases of landscaping, walls, walks, patios. 10% discount before 4/15/97. 474-9133; 475-2734.

GARDENS BY ELLEN- Landscape design, construction, installation, and maintenance. Fine perennial gardens, sanctuaries, meditative spaces. Consultations. Ellen Sweeney, 508-686-7712.

★ ★ ★
YANKEE LANDSCAPING Spring clean-ups, mulch, debris removal, weekly maintenance, colorful flowers and trees. **SAVE MONEY** with customer referrals. Insured. 685-2163.

★ ★ ★
S. MCLEOD LANDSCAPING- Complete landscaping service, new lawns/sod/seed, hydrowalls, ver-sa walls/timber, mulching/planting. Bobcat service. Weekly lawn cutting. 508-640-0957.

MOWING JOE: Mowing service, garden maintenance, yard cleanup. Weekly or seasonal rates, quality and dependable service by retired teacher and avid gardener. Call for free estimates. 470-1771.

NANCIE SAVASTANO LANDSCAPE DESIGN- Creative perennial/annual garden design, installation, maintenance and master plans integrating home and landscape. 975-8566.

NORTHEAST LANDSCAPE CONTRACTORS

Complete Property Care. Spring clean-ups, mulch installation, weekly mowing. Call 508-470-3111.

O'HAGAN LAWN SERVICE- Spring cleanups, weekly maintenance, bark mulch, reliable services at a reasonable price. Free cut to new customers. 687-9860.

PERENNIAL LANDSCAPING- Lawn installations & designs. Brick walkways, patios, retaining walls, shrub trimming & planting. Bobcat service, clean-ups, tree service. Mike Winslow 688-4388; 617-334-3764. MC/VISA, AMEX.

PINE TREE LANDSCAPING. Specializing in complete Lawn & Shrub Maintenance. Dependable service. Call for free estimate 475-2202.

PRIME CUT LANDSCAPING- Complete pre-season yard, lawn and garden care, including fallen tree/limb removal. Also affordable weekly lawn cuts and rototilling. Quality work at a fair price. 508-689-7922, or 691-5412.

RICH FARM LOAM \$12/yd delivered with 10 yard minimum. Call 508-851-9334 Monday-Friday 8:00am-3:30pm.

SPRING CLEAN-UP, lawn and shrub maintenance. Pruning and mulching. Lawn cutting weekly or seasonal rates. Local references. **O'NEILL LANDSCAPING.** 508-388-3527.

TIM SWEENEY & SON LANDSCAPING- Mowing, weeding, wood chip spreading. Free estimates. Fully insured. Call 508-682-4762.

Child Care

AN EDUCATED CARING mother has openings for two children, 2 years and older. Call 470-1031.

ANDOVER LICENSED FAMILY DAYCARE has openings, all ages, meals provided. Near Rtes. 133/93/495. License #92807. Please call 975-2402.

FAMILIES! Looking for premier nannies/housekeepers? We have qualified, experienced providers, ready to begin today. Please call Domestic Specialties at 617-570-9009.

NANNIES FOR RENT

Celebrating our 15th anniversary! Reliable, caring nannies for part-time/full-time babysitting, vacation sitting, post-natal care. "NANNIES FOR RENT." 508-535-0127/1-800-427-0127. State licensed.

NANNY- Experienced, mature woman seeking position to care for infant and school-aged child beginning in August. Call 975-0013.

YOUR CHILD'S HOME AWAY FROM HOME. Child Care Bulletin...Child Care Bulletin...Child Care Bulletin! **SECOND FAMILY Home Day Care** is opening for business in Andover. I established my home day care business in New Jersey 9 years ago, and have recently moved to Andover. I'm a mother and seasoned classroom teacher with lots of extra love to give your child. I'm offering five special children and their parents, the opportunity to experience child care where emphasis is placed on family, friendship, fundamentals and fun. Your child's day will be filled with art, music, literature, cooking and other age appropriate multi-cultural activities. Part-time, Full-time and half day kindergarten. License #181516. Local and NJ references. Call today for further information. **SECOND FAMILY CHILD CARE SERVICE.** Judy Hudkins. 475-3342

HELP WANTED

Greater Lawrence Community Action Council, Inc.
Merrimack Valley Lead Poisoning Prevention Program
Immediate Openings

LICENSED LEAD & CODE INSPECTOR

High School graduate. Must have own transportation. Experienced in performing home inspections where children have been identified with elevated blood lead levels. Able to work with parents and landlords. Bilingual (English/Spanish) preferred. Good verbal, written and observation skills. Proficient in documentation of housing inspection and all aspects of court procedures. Training available for qualified individual. Must be able to pass State Examination for Licensed Lead & Code Inspector.

HOUSING SPECIALIST

Massachusetts licensed lead inspector. Computer literate. Good communication skills, verbal and written. Own transportation necessary. Able to investigate complaints against licensed lead inspectors and complaints of unauthorized deleading. Conduct routine and targeted auditing of private lead inspection/risk assessments to ensure the provision of high quality services to the public. Provides technical assistance for local health department, housing, and code enforcement agencies. Bilingual ability (Spanish/English) beneficial. Full time position. Generous fringe benefit package.

Applications/Resumes to: Personnel Director, GLCAC, Inc.
350 Essex Street, Lawrence, MA 01840

AN EQUAL OPPORTUNITY EMPLOYER

HELP WANTED

PART-TIME CASHIERS

needed for
New England Beverage and Discount Liquors

158 Main Street
North Reading, MA
(508) 664-6554

HELP WANTED

PHILLIPS ACADEMY Front Desk Attendant

Seeking service oriented individual to work as part-time front desk attendant under the supervision of the Museum Security Officer. Tasks include greeting the public, providing public information and assistance, monitoring entrances and exits, handling front desk sales, inventory, and publication requests.

Dependability, responsibility, courtesy, tact, willingness to learn, ability to work with others required. Knowledge of and/or interest in art and American art helpful. Hours: Tuesday through Thursday, 2:00 p.m.-5:00 p.m.; Sunday, 1:00 p.m.-5:00 p.m., occasional evening events and vacation coverage. There are no benefits with this position. If interested, please send a resume by Friday, June 6, 1997 to Director of Personnel, Phillips Academy, Andover, MA 01810, EOE.

After School Programs**AFTER SCHOOL RECREATIONAL PROGRAMS**

Jim Loscutt's Camp Evergreen- Vacation/after school/recreational programs. 33 years experience. Creative outdoor and indoor recreation for children. Transportation available. Andover. 508-475-2502.

Camps

CAMP EVERGREEN DAY CAMP for boys and girls ages 3-1/2-15, now accepting applications for "SUMMER CAMP". Transportation available, Red Cross swim program, arts & crafts, boating, sports, drama and more. For more information call 475-2502.

KITE '97. Program for academically talented children, grades K-8. Merimack College. July 28-August 1st. Small classes, skilled teachers, challenge. Brochure/information 475-1422 or write Kaleidoscope, Box 506, Andover, MA 01810.

KALEIDOSCOPE '97. Exciting enrichment for kids 3-13. July 7-25. One week courses. AM/PM, extended day. Science, math, computers, art, music, drama, writing, more. Brochure/info call 508-475-1422, or write Kaleidoscope, Box 506, Andover, MA 01810.

Instruction

A+ TUTORING- Hands on instruction and private tutoring. Math, reading, study skills and all TEST PREP. Proven results. 586-0628.

A.C.E. MATH TUTOR- 20+ years teaching experience, Math Ph.D. Will tutor all levels Middle School through College. Call 475-4285.

ACCREDITED EDUCATIONAL THERAPIST for students or adults. Learning skills for phonics, reading, writing, math. S.S.A.T., P.S.A.T., S.A.T. Miriam Smith, M.A. 683-6129.

ADULTS & CHILDREN- All levels of ability. Piano and Trumpet lessons. Both instructors have had many years experience in teaching. Phone: 683-2338.

ANDOVER TEACHER- Many years of successful teaching strategies. Private tutoring grades 1-8, Reading or Math. Call 508-374-8586.

BEAVEN & ASSOCIATES Private tutoring. English, math, sciences, Latin, Spanish, French, German. SAT's, SSAT's. 91 Main Street. 475-5487.

CALLIGRAPHY INSTRUCTION (Lettering)- June 10, 1997. Day or evening class. Call Joan's Art Gallery for information. 508-521-0215.

COMPUTERS- AHS student, proficient in computers. Instruct children and adults. Install programs, troubleshoot, provide internet help. Call Scott 508-687-6267.

DRUM LESSONS AVAILABLE from experienced teacher, Berklee Alumnus. Reasonable rates. Call 688-4447.

DRUM LESSONS in the convenience of your home with experienced drum instructor (Berklee Graduate). Reasonable rates. Call 749-9424.

JUNE IS CELESTIAL awareness month. Intuitive Inclinations is proud to present, Developing your ESP, a six week workshop. Call 508-521-0215 for reservations and information.

GUITAR TEACHER ACCEPTING NEW STUDENTS: 25 years experience, music degree. All ages, levels, styles. Guitar rentals available. Bass lessons available. Your house or mine. For more information call John 975-0335.

LESTUDIO DE BALLET, 470-1381. 2 Dundee Park, Andover. Ballet classes for adults and children.

MATH, SCIENCE, SAT tutoring by certified teacher, M.A., M.E.d., in your home. 689-4517.

PRIVATE TUTORING- Certified Teacher with reading training available to tutor grades K-3. Keep your child learning during the summer. \$25/hour. Call Karen 475-0675.

PRIVATE TUTORING- Keep your child's skills sharp. 18 years experience. Elementary teacher will tutor your child in reading and math during the summer months. 475-6808 after 4pm.

SPANISH TUTOR- Bowdoin BA, Spanish major, Harvard MEd, former prep school teacher, studied abroad twice. Students grades 6-12. Call Dana 475-3722.

SWIMMING LESSONS. Certified instructor offers semi-private lessons. Limited openings. Reasonable rates. Two week sessions. For further information 475-1733 after 5pm.

TUTORING IN WRITING SKILLS- Grade 4-College. Learn how to become successful in brainstorming, organizing your ideas into clear, concise writing and turning rough drafts into well developed pieces of writing. If your children need motivation and guidance in writing, please call me. I am an experienced teacher who makes learning enjoyable. MEd in Remedial Reading. Please call Jill in the evenings at 689-3944.

WRITING FACILITATOR- I will help you do research, review rough drafts and background material. I will organize and help you write reports, letters and resumes. MEd and many years of experience. Please call in the evening at 689-3944, ask for Jill.

Business Opportunities

VIDEO STORE- Movie and game rentals and sales. Established in a growing family area. Great opportunity for the owner/operator. Priced to sell. 475-4146.

\$1000'S POSSIBLE TYPING. Part time. At home. Toll Free 1-800-218-9000 Ext. T-7670 for listings.

ARTIST TO TEACH drawing, sketching or painting for just a few hours per week. Send resume to: Beaven & Associates, 91 Main Street, Andover, MA 01810.

ASSISTANT for Oral Surgeons in busy Stoneham office. Experience preferred. Monday, Tuesday, Thursday and Friday. Call 617-438-7206 or fax letter/resume to 617-279-9029.

CHILD CARE NEEDED, full time, for the summer. Responsible, active person for 10 and 8 year olds. Drive to camp, plan activities, have a great summer. Call 475-3003.

BABYSITTER WANTED: part time, for the summer, for two boys. Own transportation. Call 474-0834.

COMPANION FOR GRANDMA. July-Labor Day. Lovely lakefront setting in Ontario. Evenings and weekends off. Driving, light housekeeping, shopping. References required. 470-2101 leave message.

COUNTER HELP/SUB MAKER needed for lunchtime hours in a busy Andover store. Call Tommy at 474-4400.

DENTAL HYGIENIST, ANDOVER. Part time in pleasant, professional office. Become part of our dental team. Please call 475-1230.

EXPERIENCED HAIRDRESSER and MANICURIST with clientele (preferred). Call Plaza Cuts 470-3595.

EXPERIENCED MANICURIST NEEDED. Knowledgeable with all phases of nails. Immediate opening. Call 475-4721.

EXPERIENCED REAL ESTATE SALESPERSON to work w/Lillian Montalto, one of the Top Realtors in U.S. Must be self-motivated. Unlimited potential! Leads provided. Andover area! Call Elaine at 508-687-6227.

EXPERIENCED WAITSTAFF and bartenders. All shifts available. Apply in person: Pasta Village, 63 Park Street, Andover. 508-475-3354.

HIGH SCHOOL PERSON for lawn and yard work and some painting. \$6.50 per hour. West Andover (west of 93). 470-1811.

MALE PERSONAL CARE ASSISTANT NEEDED- Part-time, for young man in wheelchair. Friendly, cooperative, no difficult behaviors. No heavy lifting. Friday, Saturday, Sunday hours to be arranged. \$8.00/hr. 475-7276. Near P.A.

DENTAL HYGIENIST NEEDED in Andover. Full time. Great team atmosphere. Call 475-1230.

NANNIES WANTED: For live-out. Full or part-time. Must have experience, references and car. Call Monday-Friday, 9am-4pm. NANNIES FOR RENT 508-535-0127.

NANNY for 2-1/2 year old boy and 6 month girl. Full time in my home. Car, experience and references required. Call 470-4535.

ORTHODONTIC ASSISTANT- Career position, full time, full benefits. Excellent orthodontic skills required. Lowell/Londonderry offices. Please call 508-454-0774.

PART TIME ASSISTANT needed, mostly weekends. Call 475-2454 leave message.

PART-TIME GENERAL OFFICE position open in pleasant home-based Andover Company for 3 hours per day. Duties include general office work including data entry, preparing mailings and light filing. Familiarity with computers is required. Morning hours can be arranged to meet your schedule. If interested, please fax your resume to 508-475-7242, call Joyce at 474-0335, or mail to the Malcom Company, 25 Abbot Street, Andover, MA 01810.

PERSONAL CARE ATTENDANT for male quadriplegic. Immediate opening for early mornings. Must be reliable. Call after 5:30pm, 470-1659.

SELL THIS SUMMER. Andover computer company needs Tele Sales Associate. Prefer college student with business major. Flexible hours. Small salary, big commissions. Contact Jack 470-1101.

SMALL INHOME OFFICE needs help with statement and billing, posting payments with Quickbooks, approximately 10 hours/month. Fee negotiable. Call 475-7524.

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Articles for Sale

BIANCHI MEN'S RACING BIKE. Less than 200 miles. Shimano gears. \$550 or best offer. Call 475-4149 before 9pm.

BIKE- SPECIALIZED 21-speed road bike. 3/years old. Mint. Compare and save. Loaded, all the extras. Originally over \$800, selling for \$295. Call 508-475-0077.

BRASS BED- brand new, still in box. Queen-size, orthopedic set, still in plastic. W/frame. Paid \$900; sell for \$350. Hand deliver. 508-663-9529.

COUCH- floral print, excellent condition, perfect for summer camp/cottage. Very sturdy. \$50. Two light fixtures, one kitchen, one dining room, \$15 each. All like new condition. Call 975-4194.

DESIGNER COUCH AND loveseat, traditional. Green and cream, brand new, must sell. \$2000 value; best offer. Call 689-3555.

FISHER PRICE/LITTLE TYKES: 4-in-1 tournament table \$50. Table & chairs \$18. Easel \$15. Three bikes \$5/each. Cradle \$4. Sandbox \$15. Call 508-686-7562.

CONTEMPORARY TEAL SECTIONAL Sofa, excellent condition \$500. Call 475-3640.

FREE BEANIE BABY (while they last!) for your paid subscription to The Andover Townsman. Hurry to the Townsman office to see our selection and for more details!

LARGE TIRE SWING completely ready to be hung. Good condition. \$15. Call 475-2947.

MAYTAG WASHER AND dryer, 8 years old, good condition. Must pick up 6/5/97. \$200 or best offer. Call 475-8927.

MOVING SALE- Sofa, girl's bedroom set, twin beds, dryer, oak kitchen table, server, sectional oak bookcases, oak bar stools, floral lounge, lots more. 474-0943.

NEW CARPETS- Installer has access to several thousand yards StainMaster carpet. I can carpet your livingroom and hall for \$389. Price includes pad and installation, based on 30sq.yds. Also have Berber and commercial carpets. Call John 508-256-2145.

NIZAN INDO PERSIAN RUG, 10'9"x18', tan, amber, forest green, touches of aqua \$4000. Call 475-9291.

ONE CHILD CRAFT oak crib left from 5/24/97, 51 Lovejoy yard sale- (I finally split the set), \$125. 508-470-2716.

POPCORN MACHINE for sale. Commercial grade, large capacity. Excellent condition. \$250. Call 508-475-4146.

SOLID CHERRY WOOD dining room table, 1 leaf, four captain chairs, \$400 or best offer. 475-2947.

STAIRMASTER- IMAGE 855, excellent condition. asking \$475. Please call 474-8942 after 6pm.

TALKING MOTHER GOOSE DOLL from the early 1970's. Good condition. Call 975-4194.

Wanted to Buy

ABIDE BY US. Don't sell at yard sale prices. We pay top cash prices. Antiques, furniture, collectibles. Free appraisals. Call Dick at 603-893-9776.

ANTIQUES - Anything old Marbletop, Walnut, Grape and Rose Carved Furniture, Glass, China, Silver, Jewelry, Clocks, Prints, Frames, Guns, Coins, Furniture, Etc. William F. Graham, Jr. 420 Water Street, Haverhill, Mass. Tel. 508-374-8031, will call to look.

Garage Sales

5 CHEYENNE CIRCLE and Indian Ridge, Andover, Saturday, 5/31/97; rain date Sunday, 6/1/97, 9:00am-1:00pm. Household items, books, sporting goods, clothing, furniture and more.

ANOTHER GREAT YARD SALE- Three families. Lots of new gifts, toys, books, household, bike, great children's clothes. 108 Lovejoy Road, Andover, Saturday 5/31/97.

BEFORE YOU UNKNOWNLY sell an antique at your yard sale, call us. For a nominal fee, we will help identify and evaluate your sale. Ron Wackowski, CAGA, Andover Antiques. 475-4242.

BIG GARAGE SALE- Saturday 5/31/97, 8:00am-3:00pm, 3 Robinswood Way, Andover (off Windmere/Route 133. Utensils, beds, bikes, books, clothes, furniture, jewelry, paintings, toys.

FIVE FAMILY YARD SALE- Saturday 5/31/97, 9am-2pm. Matthew Street, Andover. Large and small appliances, clothes, antiques, "This End Up" sofa cushions, household goods, miscellaneous.

GARAGE SALE- Not to be missed! Saturday, 5/31/97, 9:00am-2:00pm, 36 Hidden Road, Andover. Designer clothing, books galore, lawnmower, tools and more. Rain date Sunday 6/1/97.

GARAGE SALE- Saturday 5/31/97, 7:30am-1pm, 8 Pheasant Run, Andover. (off River Road). Men's, women's and children's clothing, toys, books, Sega games, baby swing, golf clubs. Rain date 6/1/97.

GARAGE SALE- Saturday 5/31/97, 8:00am-12noon. 49 Union Street (Rte. 28), Andover. Rain date 6/1/97. Furniture, lawnmowers, kitchen items, old bottles and records, and more.

GIRL SCOUT YARD SALE- Saturday 5/31/97, 9am-12noon, 120 Chestnut Street, Andover. Multi-family fund raiser. Girl's bike, elephant slide, toys, clothes, household and Christmas items. Rain date 6/1/97.

ARTICLES LEFT FROM YOUR GARAGE SALE?

For as little as \$3.00, you can list them in our "Articles For Sale" section and reach over 8000 readers.

Call 475-1943 for details.

LARGE YARD SALE- Saturday 5/31/97, 12 Whispering Pines Drive, Andover (off Reservation Road). 9:00am-3:00pm. Furniture, toys, games, and lots of other stuff.

MOVING/GARAGE SALE Saturday 5/31/97, 8:00am-2:00pm, 2 Penacook Place, Andover. Computer, refrigerator for college bound student, clothes, books, toys, tools, misc.

Merrimack Valley's Largest Yard Sale

Over 10,000 items for sale • Rain or Shine
200-Family Yard Sale
at West Parish Church
Saturday, May 31, 8 am to 2 pm

It includes children's clothes, kitchen appliances, furniture, air conditioners, toys, sports equipment, books and much more. West Parish Church is located at the corner of Lowell St. (Rte. 133) and Reservation Rd. in Andover.

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Garage Sales

MULTI-FAMILY YARD SALE- Saturday 5/31/97, 9:00am-1:00pm. Household items, children's toys, children's clothing, etc. 15 Belknap Drive, Andover.

MULTI-FAMILY YARD SALE- Saturday 5/31/97, 9:00am-2:00pm, 45 & 53 Wildwood Road, Andover. Furniture, toys, exercise equipment and miscellaneous items.

MULTI-FAMILY YARD SALES- Saturday 5/31/97, 8am-12noon. Fairfax Drive and Midland Circle, Andover. (off Argilla Road).

TWO HOME YARD/MOVING SALE- Saturday 5/31/97, 9:00am-1:00pm, 24 Bradley Road, Andover. Wapole shed, kids' bikes, clothes, baby equipment, bric-a-brac.

NO JUNK- YARD SALE: Saturday 5/31/97, 9am-1pm. Some furniture, kid's stuff, variety. 6 Marie Drive, Andover.

YARD SALE- Another of our famous ones! Great collectibles and decorative accessories, jewelry, small electrics, kitchen and office needs, fun men's and women's casual and work clothing and shoes, new tennis balls, 19cu.ft. upright freezer, refrigerator. Saturday 5/31/97, 9am-2pm, 19 School St., Andover.

YARD SALE- Saturday 5/31/97, 9:00am-1:00pm, 10 Alonesos Way, Andover. Toys, skis, books. Something for everyone.

YARD SALE- Saturday 5/31/97, 9:00am-4:00pm, 210 Osgood Street, North Andover. Something for everyone!

YARD SALE- Saturday 5/31/97, 9am-12noon, 64 Chandler Road, Andover. Speakers, books, ladder, bikes, clothes, household items and much more.

YARD SALE- Saturday, 5/31/97, 9:00am-3:00pm, 40 Bellevue Road, Andover. Highchair, baby gates, new travel crib, Laura Ashley boys bumper crib set, house hold items, lots of plants.

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ATTENTION REALTORS! Place your company listing and phone number here for maximum exposure to readers seriously seeking real estate. For as little as **\$5.00 per week**, you can reach many potential clients. Call **475-1943** for more information.

Condos for Sale

ANDOVER- Glorious Victorian Mansion condo. Atop hill on 3 acres. Grand entrance to this second floor, 2 bedroom, 2 bath stately residence. Inside

foyers, hardwood floors, eat-in ceramic kitchen, and more. Working fireplaces in both master bedroom and formal living/dining rooms, great closets. Victorian powder room and major new bathroom renovation. Views on three sides from those beautiful oversized windows and a large turret too! All major appliances included. Two parking spaces, deeded storage area. Very quiet. Serious inquiries only. **\$192,500. 475-3477.**

ANDOVER- lovely two bedroom condo. All appliances, tiled kitchen, living and dining, tile bath, w/w, a/c. Excellent condition. **\$84,900. Call 475-6023.**

SUTTON POND CONDO: Two bedroom, two bath, upper floor end unit with study. Pond view, exposed brick, hardwood floors, all appliances, beautifully decorated. Fully equipped gym in building with sauna and jacuzzi. Condo fees paid thru December 1997 with sale. **\$165,900.** By Owner. Call for appointment **508-794-8790** leave message.

THE CROFT- (former Curran Estate). Elegant 2 bedroom/2 bath, living room, dining, galley kitchen, 2 fireplaces, custom window treatments. By owner **\$149,900.** Principals only **475-3052.**

Houses for Sale

ANDOVER BY OWNER- 10 room Colonial. 2-1/2 baths. Lovely neighborhood. May also be rented. **\$375,000. 617-721-2274.**

ANDOVER OPEN HOUSE Sunday 2:00-5:00pm. Nine room, 4 bedroom Colonial. 2-1/2 baths, hardwood floors, fireplace, porch. Location: Ballardvale, 24 Bradley Road. **\$319,900. 474-4473.**

ANDOVER- 2500+sq.ft. Colonial with attached oversized garage on acre wooded lot with sprinklers. Outstanding family neighborhood, 4 large bedrooms, 2-1/2 baths, 30' cherry kitchen, heated walkout basement/game room with extras. **\$354,000. 6 Belle Haven Drive. 688-6831.**

ANDOVER- Ballardvale, great village neighborhood. Spacious two family, 3 bedrooms each. Deleaded. Low owner finance. **\$159,900.** Call owner **508-470-0591.**

GOVERNMENT FORECLOSED HOMES from pennies on \$1. Delinquent tax, Repo's, REO's. Your area. Toll Free **1-800-218-9000.** ext H-7670 for current listings.

Apartments for Rent

ANDOVER- Intown Victorian, two bedrooms, Phillips Academy area. **\$775/mo.** plus utilities. No pets. Call **475-8500.**

ANDOVER- Stylish 1 & 2 bedroom apartments, attractively situated on Merrimac River, just 3/4 mile to Rte. 93. Clubhouse and lounge, exercise/fitness facility, olympic-size lap pool, lighted tennis courts, volleyball and bicycle storage. Dry cleaning service available. A great place to call home! No pets please! Open 10am-6pm, daily. **RIVERVIEW COMMONS, Rte. 93 to exit 45, East 3/4 mile on River Road.** Entrance on left. Bulfinch Drive. **685-0552.** Corcoran Management Co.

ANDOVER/LAWRENCE LINE, close to highways. One and two bedroom apartments. Immediate occupancy. Call **681-1800.**

BEST VALUE! Luxury apartments with spacious two bedrooms, two baths, designs. In-home washer/dryer, central air, gourmet kitchen. Clubhouse, fitness center, spa, pool. Please call **975-1001.**

BRADFORD- elegant, large one bedroom in vine covered brick victorian overlooking Bradford Common. Wall/wall, fireplaced hearths, appliances, washer/dryer, parking. No pets. **\$595. 508-373-2253.**

NORTH ANDOVER- one bedroom, first floor, three rooms, all appliances. Bright and clean. **\$460 per month.** Call **686-5232.**

Roommates Wanted

ANDOVER- Non-smoking professional, School Street. Share 6 bedroom home with two professionals. Separate baths. Walk to train/bus/town. Washer/dryer, shared garage. **\$490/mo. plus. 475-2199.**

PRIVATE, HUGE, SUNNY bedroom with marble fireplace, bathroom- share formal dining room, bright living room with a/c, pool, garden, modern kitchen. **\$400/mo. 508-521-0361.**

Rooms for Rent

ROOM FOR RENT in single family, empty nested home near Andover Center. Kitchen privileges and off-street parking. Available 6/15/97. **\$320/mo. 508-475-7006** evenings; **617-426-9738** days.

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ANDOVER - 4 bedroom split in neighborhood setting. Gleaming hardwoods, fireplace, 2 car garage, 2 baths. Move to Andover for **\$259,900**

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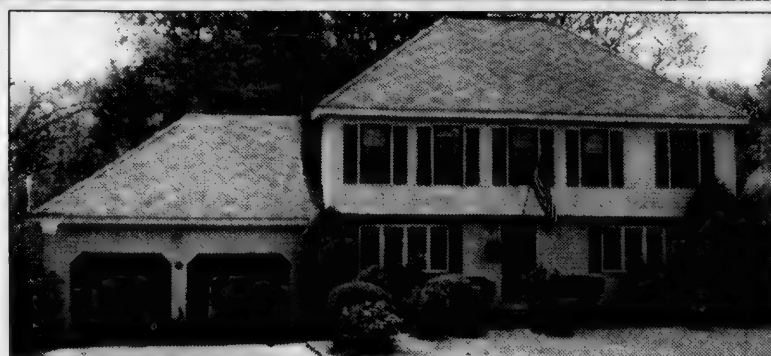


In-town 80+ year old Victorian/Colonial. Wonderful wrap-around porch, quiet neighborhood, updated eat-in kitchen, spacious 3rd floor room, 2-car barn with huge 2nd floor loft, large private yard backs up to woodlands. 3-4 bedrooms, 2 baths. **\$299,000**

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RE/MAX Pref., 451 Andover St., No. Andover, MA 01845 (508) 470-0007 x333

Wanted to Rent

RESPONSIBLE NON-SMOKING family looking for three bedroom home, need by 7/1/97. Lead paint acceptable. Please call 508-474-4984 leave message.

RETIRED FLORIDA COUPLE seeking July, August rental in Andover/North Andover area. Call collect 1-561-288-2848.

RETIRED PROFESSIONAL COUPLE from Palm Beach Fl. area coming to Andover to help with grand child, seeks house swap or sitter opportunity mid Oct.-Dec. 475-8872.

TWO TEACHERS willing to house sit your two bedroom home in greater Andover area from 6/21-8/9/97. Willing to swap our Sanibel Island (Florida) home for same period. 941-395-9671.

Land for Sale

OVERSIZED ABD BEAUTIFULLY treed lots available. West Andover, near 93/Sanborn School. Principals only. 470-1320.

Resort Places for Rent

ADVERTISE YOUR VACATION RENTALS here for positive results. For as little as \$6.25 per week, you can have your property listed here. Simply call 475-1943. One of our classified ad representatives will be happy to take your ad.

CAPE COD, HARWICH. Gorgeous 4 room apartment at Pleasant Beach. Ocean view balcony. Non-smoking, responsible, adult couples. \$800/week. Dave 689-3702.

DENNISPORT. Immaculate 2 bedroom house, porch, deck, tv/vcr. Quiet area. No pets. \$575/wk. July. \$425/wk. June. Call for pictures, 474-0892.

DRAKES ISLAND MAINE Spectacular beachfront four bedroom home, one hour from Andover, miles from Ogunquit/Kennebunk. No pets/smoking. Available week of 8/10/97. \$2200/week plus security. Call 749-9429.

EDGARTOWN BARGAIN. two 2-bedroom homes. Privacy, deck, sliders, 3 miles to beach, town. No pets. No seasonal rentals. Available weekly 5/10/97-10/11/97. \$300-\$700/week. 508-263-1437.

HILTON HEAD DISCOUNT RENTALS 1 bedroom to 6 bedroom Ocean Condos and Homes. Call toll-free for brochure 800-445-8664 = 800-HILTONHEAD.

KENNEBUNKPORT. Great location! Quiet area within walking distance of beach and Dock Square. Sunny setting, which invites relaxation. Two bedrooms, 2 full baths, all appliances, cable, deck. 475-6789.

LAKE WINNIPESAUKEE: Chalet on Bear Island. Two bedrooms, deck, 32ft. dock. Must have own boat. \$800 per week. Call 508-374-0234.

LOON MOUNTAIN, N.H. Luxury townhouse, 3 bedrooms, all amenities, 4 pools, 11 tennis courts, basketball court, etc. \$600/week. Call 475-4547.

LOON, WHITE MOUNTAINS- four bedrooms, pool, tennis, hiking, biking, nearby golf, water park, attractions. Great for two families. 470-1483.

MAINE- South Bristol, on harbor. Three bedrooms, 2 baths, fireplace, deck, mooring. \$3300/month. Call 207-246-4221.

RESTORED ANTIQUE FARMHOUSE- 4 bedrooms, 2 baths, fireplace, all amenities. Northeast of Quebec City. Fantastic view mountains/St. Lawrence and bi-lingual resort town. Golf, hiking, fishing, whale watch, etc. \$600/week; \$2000/month. Must see photos to believe. Contact Audrey 508-470-0843.

WELLS BEACH, ME. 2 bedroom apartment on Atlantic Ave. \$800/week. Available July 5-19 and August 23-30. Call 508-475-5930.

Resort Places for Sale

ENJOY SUMMER & winter sports. Walk to Weirs Beach and dock. Three bedroom contemporary. Cathedral ceilings/skylights, beautiful enclosed porch, family room with access to covered deck. Very low taxes. \$119,900. Call 603-366-5457.

NEWPORT TIME SHARE- Inn On The Harbor- Private Sale. Red Week 19, second week in May. One bedroom, sleeps 4, includes one paid, banked week with RCI exchange agent. All red weeks are sold out at this prime location. Asking \$9000. Call Jon 475-9376 Andover.

Office Space for Rent

ANDOVER CENTER OFFICE SPACE, 68 Park Street. Victorian building.

Single office \$325/month plus utilities. Two room office or retail space, first floor, 652sq.ft. in unique area of interesting shops and professional offices. \$795/month plus utilities. Single offices \$225 & \$325/month plus utilities. Lee Dodd 617-262-6907.

ANDOVER CENTER OFFICE- Large office and waiting room, will sublet per hour, day or month. Call 474-4999.

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(3) 7/23 BALL.	7.00 +2 pts	7.25
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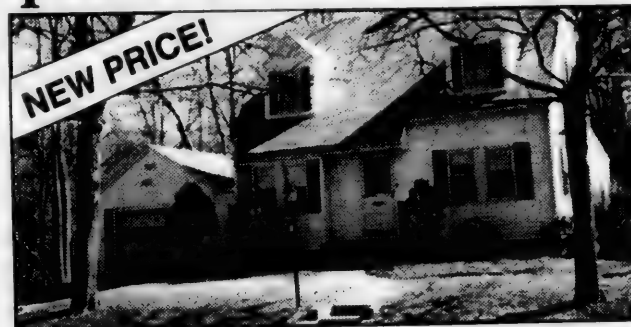
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- ◆ Bancroft School District
- ◆ Oversized two car garage
- ◆ A terrific price \$209,900

For more information about this terrific home, call me today.

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The biggest concerns when moving are often the smallest.



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NEW-TO-MARKET! In town, beautifully updated two family. Each unit has three bedrooms, living room, dining room, eat-in kitchen and in-unit laundry facilities. Walk-up attic plumbed for future expansion.

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ONE ACRE LOT with beautiful wooded rolling land in one of Andover's finest residential neighborhoods. Deep hole and perc approved. Begin building your new home now!

\$250,000



OPEN SUNDAY 1-3

ANDOVER

NEARLY NEW COLONIAL featuring big, airy rooms, neutral decor, loads of closet space & a zero clearance fireplace with decorative carved mantel & tile back. Close to schools & town yet a commuter's dream. Move right in and relax.

\$249,000

260 Beacon Street.
See the interior of this & other fine homes on DeWolfe New England HomeVision, Sunday, 9:30 AM, WCVB, Channel 5.



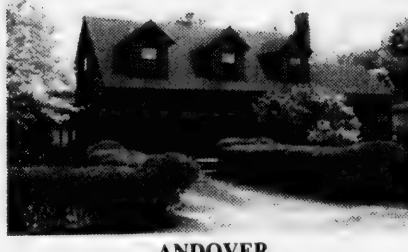
OPEN SUNDAY 2-4

NORTH ANDOVER

WONDERFUL UNIT at most desirable Heritage Green, Oversized sliders to backyard. Wall to wall carpet in living room and bedroom. Heat and hot water included in condo fee.

\$56,900

37 Fernview Ave., Unit 8.



ANDOVER

CLASSIC NEW ENGLAND 7 rm Cape on lovely lot, with wraparound porch overlooking perennial garden. Private yet walk to everything. Quality custom kitchen, 3 bdms, plenty of storage. One car garage. Call for an appointment.

\$267,500



OPEN SUNDAY 2-4

METHUEN

WHY BUY A CONDO when you can live privately in this great ranch with eat-in kitchen, 3 cozy bedrooms & living room with fireplace? Great starter or retirement home in convenient location with nice level yard.

\$99,900



OPEN SUNDAY 1-3

ANDOVER

BEAUTIFUL THREE-YEAR-OLD COLONIAL in young Andover subdivision. Located near end of cul-de-sac, this lovely home boasts light, bright & neutral decor. Some of many features include great room, central air, security system & walk-up attic.

\$309,990

22 Noel Rd.
See the interior of this & other fine homes on DeWolfe New England HomeVision, Sunday, 9:30 AM, WCVB, channel 5.

Commercial - Retail

375 SQ.FT. FIRST FLOOR retail in Victorian complex of shops and offices. 68 Park Street. Call David Rodger 475-1645 or 475-0468.

ANDOVER CENTER- 68 Park Street, first floor, retail or office space. Two rooms, a/c, parking, 652sq.ft. \$795/month plus utilities. Available 8/1/97. Single offices \$225 & \$325/month plus utilities. Call Lee Dodd 617-262-6907.

DOWNTOWN ANDOVER office building for sale. 4200sq.ft. office, 800sq.ft. apartment. NOI \$60,000. Broker/owner 475-1243.

FOR LEASE- 22 Park Street, Andover, second floor, approximately 1300 sq.ft. Call The Ballardvale Company 475-6789.

NORTH ANDOVER- Main Street stores and Route 114 offices. Reasonable rent. COUNTRYSIDE R.E. 686-5232.

Automobiles for Sale

1989 PRELUDE SI- 5 speed, one owner. Cassette player, moonroof. Excellent condition. 88,000 miles. \$6000. Call 508-474-8699.

1990 MAZDA MIATA convertible, red, automatic, a/c, cd player, power windows, cruise and alarm. \$8750 or best offer. Call 475-0549.

1991 CHEVY VAN- One owner. G-20 High Top Conversion. Leather interior, vcr, tv, cd, cb radio, loaded. 125K. \$6000 or best reasonable offer. Will be sold to highest bidder. 475-1158.

1993 CHEVY CORSICA- 70,000 highway miles. Excellent condition. Best offer. Call 725-5349.

1993 FORD EXPLORER- Eddie Bauer, automatic, a/c, cassette and cd changer, power windows/locks, leather, moonroof. \$13,995. Call 475-0549.

1994 ACURA LEGEND. Every conceivable option including cd player. Mint condition. \$21,995 or best offer. Call 475-0549.

1994 MERCURY SABLE wagon. Excellent condition. Loaded, seats eight, phone, non-smoker. \$10,500. Call 685-7968.

MAZDA MIATA 1991- 71K miles, hardtop, blue beauty. A/c, 5-speed, garaged. \$7200. Call 470-2922.

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Andover	22 Olde Berry Rd.	\$203,000
Andover	12 Greenwood	\$315,000
Andover	10 Robundy	\$348,500
North Andover	233 Mass Ave.	\$139,000
North Andover	15 Sullivan	\$265,000
North Andover	922 Dale St.	\$285,000
North Andover	Lot 7 Colonial	\$369,900
North Andover	Lot 8 Sugarcane	\$525,000

NEW LISTINGS

5/20/97 - 5/26/97

39 Salem Winter St.	\$367,000	Colonial
16 Balmoral #314	\$500,000	17.03 Acres
3 Walker Rd.	\$84,900	Condo
148 Main St. #426S	\$49,900	Condo
14 Longwood	\$120,000	Condo
148 Main St. K424	\$72,900	Condo
	\$126,000	Condo

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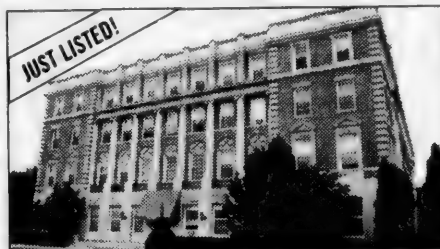
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CALL DEBBIE MOORE 725-5375.....\$64,900

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EASY CONDO LIVING... you can bring your pet, too! Two big bedrooms in desirable location, large living room, pretty open foyer & more! Walk to park, public transportation & more!
CALL LINDA CUTTER X 353.....\$84,900

ANDOVER



ANDOVER'S BEST BUY! Cozy and charming 4 room Condo alternative. New roof, replacement windows, young heating system, all appliances & even a sofa stay! Walk to everything!
CALL JOAN JOHNSON TODAY! 725-5366.....ONLY \$105,000

NORTH ANDOVER



PRICED REDUCED on this adorable ranch! Hardwood floors, large eat-in kitchen with bay windowed eating area, lovely oversized lot with mature plantings. New heating system and central air!
CALL TERRI GOODRIDGE TODAY 725-5357.....ONLY \$144,900

NORTH ANDOVER



ENJOY THE EASY CONDO LIFESTYLE in this attractive Millpond Townhome. Pool, tennis, clubhouse.
CALL SHIRLEY PLATT 725-5381.....\$177,500

INCREDIBLE VIEWS



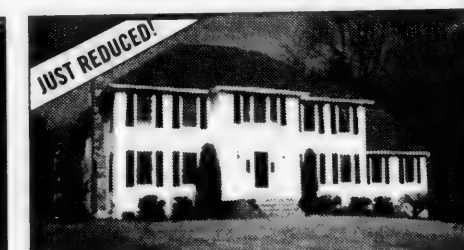
A COUNTRY SETTING of farmlands and rolling hills set on 2 acres of land. New 4 bedroom, 2.5 bath Garrison is only \$210,000.
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ANDOVER



THIS IS IT! Sanborn School, sewer, level lot. Family neighborhood. With all this 7+ rooms, 3 bedrooms, 2 full baths, hardwood brick front home at truly an affordable price. \$254,900
CALL MARILYN BURKE 725-5347

NORTH ANDOVER



NINE ROOM OVERSIZED COLONIAL with first floor study. Additional area on lower level with full bath. Space galore on acre lot and all within walking distance of new elementary school. Call immediately for a showing on this very special home.
CALL COLETTA FANUELE 725-5377.....\$385,900



Which One Is For You?



JUST LISTED

ANDOVER - Located near Merrimack College and within walking distance of Andover Center this six room, 3 bedroom Ranch style home features a fireplaced living room, hardwood floors, full basement and a two car garage. A new listing by Kathy Edholm. **\$209,900**



JUST LISTED

ANDOVER - Wonderful traditional Cape on spacious grounds overlooking Haggetts Pond. First floor freshly painted with fireplaced living room, hardwood floors and cozy den off the kitchen. A new listing by JB Doherty. **\$225,000**



JUST LISTED

ANDOVER - A quiet cul-de-sac is the setting for this spacious, fully expanded Cape. Large family room with fireplace opens to kitchen. Hardwood flooring. Beautiful level yard with flowering trees & raspberry patch. Deck and patio. A new listing by Kathy Edholm. **\$259,900**



JUST LISTED

NORTH ANDOVER - Spectacular California Ranch with over 3,000+ square feet of contemporary living! Three/four bedrooms. Home office with private entrance. Extraordinary yard and gardens. Call for details. A new listing by Barbara Moody. **\$339,900**



**OPEN SUN 1-4
6 Brundrett Ave.**

ANDOVER - JUST LISTED! This lovely hip-roof Colonial has many custom features and decorator touches. Enjoy lush carpets over wood floors in formal areas. Family room with fireplace. 23' X 23' great room has cathedral ceiling & balcony. Four large bedrooms. A new listing by Beth Poulou. **\$395,000**



JUST LISTED

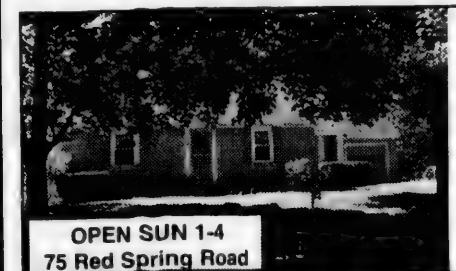
ANDOVER - Let the outdoors surround you! This smashing single owner contemporary is located in a prime setting. Large bright rooms. Designed for ultimate privacy. Perfectly updated and expanded kitchen. Four generous bedrooms. A new listing by Kirk Clarke. **\$469,900**



NORTH ANDOVER - Terrific Millpond townhouse with attractive front courtyard, two bedrooms plus loft, fireplaced living room, pool, tennis and clubhouse. **\$175,000**



ANDOVER - Just unpack! That is all the work you will need to do to move into this very well maintained home. Finished lower level with family room, eat-in kitchen, hardwood floors and more. **\$179,900**



**OPEN SUN 1-4
75 Red Spring Road**

ANDOVER - NEW PRICE! Great location - close to town and major highways. Level, wooded backyard. Nice kitchen with breakfast bar opens to dining room. Hardwood floors throughout. Newer tilt-in windows. **\$199,900**



NEW PRICE!

ANDOVER - Absolutely charming! this seven room home features updated kitchen that opens to a dining room with built-in cupboard; a living room w/fireplace; and a finished lower level. **\$219,900**



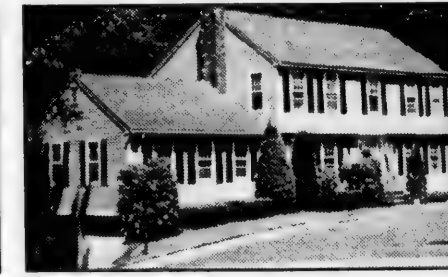
ANDOVER - Warm and spacious Cape with traditional character and appealing modern upgrades. Original milled woodwork and hardwood floors. 7+ rooms, 3 or 4 bedrooms. Sun porch, rear patio and private grounds. **\$284,900**



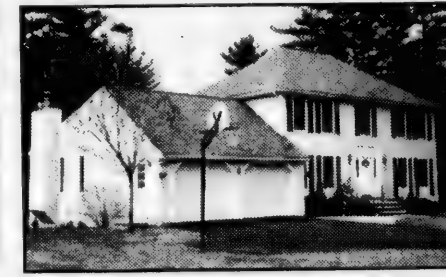
ANDOVER - Priced to sell! Well maintained 8+ room Colonial in Sanborn School/Indian Ridge location. Town services, walk-up attic, three season porch and nicely landscaped lot are the highlights of this family home. **\$299,900**



ANDOVER - The best buy in Andover! Sun-filled and well maintained Garrison Colonial features 4 bedrooms, fireplaced family room, sliders to oversized deck & 2 car garage on cul-de-sac in South School district. **\$299,900**



NORTH ANDOVER - Terrific Colonial on 1.62 acres in desirable Great Pond area. Move in condition! Eight rooms, four bedrooms, hardwood floors throughout, large family room off kitchen. **\$359,900**



ANDOVER - Sanborn School District! 9 room Colonial with nice detailing, hardwood floors, 6 panel doors, and dentil molding in living room & dining room. Vaulted ceilings in family room and master bedroom. **\$409,900**



ANDOVER - Immaculate hip roof Colonial on cul-de-sac. Bay windows in living room, study & kitchen. Cathedral ceiling in family room and in skylit great room. Whirlpool plus separate shower in master. Central vac, wood floors, 2nd floor laundry, and so much more! **\$439,900**

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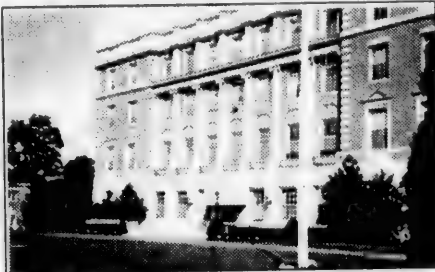
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Historic Balmoral Condo available now! 3 freshly painted rooms with new wall to wall carpeting! On busline to Boston for commuter!
 Call 475-2201 Exclusive \$59,900



NEW LISTING!
An ideal home to start out in! Located on a lovely lot in historic Shawsheen Village just minutes from highways, shopping and the Boston commuter bus is this charming 3 bedroom Dutch Colonial, featuring a large eat-in kitchen and spacious living room. Be an Andover homeowner!
 Call 475-4477 Exclusive \$154,500



WOW — What a value! Warm & inviting Cape in terrific, walk to everything, location! You'll love the flexible floorplan with 3 bedrooms and 2 full baths, plus 3 season porch and deck overlooking lovely private backyard!
 Call 475-2201 Exclusive \$162,000



This Colonial will steal your heart and be easy on your pocketbook... 3 bedrooms, 2 full baths, master bedroom with cathedral ceiling and skylights, gracious living room and located at the end of a cul-de-sac on a tree lined street!
 Call 475-2201 Exclusive \$174,900



NEW LISTING!
 Yesterday's charm and today's amenities are blended in this delightful Colonial, set amid landscaped grounds in the heart of town. Freshly painted inside and out, this updated home offers a redone kitchen, wood floors, 2 porches, and expansion possibilities!
 Call 475-4477 Exclusive \$259,900



On 2 private acres! Wonderful Colonial, with many recent improvements, just waiting for a new family — 3 bedrooms, 2.5 baths, terrific family room, screened porch... turn the key and move in!
 Call 475-2201 Exclusive \$264,900



Sargent School district! Pristine young Colonial on over 2 acre lot with stone walls and tall trees! This home is ideal for the growing family with 4 spacious bedrooms, 2.5 baths and 2 car garage plus the added amenities of a large deck leading to a fenced backyard, easy neutral decor and central air! Fantastic value!
 Call 475-2201 Exclusive \$289,900



NEW PRICE!
 Stroll to the picturesque Olde Center from this handsome 8 room custom Colonial. Lovely interior detailing accents the formal living and dining rooms, updated kitchen, and front-to-back family room with floor to ceiling fireplace. Private rear grounds with mature plantings about conservation.
 Call 475-4477 Exclusive \$299,900



NEW LISTING!
 In most desirable neighborhood convenient to Route 93! Young Colonial in beautiful treed setting — 4 bedrooms, 2.5 baths, cabinet packed kitchen with access to front-to-back fireplaced family room and covered deck, elegant living room and dining room with hardwood floors... just where your family will want to live!
 Call 475-2201 Exclusive \$365,000



NEW PRICE!
 Gracious brick front Colonial on large level lot in desirable North Andover Estates is introduced by a 2 story foyer and offers an oversized gourmet kitchen with center island adjoining a family room with fireplace. ID# 86274
 Call (508) 887-6536 Exclusive \$389,900



NEW LISTING!
 Compare the quality of construction in this pristine 10 room Colonial to the rest! A traditional floor plan and tasteful decor accent the fine detailing in this outstanding home. Enjoy the marble floored 2 story foyer, huge kitchen, 26' x 28' family room, central air and a convenient near town location.
 Call 475-4477 Exclusive \$429,000



NEW PRICE!
 Magnificent views of private wooded grounds can be enjoyed through spectacular walls of glass in this distinctive brick Colonial. Set in the desirable Bear Hill area, its impeccable interior is just right for elegant entertaining as well as comfortable living. Make this house your home!
 Call 475-4477 Exclusive \$489,900



Located in the brick section of historic Shawsheen is this superb quality built 4,300 sf Federal Colonial offering family plus bonus rooms, 3 fireplaces, central air and 3 car garage! ID# 13404
 Call 475-4477 Exclusive \$684,900



On cul-de-sac near Indian Ridge Country Club! A gracious brick walkway leads to this exceptional 12 room, 5 bedroom, 4.5 bath home with elegant 2 story marble foyer, sunken fireplaced living room, glassed solarium, magnificent family room with huge granite fireplace and cathedral ceiling, most handsome cherry paneled library, 2 level master suite with dazzling bath, 3 car garage...call now for more details!!!
 Call 475-2201 Exclusive \$859,900

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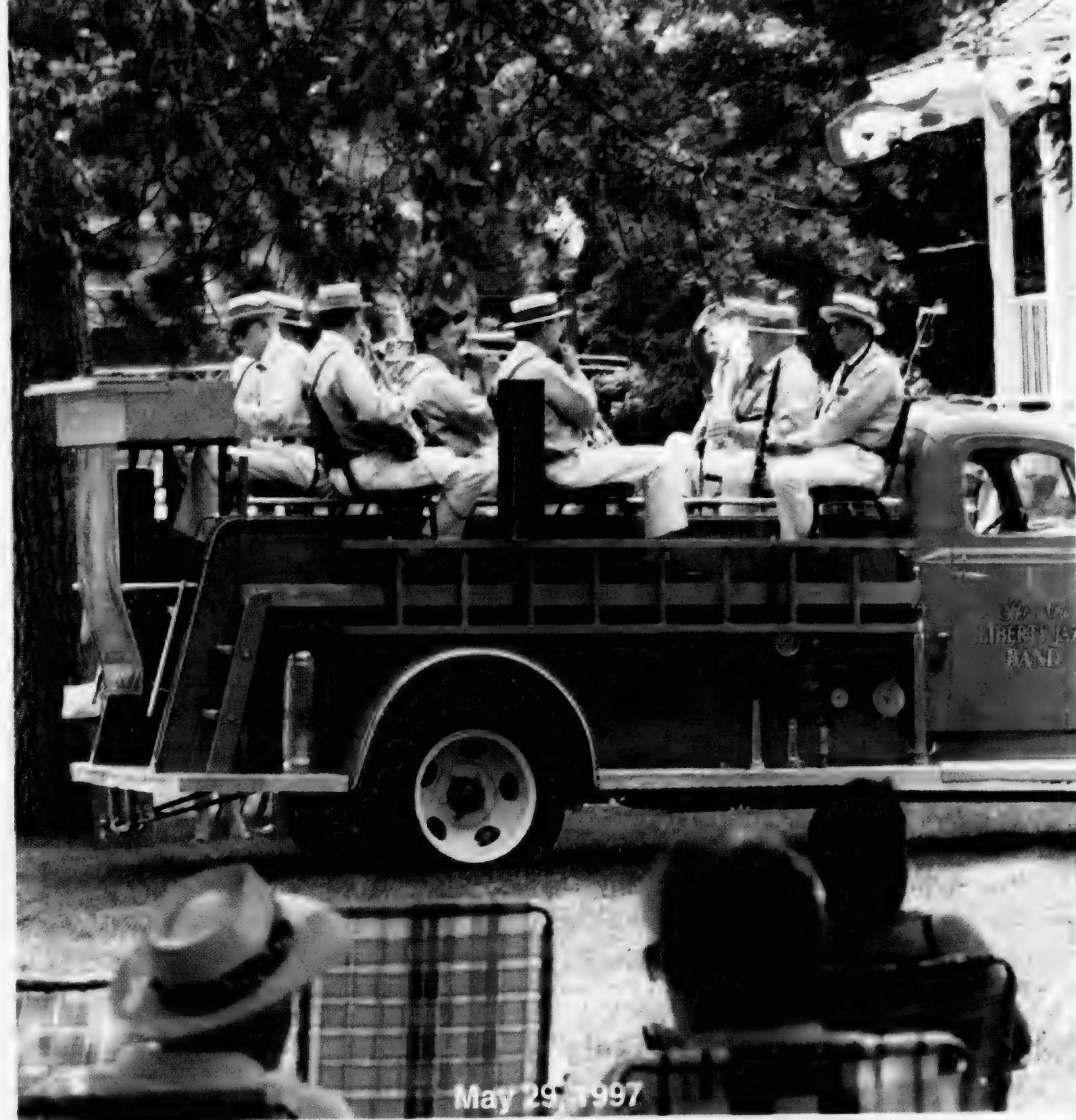
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Delightful Retirement



May 29, 1997

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The Ten Commandments of retirement living

By Terry Rohe

As a correspondent and expert on aging, people always ask me how they should approach their retirement. After all, most of us spend virtually our entire adult lives working, and the thought of all this spare time can be a bit daunting. Personally, I like to think of retirement as a beginning rather than an ending — a time to explore everything the world has to offer. The right attitude is really the key to enjoying your retirement years. Following are my own "Ten Commandments" for mature living.

• **Thou shalt make plans.**

Be bold, be daring. Take up a new hobby; try an evening course at a local community college. Get active in your neighborhood ...anything that keeps your body and mind active.

• **Thou shalt look at the brighter side.**

Be optimistic. Remember, aging is a positive life experience.

• **Thou shalt travel.**

There is no time like the present to see new sites or visit family and friends. Many travel companies even offer special programs for mature travelers like Hilton Senior HHonors®. Call 1-800-432-3600 (Ext. 902) for more details.

• **Thou shalt not whine:**

It's a time-waster and won't win you any friends. Better to devote your energies to solving problems or scaling new heights.

• **Thou shalt write at least one cheerful letter to someone every week.**

Remember, it takes two minutes out of your day to become a highlight of someone else's day, and sharing your thoughts also makes you feel great.

• **Thou shalt laugh often ... deeply ... and loudly.**

Laughing is not only good for the heart, but it also reminds others that you still have a sense of humor. And if you can't laugh at life, what can you laugh at?

• **Thou shalt make a list of 20 things you've always wanted to do and do them one at a time.**

Too often we put things off due to a lack of time. Consider retirement an invitation to finally make your dreams a reality.

• **Thou shalt wear out rather than rust out.**

Spend your time creating new memories rather than dwelling on the past. Stay active.

• **Thou shalt think big thoughts and enjoy small pleasures.**

Don't restrict yourself. Who says you can't write the "great American novel" if that's what you want to do? And don't forget that you really have

time to treat yourself in small ways — take time to smell the roses.

• **Thou shalt sign your living will.**

Don't think of this as a negative. It's the smart thing to do ... for any adult.

Remember, aging is as much a state of mind as a physical process. By keeping these commandments in mind, you can be sure to make the most of your retirement days.

Terry Rohe is an author and correspondent on aging for ABC-TV.

Personally, I like to think of retirement as a beginning rather than an ending — a time to explore everything the world has to offer.

Terry Rohe



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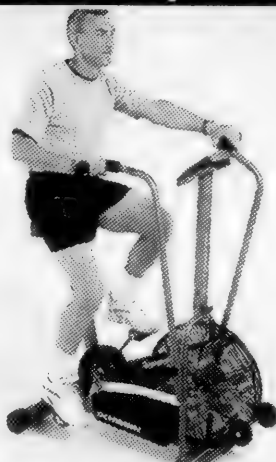
Advertiser Index

Andover Bank.....	9A
Baystate Financial Services	5A
Cedardale Athletic Club	13A
Edgewood	11A
Fallon Seniors.....	3A
Family Bank.....	2A
FESCO Fitness	2A
Heritage at North Andover.....	10A
Hillcrest Terrace.....	16A
Marland Place.....	4A
Northeast Rehab.	12A
Northeast Urologic	4A
Paine Oriental Rug	8A
Park Porsche Audi.....	8A
Personal Touch	15A
Salem Haven	2A
The Savings Bank	7A
Wingate at Andover.....	6A
Wingate at Home	6A

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AT 5/29

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New booklet makes it easier to prepare a living will

You've always made your own decisions. But what if you were no longer able to choose? What if you became too ill to communicate your wishes about your medical care?

A new 10-page booklet, *You & Your Choices — Advance Medical Directives*, can help you answer those questions.

Prepared by Choice In Dying, a national, nonprofit organization best known for creating the first living will more than 25 years ago, the booklet describes two legal forms: a living will and a medical power of attorney.

A living will allows individuals to spell out their wishes about medical treatments to accept or refuse at the end of life. A medical power of attorney allows individuals to appoint someone they trust — such as a spouse, friend, or adult child — to make medical treatment decisions when they can no longer speak for themselves.

Experts call advance directives a gift of love to your family, because making medical decisions for a loved one can be an agonizing process.

But preparing advance directives raises a host of questions, and the illustrated booklet can guide you through the process.

It offers tips on comfortably discussing life-sustaining therapies with loved ones, caregivers and health care providers. And it describes such medical treatments as cardiopulmonary resuscitation, ventilators, and other common types of life support and comfort care.

The booklet also tells how to ensure that your end-of-life medical treatment decisions are honored.

Among the suggestions:

- Think through your feelings about medical treatment. Add any special wishes to your living will.
- Discuss your feelings about medical treatment at the end of life with anyone who might, at some time, be concerned with your health care.
- Keep the original copies of your advance directives in a safe, easy-to-reach place, not in a safe deposit box. Tell others where they are.

For a copy of *You & Your Choices — Advance Medical Directives*, send a check or money order for \$3.50 to Choice In Dying, Dept. C, 200 Varick St., Suite 1001, New York, NY 10014-4810. Or call 1-800-989-WILL (9455). Discounts are available for multiple copies.

Children sing praises of grandmothers

By Father Val Peter

What a blessing good grandmothers are. Think of all of the things you learned as a child from your own beloved grandmother: cooking, sewing, baking, mending clothes, planting a garden and so much else.

She would listen to you. She would have long conversations with you. She would explain how even growing old is a good thing, interesting and exciting if you make it so.

Let me share with you a few reflections from our Boys Town children about how important grandmas are in their lives.

Tiffany, age 10, says, "My grandmother left me a few weeks ago. It was good for her because she is not suffering anymore."

"It was a very sad time for me. Even now, I am still grieving for her."

"She helped me in lots of ways. When I was sad and crying, she would hug me and hold me tight."

"If I were scared, she would make me feel warm and protected."

"She made me a crazy quilt and an afghan from patterns of her old dresses. They kept me warm through the long winter seasons. My grandmother was a devoted, loving person who dedicated her life to the family. I will never forget."

Michael, age 10, says, "My grandmother is a very special person. She is fun to be around. She fills hearts with joy and minds with thought. She makes sure all of her children and grandchildren have smiles on their faces."

"I remember when I was 5 years old, my grandmother made me and my brothers and sisters a big blue pillow with dogs and circles and triangle shapes on it. To this day I have it."

"I know her days on earth will not last forever. I ask the good Lord to take her to Heaven so that we can be together someday for all eternity."

Enrique, age 9, writes, "My grandmother taught me to blow bubble gum and how to sing and dance. She taught me how to love others and myself. She taught me how to make conversation and how to write and all that other good stuff. I love my grandmother."

Do you know of any grandmothers who are crabby? Don't ever let that happen to you. The meaning of the word "grandmother" is caring and sharing, not crabbing and complaining.

God bless all the grandmothers in our lives.

Father Val Peter is executive director of Boys Town.

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Baystate Financial of Andover and The McAree Agency of Boston combine to provide the best in long term care coverage

By Lisa McAree, CLU and Ronald R. Hill, CLU, ChFC

Long Term Care Insurance is one of the fastest growing areas in the financial services industry. Baystate Financial Services of Andover, long a prominent local financial services firm, and The McAree Agency of Boston, well known experts in the long term care area, have forged a partnership to bring the best in long term care to Andover and the Merrimack Valley. Ronald R. Hill and Lisa McAree are the principals of these firms.

Lisa McAree, CLU, is the president of The McAree Agency in Boston and currently serves as President of the Boston Life Underwriters Association (BLUA) and as Chairperson of the Massachusetts Association of Life Underwriters (MALU) Committee on Long Term Care. She is regarded as a national authority on the subject, and can be reached at (617) 227-8875.



Lisa McAree

Ronald R. Hill, CLU, ChFC, is the Managing Principal of Baystate Financial Services here in Andover. In his 14 years with Baystate, he has provided his many clients with advice and financial products in a wide range of areas, among them the services listed in the display ad below.

When President Clinton signed into law the Health Insurance Portability and Accountability Act

of 1996 (HR 3103) he stated that "With this bill we take a long step toward the kind of health care reform our nation needs." This new legislation sends a clear message to seniors that they are responsible for their LTC expenses. The government will assist them by providing favorable tax treatment for the purchase of long term care insurance policies. The new law specifically lays out the attributes of a qualified policy, and insurance companies are hastening to meet those requirements.

Q. What is the chance that I will need Long Term Care (LTC)?

A. The risk of needing LTC is high. Nearly half of all people over age 65 will spend some time in a nursing home. That's one out of every two people. Compare that to the risk of a house fire, one out of 1200, or the chance of an auto accident, one out of 240.

Q. How much do LTC services cost?

A. The average cost of a year in a nursing home is \$40,000 nationally, and can reach as high as \$80,000 or more in and around major cities. The cost of home and community based care will vary greatly depending on how frequently you receive services and for how long. Generally, home care costs run about two thirds the cost of nursing home care.

Q. Will the government (Medicare and Medicaid) pay for my LTC needs?

A. Not likely. Medicare pays for less than two percent of nursing home stays. It only covers you if you are over 65, have been hospitalized for three days and are receiving skilled nursing care. Some 98 percent of care provided in a nursing facility is NOT skilled

care. If you do qualify for Medicare, it will only pay a portion of your expenses for the first 100 days. Thereafter, it pays nothing. Medicare may also pay for home health care if you require skilled care and are homebound. Medicaid pays for approximately 43 percent of nursing home stays, but with many hurdles. To be eligible for Medicaid assistance, you must first spend-down your assets to poverty level, then stay in a nursing facility that is Medicaid approved. This means losing your independence, your personal freedom, and any choices you thought you had.

Q. Can insurance help with LTC expenses?

A. Yes. LTC insurance is designed to help cover LTC expenses. You can plan ahead for financing LTC by paying a manageable annual premium.

Q. What is the cost of LTC policies?

A. LTC policies are similar to other insurance policies in that the cost will vary based on your age and the total dollar benefit amount purchased. The younger you are when you purchase a policy, the lower your premium. An average premium for a \$4,500 per month policy with an inflation rider for a 60-year-old is about \$120 per month. A similar policy would cost about \$230 per month for a 70-year-old, and just \$72 per month for a 50-year-old.

Q. Once more, what are my options to pay for future long term care needs?

A. Self insure. Pay your own way from your cash savings. Become impoverished by spending all your assets, so you can qualify for Medicaid. Or, you can share your risk and coinsure your long term care expenses with a long term care insurance policy.

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A secure retirement medicare drug policy costs beneficiaries

By Martha A. McSteen

Medicare beneficiaries may find themselves facing unexpected bills for hundreds of dollars, thanks to implementation of an old policy.

Beneficiaries have struggled for years to pay for prescription drugs not covered by Medicare. Now, more and more seniors are surprised to find Medicare will not cover some medication they received while undergoing outpatient care — including some surgeries.

For example, cataract patients undergoing surgery as outpatients may be told Medicare will not cover eye drops used to numb eyes before the procedure. Hospital outpatients experiencing chest pains aren't covered for the nitroglycerine they receive. Others must pay out of pocket for medicine prescribed to help relieve pain.

The problem lies in the fine print of Medicare regulations. The fine print has always been there, but only recently have some regional Medicare offices begun to implement it.

Charging beneficiaries for the medication they receive during outpatient care is having a big impact on seniors. Because of advances in medical technology, more procedures can be performed on an outpatient basis. From 1983 to 1993, the number of outpatient procedures performed annually in the United States jumped 167 percent, according to American Hospital Association figures.

The association's Deborah Williams explains outpatient procedures were intended to make things easier for people, and Medicare's policy might have made sense when more simple procedures were performed. "The policy has just not kept pace with the changes that have taken place," Williams says.

According to the regulations, Medicare Part B pays only for drugs that cannot be "self-administered." Even if a physician orders a hospital outpatient to be given a pain reliever, it will not be covered because it can be administered by the patient. Generally,

drugs that can be taken orally can be considered self-administered.

The policy also applies to drugs received during outpatient services, including emergency room care and overnight observation.

The policy is being enforced in Arizona, Florida, Georgia, the Carolinas and in the Kansas City, Mo., area.

Not only is the policy bad for seniors, but for hospitals as well. It means a cumbersome billing system which must distinguish self-administered drugs from other drugs.

Medicare beneficiaries already are overburdened with the high cost of prescription drugs. Unless the regulations on self-administered drugs are changed, beneficiaries will find themselves further disadvantaged.

For more information on this and other issues affecting older Americans, write to National Committee, 2000 K St., N.W., Washington, DC 20006.

Martha A. McSteen is president of the National Committee to Preserve Social Security and Medicare.

Making the later years more enjoyable

With advances in medicine and technology, people are now living longer than ever.

To enjoy all of those later years in the best possible health, it's important to understand the aging process and how it affects medical care for ourselves, family members, friends and loved ones.

Much can be done to make the most of later years through a healthy diet, exercise and preventive-based medicine. On the other hand, greater care needs to be taken in assessing and treating existing and developing medical conditions.

A new book, *The American Geriatrics Society's Complete Guide To Aging and Health* (Harmony Books, \$40), offers helpful and straightforward information about how we age and how to make wise health care decisions. The guide's author, Dr. Mark E. Williams, also covers medical conditions that commonly arise with aging, offering information about how spe-

cific diseases and conditions progress.

In an easy to reference format, the guide reviews commonly experienced conditions and diseases affecting memory and thinking, psychological health; heart and circulation; joints, muscles and bones, sexuality and sexual health; and lungs and breathing.

In the chapter, "Choosing a Doctor," the guide talks about what qualities the older patient or caregiver should seek in a physician and how to obtain the best care during office visits and hospital stays.

Discussions also include pain management techniques and treatment strategies, plus effective methods for coping with various kinds of physical impairment.

The American Geriatrics Society is the nation's oldest professional medical association devoted solely to the special health care needs and concerns of older adults. Their guide is available at local bookstores.

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Headed up by Garry Hennessy, vice president at The Savings Bank and a Chartered Financial Consultant – Key Investment Services offers a full range of investment services from brokerage services to portfolio analysis, and individual investment consulting through Commonwealth Equity Services, Inc. The firm specializes in serving the conservative investor.

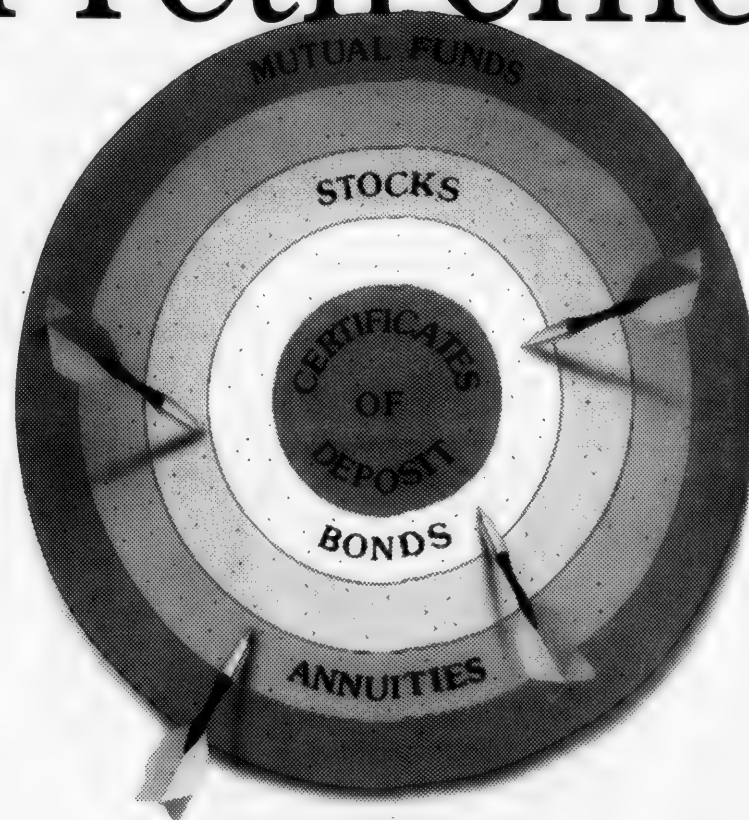
With Key Investment Services you get the best of two worlds. They provide the personal service you expect from a local firm through Commonwealth Equity Services, Inc., an independent broker dealer with a well-established reputation.

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Nutrition needs change as you grow older

If you're over age 55, are you eating right?

If you follow the federal government's "food pyramid," you still might not get all of the nutrition you need. That's because current federal dietary guidelines for proper nutrition are based on the average American's healthy diet — and they don't take into account the changing needs of the 58 million American adults over age 50.

For instance, the ability to digest and absorb nutrients becomes less efficient with aging. After age 50, your calorie needs decrease by 10 percent every 10 years. So, while older adults need fewer calories overall, the need for essential nutrients increases.

"Smart nutrition, moderate exercise and an active lifestyle are as important in later years as they are to young adults," says senior nutrition expert and author Deralee Scanlon, R.D. "Seniors' different nutritional needs can be met with products that fit easily into increasingly active lives and changing diets.

Nutrients that become more crucial as you get older, Scanlon says, include vitamins B-6, B-12, D and the minerals chromium and zinc.

Nutritional drinks are one way that people 55 and older, and those with special health needs, can get the protein, vitamins and minerals their bodies need while also varying their food choices.

Older adults should exercise regularly, eat right and use nutritional supplements as an adjunct to their regular diet to ensure they're getting complete balanced nutrition.

Previously available in healthcare settings, nutritional drinks are now available through food, drug and mass merchandise outlets. They're an easy way to get balanced nutrition, as a quick snack or as an alternative for those who skip meals, such as breakfast.

Sandoz Nutrition, offers a free brochure, "Discover the Link Between Aging, Diet and Health," to educate older adults about their special nutritional needs.

The brochure answers commonly asked questions about adult health and nutrition and provides tips for healthful snacking. For a copy, call 1-800-588-5877 or write to Sandoz Nutrition at P.O. Box 11172, Chicago, IL 60611.

There is hope when your vision fails

How would you cope if your vision began to change?

You may have trouble reading as well as you used to, even with your regular glasses. Maybe you have trouble seeing the television clearly, or when you meet a friend on the street you don't recognize him immediately. You may, in fact, be experiencing "low vision."

Millions of people successfully face life with low vision — sight that is severely diminished, but still useful. There are vision rehabilitation organizations and special products that can enhance residual vision.

Here is a sample of questions most frequently asked of Dr. Bruce Rosenthal, chief of Low Vision Programs at The Lighthouse Inc., in New York City.

Q. What, exactly, is low vision?

A. Low vision is a significant reduction of visual function that cannot be corrected with standard prescription eyeglasses, contact lenses, medication or surgery. It also is known as partial sight. Specific symptoms of low vision include: trouble detecting the sharpness of details; blurred, spotty or hazy vision; loss of depth perception; and faulty color vision.

Q. Everyone's vision tends to diminish with age. Is this different than low vision?

A. Yes. Vision does change as we

age, but severe vision loss is not simply a symptom of growing old. Low vision is often due to an age-related condition such as cataracts, glaucoma or macular degeneration, or a disease like diabetes.

Q. My mother seems to be experiencing some of these symptoms. What are the first steps in getting her some help?

A. First, your mother needs to see an optometrist or ophthalmologist for an evaluation. If her vision loss is not correctable, she should ask to be referred to a low vision specialist in private practice or visit a vision rehabilitation organization.

Q. What can these specialists do for my mother that an ordinary eye doctor cannot?

A. These professionals can prescribe special devices for her condition. Low vision devices include: high-powered reading lenses, telescopic lenses and electronic devices. Use of these devices, in conjunction with vision rehabilitation, helps individuals to function independently.

Q. Where can I get the name of a vision rehabilitation center or specialist?

A. The Lighthouse Information and Resource Service can help you locate professionals in your area. Call The Lighthouse at 1-800-334-5497.



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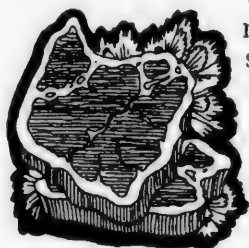
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Senior savvy on food safety?

People over 60 are especially susceptible to foodborne illness because the immune system weakens with age.

Seniors also suffer more serious complications and need to be extra careful when ordering out and eating in. The following food safety tips can help:



- Never eat raw meat, poultry or seafood such as steak tartare, raw oysters or clams. Make sure hamburgers and ground meats are cooked until

they're brown in the middle.

- At home, wash hands, utensils, cutting boards, counter and sink with hot soapy water before preparing food and after contact with raw meat or poultry.



- Always use a clean plate to serve cooked meat, not the one that held the raw meat.

- Never taste food that looks or smells strange to see if you can still use it. When in doubt, throw it out.



For more answers to food handling questions, call the

United States Department of Agriculture Meat and Poultry Hotline at 1-800-535-4555, in the Washington area, call 202-720-3333, from 10 a.m. to 4 p.m., Eastern time.

True or False?

1. Thorough cooking kills most foodborne bacteria.

2. Cross contamination occurs when juices from raw meat, poultry or fish come in contact with cooked food or raw vegetables that won't be cooked before eating.



3. The safest way to thaw a roast or turkey is in the refrigerator.

4. Foodborne illness can be prevented by following simple rules.

All statements are true.



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A National Parks vacation planner



Whether you are visiting the national parks and seashores of the east or the parks of the west, knowing how to get there, where to go and having information on special passes and discounts can make your trip more memorable as well as economical.

Happily, two travel guides in Fodor's Vacation Planner line have just been released: National Parks and

Seashores of the East and National Parks of the West. Both the new eastern volume and the popular western edition offer comprehensive travel information for visitors to the best-loved national parks, seashores, monuments, wildlife refuges, forests, and recreation in North America.

There's more good news. The newest edition of The Complete Guide To America's National Parks has been completely redesigned and updated and offers complete visitor information about our nation's 367 national parks. Last year more than 100 million people flocked to the national treasures listed in these guides. For the first time, these complete guides provide all the information needed to

plan and enjoy a trip to the national parks. Itineraries for exploring by car or on foot are supplemented with listings of re-creational activities, dining and lodging (both inside and outside the parks), and camping facilities. The guides include information — service and entrance fees, opening and closing times, and details on the history, flora, fauna and geology — for each park. Special features include easy to follow, detailed maps showing both main roads and hiking trails and the best day trips for visitors with limited time.

All the books feature extensive information for planning a trip to the parks, including when to go, how to get there by car, plane or train, taking along pets, traveling with children, staying healthy, even which credit cards are accepted.

Vacation planning tips

It's easy to make your next vacation more a trip than a trap by doing a little well-timed planning beforehand.

Here's a checklist from the camping experts at Kampgrounds of America (KOA) that will help your next vacation be hassle-free.

- First, have your vehicle checked over before you leave, including brakes, fluids and windshield wipers. Nothing can detour a vacation like car trouble.

- Make reservations when you can. If you're going camping, call ahead to reserve your campsite.

- Make arrangements with your neighbor, or with the post office to see that your mail doesn't pile up. The same goes for newspapers, if you have them delivered.

- Check your "vacation gear" — fishing rods, day packs, sports equipment and camping supplies — to make sure everything's ready to go.

- Finally, make sure there's enough flex time in your vacation schedule so no one feels rushed or hassled. Remember, too, that families can split up for sightseeing or activities and get back together later in the day.

You can combine the adventure of the outdoors with many of the conveniences of home when you go camping. In addition to clean rest rooms, individual hot showers, laundry facilities and a camp store, modern campgrounds offer convenient locations, level sites, utility hook-ups and swimming pools. At many locations you will find hot tubs, saunas, mini-golf, boat docks and more.



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Edgewood opening highlighted by arrival of first residents

Trucks rolled in, furniture was carefully positioned, boxes were unpacked and an air of anticipation filled the corridors as more than 70 residents recently moved into their sparkling new apartment homes at Edgewood, North Andover's premier life-care retirement community.

"I was really looking forward to moving in, and now that I'm here it's even better than I expected," said Ruth Anderson, one of Edgewood's first residents. "Living at Edgewood gives me the chance to meet new people, take part in the activities I enjoy, and stay in control of my own schedule."

Located 25 miles north of Boston on 62 acres, Edgewood offers a unique blend of country living and metropolitan access. The community is adjacent to historic Edgewood Farm and beautiful Lake

24-hour on-call Medical Director. Respite, rehabilitative and long-term care are available to residents, who also enjoy a private dining room, a full range of activities and social services.

Entrance fees at Edgewood currently start at \$157,000. Three different financial options are available, including a Return-of-Capital™ Plan that returns up to 90% of the entrance fee to the resident, or his or her estate.

"Seeing the apartment homes being occupied does my heart good," said Dr. Joseph Rokous, Edgewood Board of Trustees President. "We've worked long and hard for this, and it's everything we've hoped for."

Edgewood is being developed and will be managed by Life Care Services Corporation (LCS), the industry leader with over 30

EDGEWOOD

Cochichewick, and was designed to offer every resident a rewarding retirement lifestyle full of freedom and personal choice.

"It's great to open the doors and welcome our first residents," said Marlene Rotering, Edgewood Executive Director. "We've done a lot of work in preparation for this, and we're ready to fulfill our promise of providing an active, independent lifestyle to each and every one of them."

Edgewood offers a impressive range of quality services, including maintenance, groundskeeping, and an elegant restaurant-style dining room. The community's 40,000 square feet of commons areas offer popular amenities such as lounge; a beauty shop; an on-site branch bank; a convenience store; and a library.

An inviting outdoor environment adds a host of activities, including boating, gardening and bird watching. All the while, Edgewood residents enjoy companionship and the peace of mind of professional, on-site health care.

"One of our top priorities is to provide quality nursing care, to help our residents maintain the highest level of independent living," added Ms. Rotering. "It's a basic tenet of the life-care philosophy."

At The Meadows, Edgewood's health center, a choice of tastefully decorated private or semi-private rooms and a high staff-to-patient ratio offers an independent, high-quality environment. The Meadows, which is Medicare certified, employ 24-hour licensed nursing professionals as well as a

years of experience in more than 70 communities nationwide. The community is guided by a Board of Trustees made up of local medical professionals, business people and clergy. For more information about life-care retirement at Edgewood, call Sales Manager Kathy Hamel (508) 725-3300.

**Edgewood offers
an impressive range
of quality services,
including
maintenance,
groundskeeping,
and an elegant
restaurant-style
dining room.**

REASON #3 TO CHOOSE AN EDGEWOOD RETIREMENT

Freedom



You've always valued your freedom.

And with a move to Edgewood's life-care retirement community, you'll still have the freedom you cherish. Edgewood's quality, time-saving services such as maintenance, groundskeeping and housekeeping provide you the freedom to participate in your favorite activities, explore new interests, travel or simply relax.

For more reasons why you should choose the retirement lifestyle at Edgewood, call Kathy Hamel at (508) 725-3300 or toll-free (800) 649-3343.

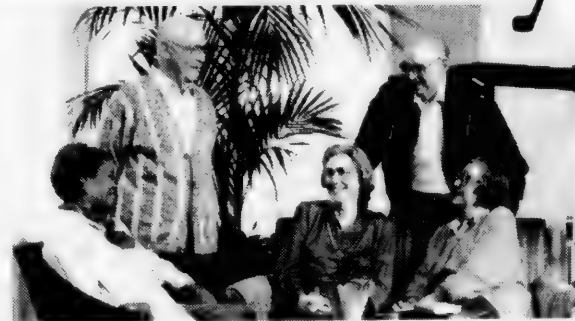
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The way you want to live.

575 Osgood Street, North Andover, MA 01845

REASON #4 TO CHOOSE AN EDGEWOOD RETIREMENT

Stability



You deserve a financially secure retirement. So you'll appreciate the fact that Edgewood is the only true life-care retirement community in the area to be developed and managed by Life Care Services Corporation, the industry leader with over 30 years of experience. It's the kind of assurance that gives you and your family confidence for your future.

For more reasons why you should choose the retirement lifestyle at Edgewood, call Kathy Hamel at (508) 725-3300 or toll-free (800) 649-3343.

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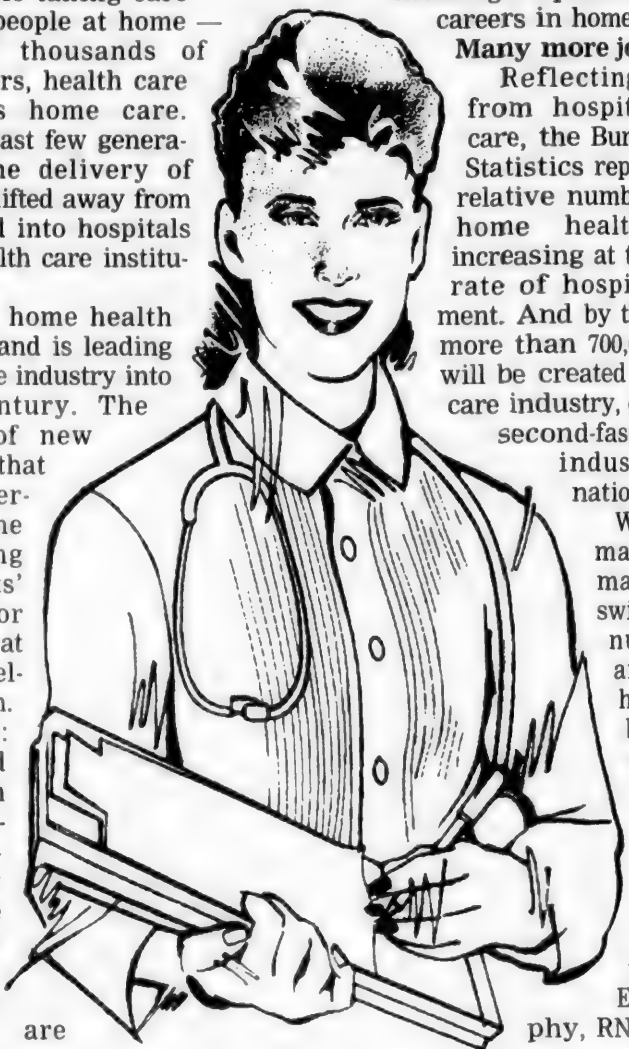


Home care nursing comes of age — again

People taking care of people at home — for thousands of years, health care was home care.

Only in the past few generations has the delivery of health care shifted away from the home and into hospitals and other health care institutions.

But today, home health care is back, and is leading the health care industry into the next century. The emergence of new technologies that can be performed in the home, along with patients' preference for being treated at home, are fueling this return. The result: More and more health care professionals — especially nurses, the cornerstone of home health care delivery — are



choosing to pursue challenging careers in home care.

Many more jobs

Reflecting the shift from hospital to home care, the Bureau of Labor Statistics reports that the relative number of jobs in home health care is increasing at ten times the rate of hospital employment. And by the year 2005, more than 700,000 new jobs will be created in the home care industry, currently the second-fastest growing industry in the nation.

Why are so many nurses making the switch? "Many nurses today are choosing home care because it offers them more opportunities than the traditional hospital setting," said Eileen Murphy, RN, BSN, man-

ager of clinical education for Olsten Kimberly QualityCare.

"Home care nurses are able to enjoy more autonomy in their career while occupying a one-to-one role with the patient as a primary health care provider."

But making the switch to home care is not always easy. According to home care nurses, being on your own requires a different mind-set than traditional hospital nursing. "Home care nurses are often alone with patients and are able to make full use of their clinical expertise and their nursing judgment," said Murphy.

"And while these new challenges and increased responsibility are ultimately rewarding, sometimes it's difficult in the beginning to know just how to function in the new setting."

Smoother transitions

Fortunately, some home health organizations are taking the initiative in helping nurses to make the transition more smoothly.

"Nurses with little or no prior home care experience can develop an understanding of the home care industry through a combination of classroom training and clinical education in the field," explains Anita Novara, vice president of training and development for Olsten.

The biggest benefit of the training program, according to Novara, is the

placement of more satisfied nurses in the workplace. "I worked at a children's hospital for ten years, and I was ready for a change," says Cynthia Gore, a registered nurse from Milwaukee.

"I was looking for several things — flexibility, an ability to set my own schedule and the wellness aspect of home care. Now, I can work with patients in their homes, where they have more control and power than in a hospital. The switch to home care is as rewarding for them as it is for me."

For more information on home care services provided by Olsten Kimberly QualityCare, call 1-800-HOME-NOW (466-3669).

The emergence of new technologies that can be performed in the home, along with patients' preference for being treated at home, are fueling this return.

Seniors: Add food safety to the menu

Sixty-million Americans qualify as seniors, according to the American Association of Retired Persons. And they enjoy eating out! Statistics show that older people eat out as often as the rest of the population, but that they are ten times more likely to die from consequences of food-borne illness than the rest of the population.

The reason is that as we grow older, our immune systems don't work as well to fight off illness. So wherever you eat, protect yourself from foodborne illness by following these food safety examples:

"How would you like your burger?" Always order it well-cooked, and then check to be sure there is no pink in the middle. If so, have them recook it. And, never eat raw meat, poultry or seafood such as steak tartare, raw oysters, or sushi.

"Leftovers" After eating, you have some wonderful food left to take with you. Whether it is presented to you in a foil "swan," a styrofoam box, or you wrap it in a napkin for your purse or pocket (which many people still do), take it straight home and put it in the refrigerator. Bacteria grow rapidly on unrefrigerated foods.

"Check for cleanliness" Look around when you go in a restaurant. Dirty floor? Waiters or servers in soiled clothing? Any evidence of insects? Odds are the kitchen is even worse and the food may not be prepared under sanitary conditions. Plan to eat somewhere else.

"Raw or undercooked eggs" can be health hazards due to possible salmonella problems. Sunnyside-up eggs can be a culprit, as well as Caesar salads, hollandaise sauce, some custards, or any food that contains uncooked eggs. Ask your waiter or waitress if you're not sure about an item on the menu.

"Careful, this plate is really hot!" A common warning that you should certainly heed. However, make sure your food is also Piping Hot! when it's delivered. If it's not, send it back.

For safety's sake, remember three simple guidelines—Keep hot foods hot; Keep cold foods cold, and Keep foods clean. They could save your life.

For questions about the safe handling and preparation of foods, call USDA's tollfree Meat and Poultry Hotline at 1-800-535-4555, Monday thru Friday, 10:00 a.m. to 4:00 p.m., EST.

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'Be Fit - 50 & Beyond': Beginner exercise program for older adults

Enhance the quality of your life with Cedardale Athletic Club's "Be Fit - 50 & Beyond." The goal of "Be Fit" is to maintain personal mobility and independence. Besides being able to do with ease, life's everyday tasks like climbing stairs and lifting, you will have greater stamina to walk longer, play more golf, and enjoy those grandchildren.

"Be Fit - 50 & Beyond" is a group exercise program that will combine individualized training with a group setting. The basis of the program will be group strength training sessions that meet three days a week. Each group meeting will feature a brief educational lecture on various health and fitness issues that are of concern to the older adult. All participants will be monitored during their group sessions as well as

on a weekly overall basis.

The group will meet three mornings a week - Mondays, Tuesdays, and Thursdays from 10 a.m. to 11:30 a.m. All participants, however, will have unlimited club usage Monday through Friday until 2 p.m. Participants also have access to special 50+ social events.

"Be Fit" is an eight week on-going enrollment. The program fee is \$149. All interested participants should contact Fitness Director Lori Guile at (508) 373-1596. Cedardale Athletic Club is located at 931 Boston Road, Haverhill, Mass. and is the area's largest multipurpose health and fitness facility.

Evelyn Conway at Cedardale Athletic Club works out on weight machine as part of "Be Fit - 50 & Beyond" exercise program.



BE FIT 50 & BEYOND

Beginner Exercise Program for Seniors

June 2 - July 24

8 weeks for \$149.00

Program Mon., Tues., & Thurs.
Meeting Days: 10:00 am - 11:30 am

Program Includes:

- *Group Strength Training Sessions
- *Individualized Exercise Program
- *Aerobics, Water Aerobics, Walking, Stretching,
- *Educational Lectures
- *Unlimited Club Usage Mon. - Friday, until 2 pm.
- *Special access to 50+ Club Social Events



**For more information or registration please contact Cedardale Fitness Director, Lori Guile at Cedardale Athletic Club
(508) 373-1596**

Cedardale Athletic Club
931 Boston Road, Haverhill, MA 01835
(508)373-1596

It's never too late to begin a fitness program

Talk about the graying of America. Beginning in 1996, 4 million people will turn 50 each year. So, aging baby boomers, if you haven't developed the exercise habit yet, now is the time to get started.

Look at it this way: Exercise can help prevent heart disease and some of the other illnesses that come with advancing age. It improves cardiovascular health, lowers cholesterol, and can reduce or reverse the bone mineral loss that occurs with aging.

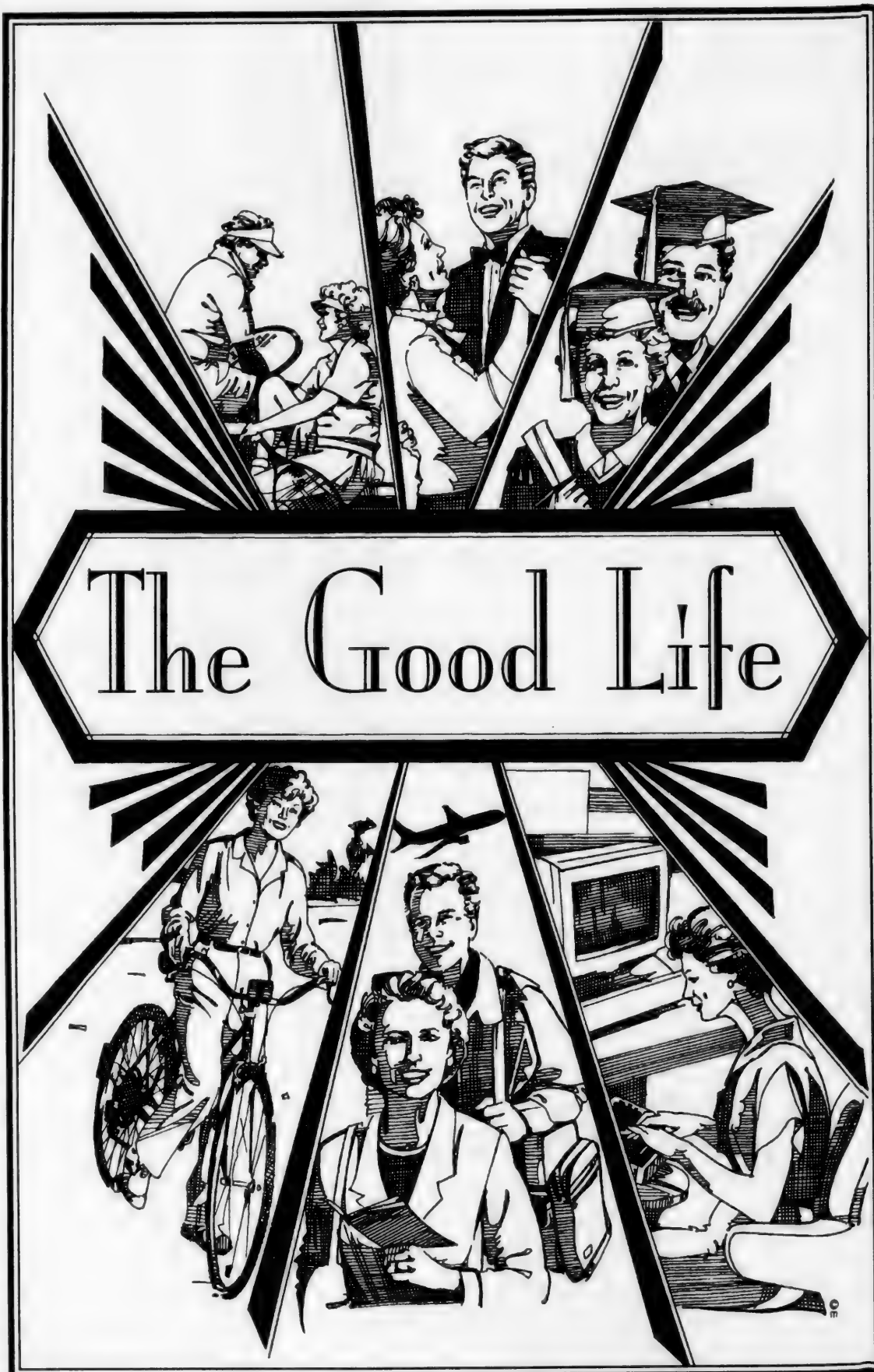
And because exercise builds muscular strength it can help you maintain your independence longer.

If you're 50 or older, the American Council on Exercise (ACE) suggests consulting your doctor before starting an exercise program. Then, begin with a low-intensity, short-duration program, like walking for five or 10 minutes every day.

Your goal, ACE says, should be a comprehensive program that includes a warm-up, aerobic activity, muscle toning and stretching exercises. Gauge the intensity of your program by monitoring both your heart rate and your perception of exertion.

In other words, your level should feel comfortable. If you think you lack the motivation to follow through with your program, joining an exercise class can help. ACE suggests choosing a low-intensity class or one designed specifically for you. A personal trainer can also help you design a program and stay motivated.

For more advice on exercise for adults 50 and older, send a stamped, self-addressed envelope to ACE, Dept. NU, Box 910449, San Diego, CA 92191-0449. Or call 1-800-529-8227 for the names of certified personal trainers.



Grandparents discover grandtripping

Because a lot of the fun of travel is not only where you go but who you go with, many grandparents are having the vacations of their lives taking their grandchildren along.

In Branson, Missouri, they call it "grandtripping," and according to a recent survey, it's very popular. Three out of five grandparents surveyed have taken a grandchild on an overnight, out-of-town trip without a parent. Of those who did, 92 percent report they were pleased by the experience.

"If the right grandparent-grandchild destination is chosen, vacationing together can create deep bonds and lasting memories for both generations," said Gary Smalley, author of *The Key to Your Child's Heart*. "In today's world of far-flung families, two-working parent households and divorce, the

rewards of a grandparent-grandchild relationship can be immense."

More than three-fourths of the grandparents surveyed believe a "grandtrip" can bring grandparent and grandchild closer together. A proud 84 percent expect to show off their grandchild to others and more than half say they will be likely to "spoil" or indulge the vacationing grandchild.

Today's grandparents are an active bunch. A visit to the amusement park tops the list of favorite grandparent/grandchild activities. Two-thirds are up for taking a grandchild to a national park, fishing or for a speedboat ride. Many believe a stage show or a concert would be an enjoyable grandtripping experience, while more than half rate shopping highly.

The 'Golden Years' for men can be very enjoyable

According to the U.S. Census Bureau, more than 33 million Americans are over the age of 65, and that number is expected to reach about 70 million in the next 40 years. A healthier, balanced lifestyle has made today's older Americans more active, better educated and more comfortable with aging than ever before.

Maybe that's because growing older in today's world brings so many improvements, especially for men. Older men say that as they age, their attitudes toward life have changed.

They have become more trusting of their own judgment. They find more time to pursue hobbies and other interests, including the joy of grandchildren. Many men who choose to continue to work find occupations that are enjoyable and a source of pride, rather than a struggle to climb the corporate ladder.

Tips for staying "young":

- Stay sociable as you age. Maintain and increase your network of friends and acquaintances.

- Participate in community activities. They can bring new friends.

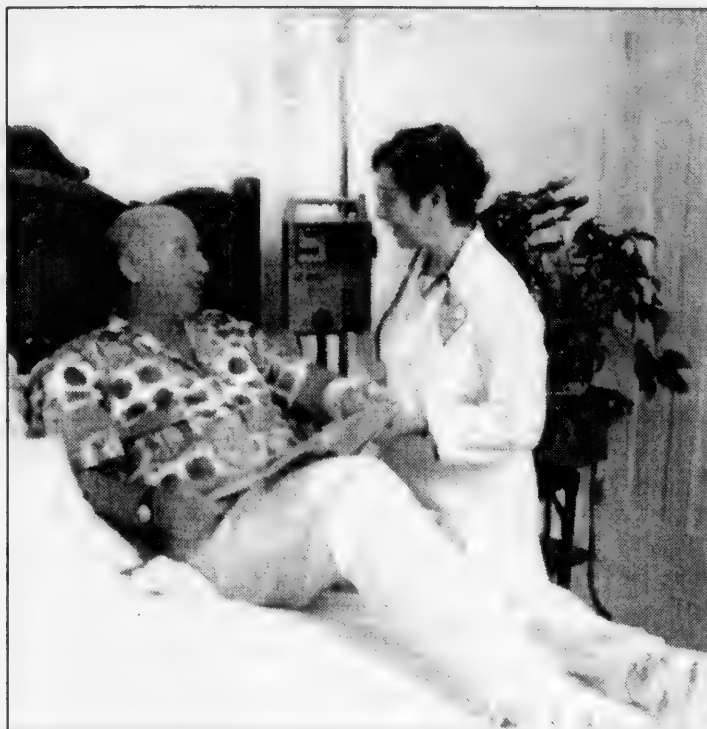
- Volunteer or become a member of an organization. Participate regularly.

- Stay organized. Keep your belongings neat and orderly. Make sure others are aware that you know where everything is kept.

- Ask for help when you need it. Discuss your plans with family members, and your physician.

- Keep yourself well-groomed. Men who continue to keep up their appearance also feel better about themselves.

Personal-Touch Home Care: The people with a heart!



Personal-Touch Home Care of Greater Portsmouth, Inc. is one of 29 full service home health care agency licensed in Maine, N. H. and serving northern Mass. It is administrated by M. Teresa Trow-bridge, R.N.

As a family based business, they are fully aware of the importance of Personal-Touch. They are large enough to offer what patients need and small enough to remember the little things that mean so much.

Quality care is provided by trained professionals with an office staff having more than 20 years experience. Service is available seven days a week, 24 hours a day, 365 days a year. In addition to the screening and testing of personnel, they search for employees who reflect their motto - the people with a heart.

Personal-Touch offers skilled nursing therapy, occupational therapy, speech therapy, medical social work, home health aide, personal care aide, companion/ homemaker and live in.

Personal-Touch will evaluate, coordinate and manage the home care services that suit your needs. They do it all, from verifying coverage for services to processing your claims, to solving reimbursement problems with insurance companies. Ultimately, they relieve you of the burden and stress associated with get-

ting benefits to which you are entitled.

Personal-Touch has offices in N.H., D.C., Fla., Ill., La., Md., Mass., Mo., N.J. N.Y., Pa., Tx., and Va. Each office provides a unique range of services. They are Medicare and Medicaid certified and most insurances are accepted. JCAHO Accredited with Commendations. One phone call to Personal-Touch and the process will begin: 1-800-478-9399.

Feel good again with Personal-Touch!



Personal-Touch was established with the idea that people who need homecare should receive the very best from dedicated caregivers like you who have a genuine concern for and sympathetic attitude toward their patients. Along with stringent screening and testing of our staff, we search for employees who reflect our motto...

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Personal-Touch will evaluate, coordinate and manage the home care services that suit everyone's needs while they concentrate on returning to relative health and independence.

How? One telephone call to Personal-Touch does it all!
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EOE/AA

Finding better health care

It's a jungle out there: A health care jungle, that is. Fortunately, a new book can help. Health Care Choices for Today's Consumer: The Families USA Guide to Quality & Cost (Living Planet Press, \$14.95) offers tips, facts and warnings like these:

- You can't always trust those fancy diplomas on your doctor's wall. More than 100 self-styled medical boards offer membership with few or no requirements.

- If you need major surgery, ask your doctor and the hospital how often they perform this type of surgery. Hospitals that perform a procedure more often are generally safer.

- Of every 16 patients injured by a doctor's negligence, only one collects any money from a lawsuit.

- It's illegal for doctors who take Medicare assignment to charge seniors more than the Medicare-approved fee.

- Don't even think about buying long term care insurance unless you're wealthy.

To order a copy of Health Care Choices, call 1-800-699-6960, or ask for it at your local bookstore.

Grow young

Your thoughts have the power to harm or heal. Believe it or not, says Beauty Beyond 50 columnist Jo Peddicord, thoughts can empower you to "grow young" or grow old.

Twenty-first century thinking is shattering stereotypes about aging. Life after 50 has become a time for new beginnings. We can't help getting older, but we don't have to get old. We can enrich living by building new interests and inspiration, continuing education, exploring the outdoors, community service. Energize life by eating healthy, staying fit and looking your best.

Yes, looking nifty is part of the dynamics. It's not about glamour when glamour isn't appropriate. It's about thinking color, style, letting the best you shine through, creating personal joy and confidence.

Peddicord's award-winning book, *Look Like A Winner After 50*, will guide and help you. According to Jane MacLean Craig, former P.R. Director of Revlon, "This new, updated third edition is destined to change the face of the future for its readers!" Available at bookstores; 1-800-833-9327.

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LAHEY HITCHCOCK HEALTH LETTER

SPRING/SUMMER 1997

WOMEN AREN'T IMMUNE TO HEART DISEASE

Many people mistakenly believe that breast cancer is the leading cause of death in women, and that women are less likely to develop heart disease than men are. In fact, women are just as prone to heart disease as men, and heart disease is the number one cause of death. The key to decreasing this mortality rate is prevention.

About 250,000 women die each year from coronary artery disease, the main form of heart disease, and another 90,000 die from stroke. On the other hand, the American Cancer Society estimates that 1997 lung cancer death rates for women will be 66,000 and deaths from breast cancer will number approximately 44,000.

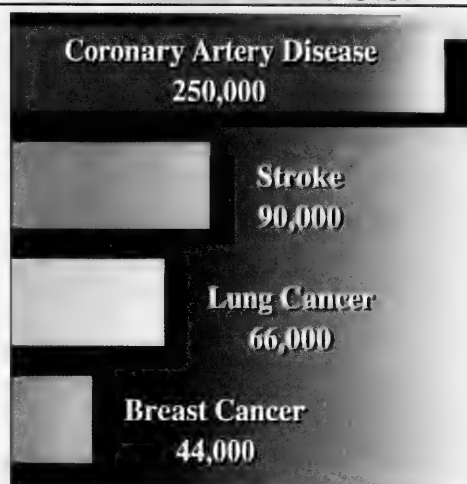
The pervasive myth that women are less likely to develop heart dis-

ease than men may be due, in part, to the early findings of the Framingham Heart Study. This ongoing study looks at the health and habits of thousands of middle-aged men and women in Framingham, Massachusetts. After collecting data for a little more than a decade, researchers found that three times as many men as women died from heart disease during that period. This led them to conclude that women were somewhat protected against heart disease. Yet, further analysis of the data showed that women aren't spared from heart disease, but simply develop it ten to 15 years later in life than men.

This delay may be due in part to women's production of the hormone estrogen, which appears to lower levels of "bad" LDL chole-

continued on next page

Yearly Mortality Rates for Women in the U.S.



Asthma Need Not Threaten Lives

Asthma is a chronic disease that causes the airways to become inflamed and constrict suddenly. This can cause shortness of breath and wheezing and is potentially life-threatening. Fortunately, the understanding and treatment of asthma has improved in recent years and most people can lead normal lives if properly treated.

In people with asthma, the airways (the bronchi and the bronchioles) respond too strongly to environmental "triggers"—the muscles around them constrict, making it difficult to breathe. These triggers include allergens, such as pollens, foods, dust, mold, feathers or animal dander; irritants in the air, such as dirt, cigarette smoke, gases and

odors; respiratory infections such as colds, flu, sore throat and bronchitis; too much physical exertion or emotional stress; cold weather or sudden changes in the weather; and certain medications such as aspirin and drugs that treat high blood pressure and glaucoma.

The prevalence of asthma in westernized countries has been steadily rising in this century, and has doubled in the last 20 years. No one knows why there is an increase, but some scientists have suggested that modern heated homes make a better environment for dust mites, an important source of allergens in asthma. It currently afflicts about 14 million Americans, one-third

continued on 4th page

WHAT'S INSIDE

Playing Safe: A daily tick check can keep you and your child from getting Lyme disease. Understanding poison ivy—can the rash spread? How to avoid the itch.

Colorectal Cancer: Learn how regular screening tests and polyp removal can prevent colorectal cancer.

Sunglasses: Why you need to protect your eyes from ultraviolet radiation and what to look for in your next pair of sunglasses.

You Asked: Eastern equine encephalitis—how common is it? What kind of sunblock is best for infants and children.

terol, raise levels of "good" HDL cholesterol, widen blood vessels, and reduce the risk of clots. After menopause, the ovaries no longer make estrogen and the risk of heart disease begins to climb. Eventually, by age 65 to 70, the risk of heart attack is similar in both sexes, with one in three affected by heart disease.

"Because heart disease strikes women later in life than men," says Paula Kinnunen, M.D., a cardiologist at Lahey Hitchcock Medical Center, "women are more likely to have age-related risk factors that can worsen the severity of heart disease, such as high blood pressure, high cholesterol levels and diabetes."

Gender Differences

Atherosclerosis appears to begin when the inner lining of the arteries becomes damaged. Over time, fats, cholesterol, fibrin, platelets, cellular debris and calcium are deposited in the artery wall. This material, called plaque, builds up, eventually narrowing or blocking the artery.

When atherosclerosis affects the coronary arteries (the arteries that supply blood to the heart muscle), it can cause coronary heart disease, such as angina and heart attack. Angina, a type of chest pain, occurs when the heart muscle can't get as much blood (and hence oxygen) as it needs for a given amount of work. It may be a sign of risk for a heart attack. A heart attack (myocardial infarction) occurs when blood flow to the heart muscle abruptly slows or stops.

In men, angina is one of the most reliable signs of heart disease. Women, however, are less likely to have chest pain when they do have a heart attack, says Meena Sundaram, M.D., a cardiologist at Lahey Hitchcock - Needham. "Instead of typical chest pain, they may have pain in the pit of their stomachs, their shoulders, arms or backs. In some cases, they may just have shortness of breath. Any unusual symptoms need to be checked out."

"I think women tend to ignore the symptoms much more than men do," says Dr. Kinnunen.

In some cases, diagnostic testing for heart disease is not as accurate in women as it is in men. For instance, women taking an exercise stress test, in which an electrocardiograph measures the electrical activity of the heart while they walk on a treadmill, tend to have a high rate of "false positives." In other words, the stress test is more

likely to indicate the presence of heart disease when there is none. These problems have motivated some cardiologists to use alternative imaging tests in women.

Mild cases of heart disease are usually treated with medications, such as blood pressure drugs and cholesterol-lowering drugs. More advanced cases

Hormone Replacement Therapy

Hormone replacement therapy has a fairly well-accepted role in treating the temporary symptoms of menopause, such as hot flashes, and it appears to protect against osteoporosis as well. Another potential benefit is that it may reduce the risk of heart disease in women. In fact, studies suggest that hormone use reduces the risk of coronary heart disease by 50 percent.

According to Paula Kinnunen, M.D., a cardiologist at Lahey Hitchcock Medical Center, studies suggesting the benefits of hormone replacement therapy are not conclusive. "One problem is that these studies have been 'observational,' comparing women who choose to take hormones with those who don't, rather than comparing groups that are known to be very similar and assigning half of them hormone replacement and the rest a placebo. Women who take hormones tend to have healthier lifestyles than

those who do not, which could account for their lower risk of heart disease."

Some studies suggest that hormone replacement therapy may increase a woman's risk of developing breast cancer, but it appears to increase the risk only slightly, if at all. And, when one compares the vastly decreased risk of heart disease, the leading killer of women, with the potentially increased risk of breast cancer, the net effect of hormone replacement therapy is saved lives.

"I'm withholding judgment about the value of hormone therapy for coronary disease prevention, although the calculated benefits are potentially stunning," Dr. Kinnunen says. "Whether or not to take hormone replacement is a decision for women and their primary physician or gynecologist to discuss. Once patients understand the potential benefits and risks, they can make the decision for themselves."

For an appointment in the Section of Cardiology, Lahey Hitchcock Medical Center, call 617-744-3250.

Meena Sundaram, M.D., is available at Lahey Hitchcock - Needham, 617-449-0930.

that do not respond adequately to drugs may need one of two special procedures. In coronary or "balloon" angioplasty, a fine tube is threaded through an artery into the narrowed coronary artery, where a tiny balloon at its tip is then inflated. The balloon enlarges the artery to improve blood flow. In coronary artery bypass graft surgery, a piece of blood vessel is taken from the leg or chest and stitched onto the narrowed coronary artery, creating a bypass around the blockage.

Recent studies have suggested that women undergoing angioplasty have a slightly higher mortality rate than men over the short term. According to Dr. Sundaram, this may reflect the fact that women are typically older and less healthy when they undergo the procedure, and also that they tend to have smaller arteries, which are more difficult to treat with coronary angioplasty. However, she stresses that most people do well after the procedure, regardless of gender.

Prevention Is Key

While you can't change some risk factors like age or a family history of heart disease, there are a number of risk factors (for both men and women) that can be controlled:

- **Stop smoking.** Smoking accelerates your atherosclerosis, making you two to six times more likely to have a heart attack than a nonsmoker.
- **Treat high blood pressure.** Although it usually has no symptoms, hypertension, or high blood pressure, can lead to heart disease and other problems. You can lower your blood pressure by losing excess weight, becoming more physically active, limiting intake of salt, and limiting alcohol consumption. There are also a number of medications your doctor can prescribe to treat high blood pressure.
- **Treat high cholesterol levels.** Studies have shown that lowering high cholesterol levels saves lives.
- **Lose excess weight.** Obesity has

become an epidemic in this country. Excess weight in itself is a risk factor for heart disease, and it also increases other risk factors, such as hypertension and lipid abnormalities.

- **Become physically active.** Physical activity is not only the best way to control coronary heart disease—it's also crucial to overall physical and mental well-being. Experts suggest exercising at least 30 minutes on most, if not all, days of the week. (Talk with your doctor about an exercise program that's safe for you.)
- **If you have diabetes, control it.** Heart attacks and strokes are about twice as likely to occur in people with diabetes. Fortunately, those with diabetes can significantly reduce this risk by keeping blood glucose levels as close to normal as possible. According to Dr. Kinnunen, the key to lowering the mortality rate from heart disease is prevention: "If I had to say one single thing, I'd say, if you smoke—stop!"

YOU ASKED

Question: Every summer I hear about Eastern equine encephalitis. What is it?

Answer: Even though Eastern equine encephalitis (EEE) gets media attention each summer, it is an extremely rare disease. According to the Centers for Disease Control and Prevention, there were no human cases reported in the New England states in 1996. In 1995, there was one case in Massachusetts.

Eastern equine encephalitis is an acute inflammatory viral disease discovered in horses in the 1930s. It is primarily carried by birds and is transmitted to horses and humans by mosquitoes. The virus causes inflammation of the brain and central nervous system and symptoms include severe headache, stiff neck, high fever, chills, nausea and vomiting. There is a high fatality rate and no treatment other than intensive care.

Although incidence of EEE is very low in humans, because of the seriousness of the disease, the mosquito population is closely monitored by state agencies. That is why, in the summer months, you may hear the virus has been isolated from mosquitoes. Insecticide is usually sprayed in the affected geographic areas.

"Because it is so rare, it's not something people should be worried about," says Deborah Sentochnik, M.D., a physician in the Section of Infectious Diseases at Lahey Hitchcock Medical Center. "If the virus is found in mosquitoes, people living in that area should follow personal protection measures for mosquito bites. Wear long pants, long sleeves and insect repellent and avoid being outside during the time mosquitoes are most active—an hour before and after sunrise and sunset. Young children and the elderly are most at risk."

**Cases of
Eastern Equine Encephalitis
in New England States
Past Ten Years
(No cases 1986-89)**

Year	Cases	State
1990	3	MA
1991	1	RI
1992	1	MA
1993	1	RI
1994	0	
1995	1	MA
1996	0	

Source: Centers for Disease Control and Prevention, United States Public Health Service

of them under the age of 18, and results in over 5,000 deaths a year in the United States. Public health experts stress that, properly treated, asthma is not a fatal disease.

Rating Lung Power

Successful treatment of asthma begins with proper diagnosis, which involves a thorough medical history and physical examination. The doctor may also use certain tests to assess the functioning of a person's lungs.

In spirometry, patients blow into a machine called a spirometer, which measures how much air flows in and out of their lungs. In addition to helping with the initial diagnosis, spirometry may also be used to determine how well a given asthma medication is working. In peak flow monitoring, patients blow as hard as they can into a meter, which measures their peak flow (the most air they are able to exhale at one time). Other tests may include a chest X-ray and some blood and allergy tests.

Improved Treatment

Until recently, bronchodilators, which are drugs that open up constricted airways, were the mainstay of treatment for asthma, says Andrew G. Villanueva, M.D., pulmonologist and director of the Asthma Center at Lahey Hitchcock Medical Center. "In the past, we thought asthma was just a disease of bronchospasm, in which the muscles around the breathing tubes were constricted. We now appreciate the inflammatory component of asthma and focus on preventing bronchospasm by decreasing inflammation."

According to Dr. Villanueva, asthma is treated in a stepwise fashion that depends on its severity—how bad the symptoms are, how much they interfere with the patient's daily life, and the results of the breathing tests. At one end of the spectrum are patients with intermittent mild asthma. A typical patient might develop symptoms only when he or she exercises or is exposed to certain allergens, such as cat fur.

Symptoms of Asthma

Asthma is a serious lung disorder that may be underdiagnosed. Check with your primary physician if you have any of the following:

- Shortness of breath
- Unexplained cough
- Wheezing
- Tightness in the chest

For an appointment in the Asthma Center, call 617-744-3250.

For these patients, the first line of medication might be a beta-agonist inhaler (such as albuterol, sold under the brand name Proventil and Ventolin), which can relieve symptoms by opening up the bronchial tubes. Patients are advised to use the inhaler whenever they are short of breath—and whenever they expect to be short of breath, such as prior to exercise or contact with cats. Sometimes, too, they may use inhaled anti-inflammatory drugs such as cromolyn sodium (Intal) or nedrocromil sodium (Tilade) prophylactically in these situations to ward off asthma attacks. In some cases, patients may be instructed to remove or avoid the offending asthma triggers.

"If we find that they need to use the inhaler daily, then we have to think about more chronic treatment of asthma," says Dr. Villanueva. In these cases, patients use inhaled anti-inflammatory or inhaled steroid medications regularly to prevent inflammation. Inhaled steroid medications include flunisolide (AeroBid), triamcinolone acetate (Azmecort), beclomethasone dipropionate (Blevovent and Vancril) and fluticasone (Flovent).

For more severe cases of asthma, other drugs are considered. Theophylline, a type of drug that opens up the bronchial tubes, may be prescribed, especially for controlling nighttime symptoms. If other measures fail, oral

steroid medications may be needed. These medications, which include methylprednisolone (Medrol), prednisone and prednisolone sodium phosphate (Pediapred), are very effective at preventing inflammation, but are used as a last resort because they are more apt to cause side effects, such as weight gain and bone loss.

A new class of anti-inflammatory medications called anti-leukotrienes recently came on the market. Zafirlukast (Accolate) and zileuton (Zyflo) work by blocking or inhibiting the formation of leukotrienes, inflammatory substances that contribute to blocked airways. According to Dr. Villanueva, these drugs appear promising, but are still not considered standard treatment for asthma.

For people with severe asthma and frequent exacerbations that send them to the emergency room, another helpful tool may be a portable peak flow meter. People often feel fine even when their breathing capacity is greatly diminished. The peak flow meter can alert them to trouble well before they notice symptoms, so they can make the necessary changes in their regimen to ward off a full-blown attack.

Dr. Villanueva recommends that people who have asthma or symptoms of asthma avoid over-the-counter inhalants, such as epinephrine (Primatene Mist). Over-the-counter inhalants contain a drug that opens up the bronchial tubes, but does nothing to relieve the underlying inflammation. "If patients keep using these inhalers and there's still a lot of inflammation in the lungs, they're not treating their asthma effectively, and asthma is a potentially fatal disease," Dr. Villanueva says. "Anyone who has asthma should be under a physician's care."

Asthma does not have to be disabling. Dr. Villanueva urges patients to consider the example set by athletes like track and field star Jackie Joyner-Kersey. "These are people who not only can lead normal lives, but can perform terrific athletic feats if their asthma is well controlled," he says.

Playing It Safe This Summer

Preventing Lyme Disease

A bacterial infection transmitted by the tiny deer tick, Lyme disease is difficult to diagnose, but, fortunately, it's relatively easy to prevent.

Deer ticks get the disease by feeding on an infected mouse. Deer are the ticks favorite food source, so ticks are found where deer live. Only ten to 20 percent of deer ticks carry the Lyme disease organism.

Insect repellents, long pants and long sleeves help keep ticks off the skin, but probably the most important preventive measure is a daily tick check.

"The Lyme disease bacteria lives in the stomach of the tick," says Michael Woods, M.D., pediatrician at Lahey Hitchcock - Beverly. "When feeding, the tick will occasionally regurgitate and that transmits the disease. If the tick is removed carefully within a 24-hour period, there's almost no risk of getting Lyme disease because the tick hasn't become full enough to regurgitate."

Tick check: For those who live in a Lyme disease area, Dr. Woods suggests that parents check themselves and their children for ticks every day. "If you do find a tick and pull it off, and you know it wasn't there at 'tick check' the day before, you've dramatically cut down the risk," he says.

The deer tick can be as small as a pencil point, but gets larger as it feeds. "Ticks tend to hide in the scalp, so bath time is a good time to find them," says Dr. Woods. Check your pets as well, because a deer tick might leave the pet to feed on a human.

Tick removal: Use a fine-point tweezers and grab the tick by the head—not the body. Pull the tick straight out. If some mouth parts remain, don't worry; soak the area and they'll come out. Save the tick in a covered jar of alcohol labeled with the date, and body location of the bite, then watch for symptoms.

Symptoms: The greatest percentage of people who get Lyme disease don't remember the tick bite. Any suspicious rash, especially during tick season, should be looked at by a physician. The tiny raised red rash grows very quickly and frequently there is clearing in the center. The rash can occur from a few days to two weeks after the bite. However, 20 to 40 percent of people with Lyme disease don't get a rash. Other reactions include flu-like symptoms—swollen glands, joint and muscle aches, fever, headache and chills. The second stage of the disease comes within two days to ten months and may involve the joints, heart and the central nervous system. "Fatigue can occur at any stage, but as an isolated symptom, it isn't very common," Dr. Woods says.

Diagnosis and treatment: Suspected ticks can be sent to local health agencies for identi-

fication and a test for the Lyme disease organism. There is also a human blood test for antibodies, but it's not completely accurate. Lyme disease can be treated successfully during the first two stages with antibiotics.

"We have to be very careful about diagnosis so we can avoid exposing patients to antibiotics unnecessarily and building up antibiotic resistance," says Dr. Woods.

Poison Ivy

Although poison ivy always has three leaflets, it can appear in many different ways, says Bridget Hanson, M.D., pediatrician at Lahey Hitchcock Medical Center. "The leaves can be shiny, or not shiny, and either reddish or green. It may be a vine on a tree or on the ground, or it may grow as a shrub." Poison ivy produces urushiol which causes the intensely itchy skin rash, sometimes with blisters and swelling.

"A common misconception is that you can spread poison ivy from one rashy place to another," says Dr. Hanson. "Although the oil has most likely been washed off by the time the rash forms, different parts of the skin may be more sensitive. The face may break out first and hands and arms later. It takes up to a week for the complete reaction."

Prevention: Teach your children to identify poison ivy and to avoid contact, if possible. Wash skin with soap and water after being outdoors in areas likely to contain poison ivy. Also, for those who are very sensitive to poison ivy, wash anything that has come in contact with the oil (clothing, shoes, toys), as it can remain chemically active for a long time. If the oil is removed soon after contact, a rash is not likely to develop.

Treatment: Poison ivy rash lasts from one to two weeks and once it develops, there are steps you can take to ease the discomfort. Treatments include hydrocortisone cream, drying agents like calamine or Burrow's Solution, and antihistamines, such as Benadryl by mouth for the itching. In cases with very severe swelling, oral steroids may be prescribed. The rash lasts seven to fourteen days.

For an appointment in the Department of Pediatric and Adolescent Medicine, call 617-744-3250. For the telephone number of a community practice pediatrician near you, call 617-744-3413.



PREVENTING COLORECTAL CANCER:

The Importance of Screening

Although colorectal cancer is second only to lung cancer in cancer-related deaths, it is largely preventable, and it is curable if caught at an early stage.

The large intestine, or colon, is a long muscular tube where digestion is completed and water is absorbed from waste material. The rectum is the end of the colon adjacent to the anus. Cancer of the colon and rectum (colorectal cancer) is a malignant tumor on the inner wall of the large intestine. Benign (but possibly pre-malignant) tumors of the large intestine are called polyps.

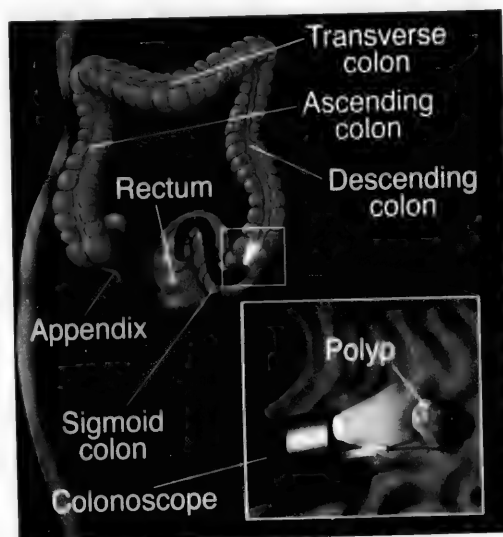
The American Cancer Society recommends screening tests for people at average risk (those age 50 and older) and those who are at increased risk because of a family or personal history of colon cancer, polyps, or certain diseases such as colitis. "Even though very few polyps turn into cancer, almost all colon cancer starts off as a polyp," says Lynn Butterly, M.D., director of the Colon and Rectal Cancer Screening Program at Lahey Hitchcock Medical Center. "Over a period of five to ten years, polyps have a chance to grow larger and may degenerate into cancer. By finding and removing polyps before they become cancerous, we can interrupt this sequence."

Approximately 160,000 cases of colon cancer are detected yearly in the United States and cause nearly 60,000 deaths. "Screening for colon cancer is one of the few ways that doctors can truly prevent cancer," Dr. Butterly says. "It has been shown that removing polyps decreases, not only the mortality rate from colon cancer, but also the incidence."

Screening Tests

Digital Rectal Examination: Many primary physicians recommend a digital rectal examination annually for patients aged 40 years and older. This simple exam is usually part of a routine physical exam and allows a physician to feel if a tumor is present.

Stool Blood Test: Although blood in the stool can be the result of an ulcer, hemorrhoids, diverticulitis or inflammatory bowel disease, it may also indicate colorectal cancer. This test, called a hemoccult, involves placing stool on a card. It is done by the patient at home and sent to a lab for analysis. A stool blood test is recommended annually for people age 50 and older.



To remove a polyp, a wire loop is passed through the colonoscope, placed around the polyp and pulled closed at the bottom. The polyp is cut and cauterized by a mild electric current.

Sigmoidoscopy: A finger-sized flexible tube with a light and tiny video camera on the end is inserted into the large intestine. This instrument allows a physician to directly view the lining of the rectum and lower colon (sigmoid and descending colon) and check for polyps. The procedure is done in a clinic setting and takes only a few minutes. If a polyp is found, a biopsy may be painlessly obtained and in some instances a colonoscopy is scheduled.

Colonoscopy: Similar to a sigmoidoscopy, the colonoscopy is done with a longer tube that enables the physician to view the entire colon and remove any polyps. Patients receive medication that minimizes cramping and discomfort.

Colonoscopy and polyp removal is an outpatient procedure. However, because patients are sedated, they must stay at least an hour afterwards and should have someone available to drive them home. To remove the polyp, a wire loop is passed through the colonoscope, placed around the top of the polyp and pulled closed at the bottom. The polyp is cut and cauterized by a mild electric current. "Polyp removal is completely painless," says Dr. Butterly. "A person would never know they were having a polyp removed if we didn't tell them."

Whether to recommend a sigmoidoscopy first, and a colonoscopy only if there is blood in the stool or polyps present in the sigmoid, is currently being debated. "About 50 to 60 percent of polyps occur in the lower part of the colon and 40 to 50 percent occur in the upper 2/3 of the colon which is beyond the reach of the sigmoidoscope," says Dr. Butterly. "It's possible to have a polyp higher up in the colon and nothing in the lower colon. Tests for blood in the stool are important, but half the people with known cancer will have negative hemoccults and there is an even higher rate of undiscovered polyps. Experts are debating whether or not to do colonoscopies on everyone."

Risk Factors

According to Dr. Butterly, people with increased risk for colorectal cancer are those with a family history of colon cancer or polyps, especially if the relative is a first degree relative (a parent, sibling or child). Another risk factor is having had colon cancer, adenomatous (pre-cancerous) polyps or inflam-

matory bowel disease. There are also inherited syndromes, which place families at much higher risk.

Staying Healthy

Beyond regular screening tests, one of the most important things you can do is to eat well. "There are things that lead to a healthy lifestyle that will also reduce your risk of colon cancer," Dr. Butterly says. She recommends the following:

- Eat a low-fat, high-fiber diet including plenty of fruits and vegetables.
- Exercise regularly.
- If you smoke, ask your physician about programs to help you stop.
- It is possible that aspirin or certain vitamins and minerals may reduce the risk of colon cancer. Aspirin, however, may have negative side effects and its use should be discussed with a physician.

Symptoms and Treatment

There may be no warning signs to indicate that a polyp is present in the colon. If polyps do become cancerous, symptoms include rectal bleeding, a change in bowel habits, abdominal pain or weight loss.

Treatment for colorectal cancer may consist of surgery alone or surgery in combination with radiotherapy and chemotherapy. "It's important for people to know that most early colon cancers—cancers in polyps—can often be eliminated by just removing the polyp," says John Collier, M.D., a colorectal surgeon at Lahey Hitchcock Medical Center. "If the pathology exam of that polyp is satisfactory, the patient may not require any further operative procedure."

If a patient does need surgery, in the majority of cases, bowel continuity is not lost. "Most of the time, even for tumors in the rectum, the surgeon can restore the bowel to normal function," says Dr. Collier.

Whether radiotherapy and/or chemotherapy is given is determined by the size and location of the tumor. "For rectal cancers, it is often beneficial to treat the tumor with a course of combined radiotherapy and chemotherapy before surgery. This shrinks the tumor and adds to the likelihood of cure following surgical removal."

Post-operative chemotherapy may also be recommended, depending on the appearance of the tumor and whether or not the cancer has spread beyond the colon wall.

The success rate for curing colorectal cancer depends, in great part, on how early the disease is discovered. "Overall there is a better than 65 to 70 percent cure rate. If the cancer is found very early in polyps, the cure rate exceeds 95 percent," says Dr. Collier. "This is one of the most highly preventable cancers. For the most part, one can totally avoid colon or rectal cancer by simply participating in an appropriate screening program."

For information, or an appointment for colon cancer screening, your primary physician can call 617-744-8029.



Protecting Your Eyes: How to Choose Sunglasses

Although sunlight and reflected glare can tire your eyes and cause headaches, the most important reason to wear sunglasses is to avoid exposure to the invisible rays of ultraviolet (UV) radiation. According to Ann Kent, O.D., an optometrist in the Eye Institute, Lahey Hitchcock Northshore, long-term cumulative damage from UV exposure includes age-related cataracts (clouding of the lens), pingueculas (elevations on the conjunctiva), pterygiums (fleshy growths on the surface of the eyeball, typically extending from the inner edge of the eye and onto the cornea), skin cancer around the eyes, and, possibly, macular degeneration (age-related damage in the central vision area).

The American Academy of Ophthalmology and the American Optometric Association recommend that sunglass lenses transmit no more than one percent UV-A and one percent UV-B. "The problem with many over-the-counter sunglasses is that labeling can be misleading," says Dr. Kent. "The label may say '100 percent ultraviolet protection,' but that is based on an industry standard that defines ultraviolet protection as *transmitting no more than ten to 30 percent UVA and five percent UV-B*. That is not sufficient UV absorption."

When purchasing sunglasses, look for one of the following terms:

- One percent UV-A and one percent UV-B transmittance.
- Accepted by the American Academy of Ophthalmology.
- Accepted by the American Optometric Association.

UV 400 is a clear ultraviolet protective coating that can be applied to prescription eyeglasses and is recommended for all cataract surgery patients.

In the Shade...

Polarized lenses, progressive shading, blue-blocking (amber) tints—all are personal choices, says Dr. Kent. "Along with UV protection, look for a large lens size of good optical quality and possibly a wrap-around style to protect from side glare. And wear a hat—a wide-brimmed hat alone reduces the ultraviolet radiation exposure to the ocular surface by 50 percent."

For an appointment in the Eye Institute, call 617-744-3250.

YOU ASKED

Question: What kind of sunblock is best for infants and small children?

Answer: "It's best to avoid using sunblock on infants younger than six months and keep them out of direct sunlight. Children six months and older need a sunscreen with an SPF between 15 and 30 any time they're outside for more than 40 minutes," says Bridget Hanson, M.D., pediatrician at Lahey Hitchcock Medical Center. "For children who are very fair-skinned, I'd recommend that they stay out of the sun in the middle of the day, and they should wear a hat when they do go out."

Whether or not to choose a brand that is "PABA Free" is a matter of trial and error. "You can start with one that has PABA (para-aminobenzoic acid)

and if it works well with your child's skin, go ahead and use it," says Dr. Hanson. "People can be sensitive to any of the ingredients in sunscreen."

"Using a sunscreen with an SPF above 30 isn't necessary. The difference in the protection offered by SPF 45 and SPF 30 is one or two percent. You don't get much more protection but you do expose the child to a lot more of the active ingredients."

Some sunscreens come in combination with insect repellent. They are not recommended, because sunscreen needs to be reapplied every two or three hours and insect repellent lasts at least six hours. Sunscreen should be applied liberally; insect repellent should be used more sparingly.

If your child does get sunburn, treat it as a burn: For redness and discom-

fort use cool compresses and acetaminophen (Tylenol). If there are blisters, leave them alone, but if they do open, dry, dead skin may need to be removed, or debrided, and an antibiotic ointment applied.

Sunburn sprays can cause skin sensitivity, says Dr. Hanson, so it is probably better not to use them. Applying moisturizing lotion can help make the skin feel better.

"Our goal is that children never get a blistering sunburn," Dr. Hanson says. "This is a chance for parents to keep their child from getting skin cancer as an adult."

For the telephone number of a Lahey Hitchcock Clinic pediatrician near you, call 617-744-3413.

LAHEY HITCHCOCK CLINIC

Whether you need a primary care physician in your community or a specialist for complex problems from allergies to heart disease, Lahey Hitchcock Clinic has a doctor who's right for you.

Lahey Hitchcock offers the best of both worlds—a network that links more than 100 community-based internists, family practitioners and pediatricians throughout eastern Massachusetts with 300 doctors representing virtually every specialty and subspecialty of medicine at Lahey Hitchcock Medical Center in Burlington and Lahey Hitchcock Northshore in Peabody.

Anyone with a health concern can become a patient at Lahey Hitchcock Medical Center or Lahey Hitchcock Northshore by calling the Central Appointment Office. For those who don't have a specific doctor in mind, the Appointment Coordinators are skilled in matching patients with appropriate staff members. If you have a primary care physician and would like a referral to see a Lahey Hitchcock specialist, your physician can call the Physician Referral Office.

To be seen by a physician at a Lahey Hitchcock community practice, you should call the practice directly.

We accept all "traditional" insurance plans, HMO Blue and other Blue Cross and Blue Shield plans, the plans of Harvard Pilgrim Health Care, the Tufts Health Plans, as well as more than 35 other health insurance and managed care plans. Plan affiliations vary by location.

For a Directory of Sites or information about Lahey Hitchcock Clinic services, call 617-744-3413.

Or, see our Web Page at www.lahey.hitchcock.org

To make an appointment with any physician at Lahey Hitchcock Medical Center or Lahey Hitchcock Northshore, call 617-744-3250.

For the address and number of Lahey Hitchcock Clinic community practices near you, call 1-800-524-3955.

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The Lahey Hitchcock Health Letter is produced as a nonprofit service of Lahey Hitchcock Clinic.

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SPRING/SUMMER 1997

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1 9 9 6

Lowell General Hospital Annual Report



An Annual Report on the Health of Lowell General Hospital

**Quality of Care,
Patient Preference,
Financial Health,
and Patient Satisfaction**

The Lowell General Hospital Mission

"Patients First! in Everything We Do"

- We are sensitive and responsive to the individual needs of our patients and their family members.
- We are committed to providing quality care to our patients through a highly trained and motivated staff, state-of-the-art equipment, progressive clinical care, and collaborative teamwork.
- We continuously evaluate and improve our services to meet the needs of our patients and the community we serve.
- We go the extra mile to serve our customers with kindness, compassion, and respect.

A Comparison of Healthcare Excellence

The Challenge: Some people postpone selecting doctors or a hospital because they're not quite sure how to judge healthcare quality. It's often said that the best time to ask for a loan is when you don't need it. Well, the best time to choose a primary care physician is while you're healthy. That way, you can avoid making hurried decisions about doctors and hospitals, before an urgent medical need arises.

The question of healthcare quality is on everyone's mind, but how do you judge quality? How can you really tell if a hospital is "healthy" and if it's in the best position to meet your needs?

A Solution: One way that we can distinguish between healthcare excellence and mediocrity is by examining a report such as this one.

For your review, Lowell General Hospital has prepared our own "annual health checkup" report. The "physicians" who provided the results included in this report are independent accrediting agencies and other similar organizations



Throughout the report, you'll read about the criteria typically used to judge healthcare quality. You'll see how Lowell General's performance compares with that of other healthcare organizations. Equally as useful, you'll discover some key questions to ask when evaluating the health of an organization, and how to interpret the answers you receive.

We are proud that our medical staff, nurses, other clinicians, services, facilities, and financial strength consistently rank among the nation's very best. I appreciate the confidence and support that the community has shown to Lowell General Hospital throughout the past year. We're continuing to work hard to exceed your high expectations for quality of care and customer service. This report card exemplifies our mission of "Patients First! In Everything We Do."

A handwritten signature in dark ink, appearing to read "Robert A. Donovan". The signature is fluid and cursive.

Robert A. Donovan
President

On Examination of LGH's Quality of Care

Indications: One of the most difficult things for a prospective patient to do is evaluate the quality of a hospital's health care delivery. However, with the help of independent organizations such as the Joint Commission on the Accreditation of Healthcare Organizations (JCAHO), the task becomes much easier.

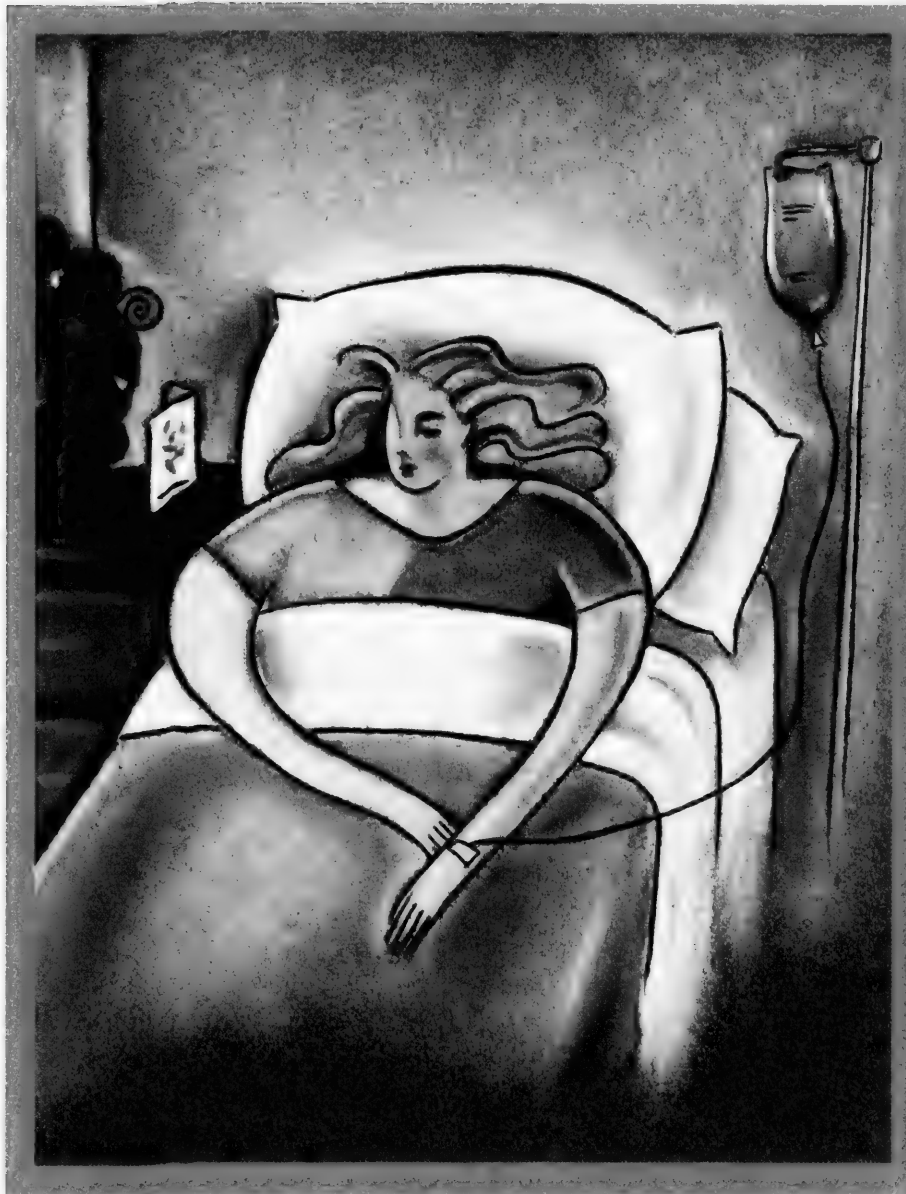


Methods: Every two or three years, hospitals voluntarily invite the JCAHO to evaluate their organizations on a variety of areas that determine the levels of competence and excellence in areas of patient care, staff expertise, facilities management, hospital leadership, and management. Approximately 80% of the nation's hospitals are involved in the JCAHO accreditation process.

Results: In January 1995, the Joint Commission evaluated Lowell General Hospital through an objective evaluation of its performance in relation to more than 700 standards that relate to quality of care. As a result, Lowell General was Accredited with Commendation, the highest level of accreditation achieved by only 4% of hospitals at that time. Further, the hospital received a total score of 97 out of 100 possible points in the survey. Other indicators of quality of care include length of stay, C-section rate, and the percentage of physicians who are board certified.

Follow Up: The hospital has been preparing for the past year for the arrival of the Joint Commission for the next accreditation survey in January 1998. Lowell General Hospital participates in local and national quality measurement initiatives, such as the Quality Indicator Project sponsored by the Association of Maryland Hospitals and Health Systems. More than 500 selected other hospitals in the nation also participate in the effort, which provides for excellent statistical comparisons of LGH's data with comparable organizations.

An Examination of LGH's Quality of Care



Accreditation

97 score

Received by only 4% nationally

The rating of Accreditation with Commendation is the highest of six levels of accreditation awarded by the Joint Commission on Accreditation of Healthcare Organizations. LGH was among only 4% of all hospitals in the nation to receive this distinction, with a total overall score of 97 of 100 possible points.

Nursing Expertise

100%

Matched by few hospitals

The entire nursing staff in Lowell General's Emergency Department and Trauma Center is nationally certified in both emergency medicine and pediatric emergency medicine. This significant accomplishment by the nursing staff is matched by only a handful of other hospitals in the state.

E.D. Returns Admitted

5.15%

National average is 16.84%

The percentage of patients who return to the hospital and are admitted after an emergency department visit is 5.15%, compared with the national average of 16.84%. This is an indicator of the quality of a hospital's evaluation of a patient's condition and the care delivered to the patient in the emergency department.

C-Section Rate

17.9%

State average is 20.7%

Because higher risks and costs are associated with Cesarean births, the procedure should be performed only when medically necessary. Of all the births at Lowell General, 17.9% were delivered by Cesarean compared with a state average of 20.7%.

Infant Mortality

5.8

Compared with 14.8 in 1990

The infant mortality rate in Lowell has dropped from 14.8 to 5.8 deaths per thousand live births during the last five years. The Prenatal Clinic at Lowell General and the Lowell Community Health Center have made major contributions to lowering the rate by providing early prenatal care for women with high-risk pregnancies.

Physician Expertise

86.5%

State average is 74.3%

Physicians who are board-certified in their specialties have successfully passed written and verbal examinations in their areas of specialty and three to seven years of full-time accredited training beyond medical school. More than 80% of LGH's medical staff are board-certified, and a full 95% are either board-certified or board-eligible.

An Examination of LGH's Patient Preference

Indications

It's not unusual for people to select a health care facility based upon a referral from a family member or friend who had positive experiences at a hospital. Hospitals track the percentage of patients who use their facilities from each city and town. A key indicator of patient preference is this percentage, or "hospital market share." The higher the market share from a given community, the more a hospital is perceived as being able to meet the patients' health care needs.



Statement

A steady increase in market share is a strong indicator of patient and physician satisfaction with the services of a hospital. Measures such as the number of visits to an Emergency Department, number of births, and the number of admissions all relate to patients' preference of using a hospital's services over another health care facility. Information such as these statistics are gathered by individual hospitals and reported to the state's Department of Public Health for analysis.

Results

A measure of patient visits to a hospital's emergency department tells not only how strongly patients regard a hospital's expertise in treating urgent and emergent health problems, but also which hospital has top-of-mind credibility when time is of the essence. Over the past year, the majority of patients using an emergency department at one of the Lowell hospitals selected Lowell General. When patients have the luxury of taking the time to evaluate a hospital's services, such as when selecting a maternity service, a measure of the number of births delivered at a hospital is a valuable indicator of how patients perceive the quality of a hospital's maternity service. Lowell General is the leading choice of future mothers.

Follow-Up

Lowell General recognizes that many factors influence patients' decisions to choose the hospital as a preferred choice of health care. Access to advanced services not available elsewhere locally have always been an important reason why people switch to LGH.

An Examination of LGH's Patient Preference



Total Admissions

62%

of total admissions to Lowell hospitals

Nearly two-thirds of all patients who are admitted to one of the Lowell area hospitals choose Lowell General Hospital as their hospital of choice. Over the years, this market share has grown from 40% in 1990 to 62% in 1991.

Emergency Visits

51%

compared with 30% in 1991

The majority of patients choosing between the Lowell area hospitals for emergency care now choose LGH's Emergency Department and Trauma Center for their care. Since 1990, patient visits have grown from 3,816 to 42,534. This increase was a market-driven response to the quality of emergency care at LGH.

Managed Care

74%

of major HMO coverage

More than 74% of Greater Lowell patients subscribing to the state's three largest HMOs—Tufts, Harvard Pilgrim, and HMO Blue—have chosen LGH physicians and Lowell General as their health care team. The confidence that these 56,412 patients have in LGH gives the hospital the largest HMO market share in Greater Lowell.

Pediatric Care

74%

State average is 5.4 days

Three out of every four children admitted to a Lowell area hospital in 1990 went to Lowell General. With the only dedicated pediatric inpatient unit in Lowell, complemented by a full array of outpatient pediatric specialty clinics, has made LGH the dominant pediatric provider in Greater Lowell.

Births

85%

Compared to 75% in 1990

In fiscal year 1990, a full 85% of all babies born in Lowell area hospitals were delivered at Lowell General Hospital, compared to 75% in fiscal year 1990. Growing consumer confidence in LGH's maternal and neonatal care has made LGH the eighth largest maternity center in Massachusetts.

Admissions

31.2%

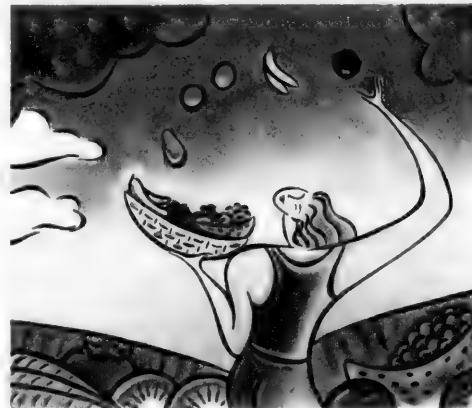
of over 60 hospitals with some market share in Greater Lowell

Lowell General is the hospital of choice for 31.2% of all patients who are admitted to any Massachusetts hospital from Greater Lowell, nine towns. This represents nearly a 50% increase from 21% in 1990. It's a great indicator of strong physician and patient satisfaction with a hospital.

An Examination of LGH's Financial Health

Indications:

A financially healthy hospital is in the best position to serve you when you are ill and in need of care by a well-trained professional staff using the latest technology in modern facilities. A thriving hospital that operates on the basis of sound fiscal management has the capacity to reinvest surplus funds in new technologies, patient care services, community benefit programs, facilities, and equipment.



Standard:

A key standard of a non-profit hospital's financial health begins with examining the bond rating that investment services such as Standard & Poor's, Moody's, and Fitch have granted. The various ratings given are an indicator of the confidence that these firms have in the hospital's continued health and financial management ability. Other standards for comparing the financial condition of a hospital and the cost efficiency in delivering care include the "charges-per-discharge", the operating margin, and the amount paid into the State's free care pool.

Results:

Lowell General received a AAA insured rating from all three major investment firms in fall 1996, when bonds were issued in preparation for building the new Cancer Center. A total of \$6.6 million was paid by the hospital for free care at Lowell General and elsewhere last year. This contribution to the community's health, combined with the fact that the hospital had a surplus of funds last year to reinvest in patient care services, are another excellent indication of the hospital's financial well-being.

Follow-Up:

With its sound financial health and the ability to reinvest capital, Lowell General Hospital continues to improve its physical plant and provide facilities for new services. Most notably in 1997 and 1998 will be the building of the Cancer Center at Lowell General Hospital, a \$12 million, 20,000-square-foot center that is destined to be recognized as the leading regional provider of comprehensive cancer care services. The center will be operated in affiliation with Dana-Farber/Partners CancerCare.

An Examination of LGH's Financial Health



Bond Rating

AAA

First in the Merrimack Valley

Lowell General Hospital has a Triple-A rating from Standard & Poor's, Moody's, and Fitch. A strong bond rating indicates a thriving hospital with the capacity to reinvest in new technologies, facilities, and equipment.

Hospital Charges

\$6,115

State average cost \$9,897

The average hospital charges per discharge for a patient requiring acute inpatient care is \$6,115 compared with the average of \$9,897 for other hospitals in Massachusetts. Lower charges per discharge means that a hospital is working hard to keep costs in line, providing efficient care in an effective manner.

Free Care Pool

\$3 M

\$6.6M total for free care

The hospital paid \$3 million to the state's free care pool so patients across the state could receive free care. LGH provided another \$3.6 million in free care for individuals who could not afford to pay for care. This demonstrates the hospital's track record of benefiting the community.

Reinvestment

\$30.8 M

Average of 2.6% annually

During the past five years LGH has reinvested more than \$30.8 million to buy new technology. The percent of annual revenues that LGH is able to reinvest annually is 2.6% versus the Mass average of 1.6%. The greater the amount, the better a hospital's ability to enhance patient care.

Debt Service

6.35

State average ratio is 2.59

LGH's ratio of available funds for the payment of debt coverage to the required principle and interest is 6.35 compared with other Mass hospitals that average 2.59. A higher debt service ratio is favorable, meaning the hospital is in a better financial position to pay its debts.

Employees

1,440

Lowell's largest healthcare employer

Lowell General Hospital Corporation is the area's largest healthcare employer with 1,440 employees. Besides the hospital, Lowell General operates the Lowell Community Health Center, Fairhaven Nursing Home, and Lowell Respiratory Services.

An Examination of LGH's Patient Satisfaction

Indications:

Because it's often difficult for a patient to determine the quality of patient care, it's no surprise that research has shown that many factors contribute to a patient's overall satisfaction with the care received at a hospital. Some factors that affect satisfaction include: concern for a patient's privacy, overall cheerfulness of the hospital, attention to spiritual and emotional needs, staff sensitivity, and attitude toward a patient's visitors.



Standard

Patient satisfaction measures at Lowell General Hospital are based on research by Press Ganey Associates, a national firm specializing in patient satisfaction surveys. The survey is sent to all patients who have received care as an inpatient at the hospital. The survey can be completed anonymously, and includes questions on the key elements of care that have a significant impact on a patient's overall satisfaction with care. The hospital's results on the survey are compared with those of approximately 500 hospitals across the nation.

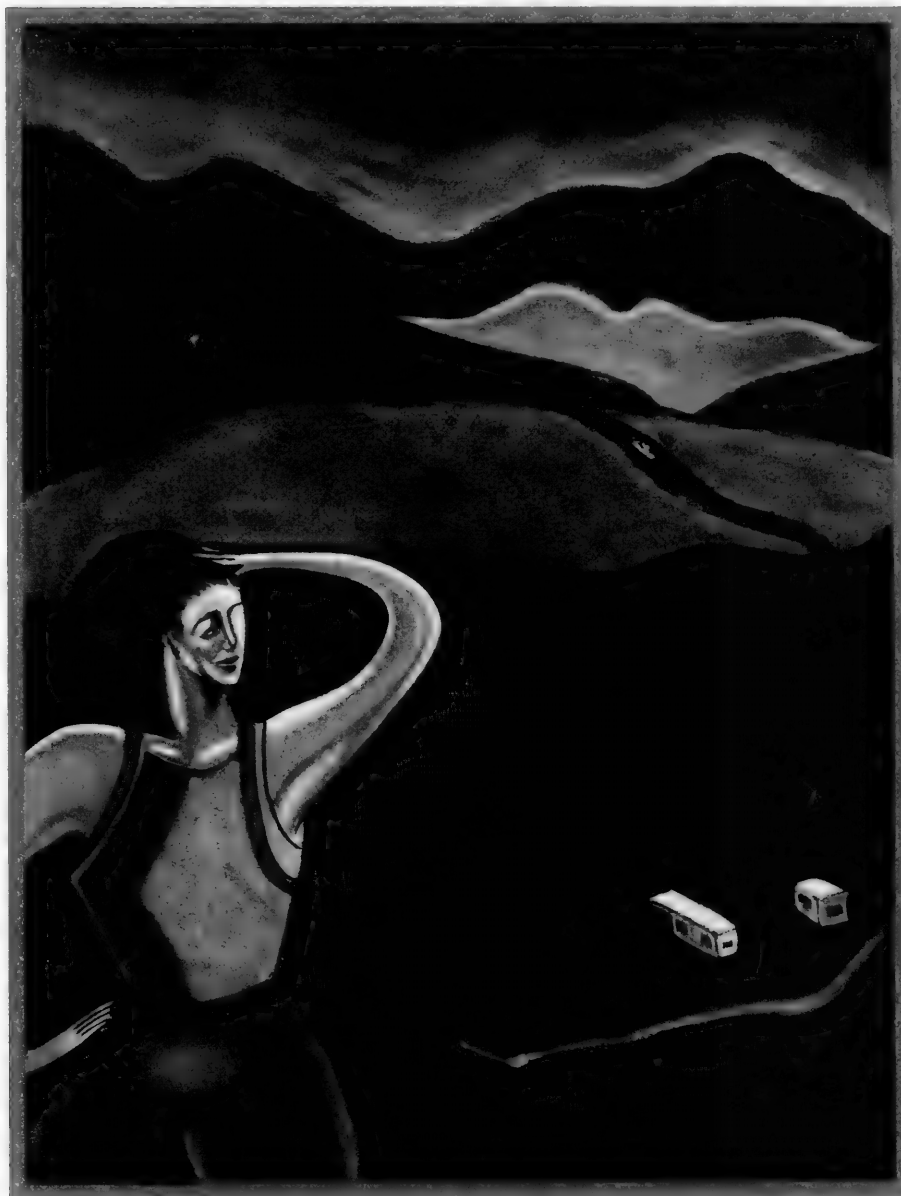
Results

Lowell General consistently rates in the top 10% of all hospitals nationwide for several dozen measures that are most important to a patient's satisfaction with the care they have received. In addition, the hospital continues to receive an overall satisfaction rating that places the hospital in the top 5% of all hospitals using the survey.

Follow Up:

Hospital departments regularly receive results of Patient Satisfaction Surveys throughout the year. They have proved to be an excellent indicator of staff performance, how well the hospital is meeting its mission of "Patients First in Everything We Do!" and also a useful tool for improving our service to patients. If a hospital never asks if you are satisfied with the service, how can it be sure it's meeting your needs?

An Examination of LGH's Patient Satisfaction



Overall Rating

Top 5%
of 500 hospitals nationally

LGH received an overall patient satisfaction rating which placed the hospital in the top 5% of almost 500 hospitals participating in the national survey conducted by Press Ganey, a national firm specializing in the measurement of patient satisfaction.

Recommend?

Top 9%
of 500 hospitals nationally

When patients were asked if they would recommend Lowell General to a family member or friend, the hospital scored better than 91% of all hospitals in the nation participating in the survey program.

Level 2 Nursery

Top 5%
of 500 hospitals nationally

When patients were asked to rate their satisfaction with the services and care delivered in the Level 2 Special Care Nursery, the hospital scored better than 95% of all hospitals in the nation participating in the survey program.

Nursing Care

Top 9%
of 500 hospitals nationally

When patients were asked to rate the nursing technical skills, the hospital scored better than 94% of all hospitals in the nation participating in the survey program.

Cheerfulness

Top 10%
of 500 hospitals nationally

When patients were asked how well the hospital presented an overall atmosphere and attitude of cheerfulness, the hospital scored better than 90% of all hospitals in the nation participating in the survey program.

Spiritual Needs

Top 5%
of 500 hospitals nationally

When patients were asked how well the staff at Lowell General met their spiritual and emotional needs during an inpatient stay, the hospital scored better than 95% of all hospitals in the nation participating in the survey program.

Lowell General Hospital Leadership

The Value of Leadership: Good leaders are expected to have a vision and a plan, and then to motivate staff to achieve the plan. Great leaders dare to achieve what others say can not be done. They see crisis as a challenge — as well as an opportunity to push the boundaries of accomplishment far beyond what is believed possible.

The Challenges: During the past dozen or so years, hospitals have come face to face with many crises, ranging from new methods of reimbursement, to reduced payments by health insurers and the government, to new competition for the same pool of patients.

Hospitals have responded with varying degrees of effectiveness. The result is that some have merged. Some have affiliated with other hospitals to form a network. Some are just getting by. Many have closed their doors. And a few have thrived.

The Opportunity: Lowell General Hospital is one hospital that continues to meet the challenges of the ever-changing healthcare environment with intelligent business decisions that have gone on to improve the delivery of healthcare for patients in Greater Lowell. This has been possible because of the leadership and vision of the hospital's Board of Trustees, management staff, and dedicated physicians. Each has a special role to play in the business of delivering excellent quality health care.

Members of the hospital's Board of Trustees include some of the region's best and brightest business people. Great individual leaders in their own right, trustees have applied the knowledge gained through their own business successes, and failures, and applied them to serve Lowell General Hospital.

Most of the senior management team at Lowell General have worked together for ten years or longer. The complimentary business talents that each senior manager brings to the management table allows him or her to have a significant role in shaping the vision of the organization.

The medical, nursing, and technical staffs have played a crucial role in continuing the hospital's tradition of excellence in patient care during a period of rapid change in diagnostics, technology, reimbursement, and changing expectations by patients and payers.

The high levels of patient satisfaction, financial health, patient preference, and quality of care that are mentioned in this report are the result of hospital leadership, physicians, clinical staff, and each of the hospital's valuable employees working together to fulfill a shared, well-articulated vision. This is probably one of the most significant reasons why Lowell General has flourished when other hospitals have floundered.



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Indications:

Community support for a hospital is often seen clearly through philanthropic giving and volunteerism.

Standard:

Over the years, donors have made a significant difference in maintaining Lowell General Hospital's tradition of leadership and excellence. The continued commitment of our friends helps ensure our ability to meet the challenges and needs of the future and fulfill the hospital's mission.



Results:

During the past year, many volunteers gave generously of their time, enthusiasm, and financial resources to raise important dollars for Lowell General Hospital. The employee-sponsored LGH Challenge Golf Tournament and the President's Leadership Forum/Business & Industry initiative raised \$75,000 for the Transitional Care Unit, which opened in June 1996. The LGH Auxiliary's Taste of the Town netted \$20,480.



We are most grateful to all of those donors who made a contribution to the LGH Annual Fund from January 1 through December 31, 1996. Contributions to Lowell General Hospital in 1996 totaled \$610,059.

Follow-Up:

Support of individuals, corporations, and foundations is a tangible indicator of the broad community support that has been a hallmark of Lowell General Hospital for many years. We have made every effort to ensure an accurate listing of these contributors. We apologize for any errors or omissions.

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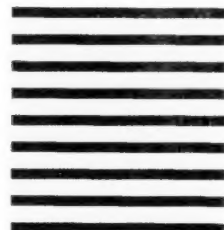
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Our announcement of the Cancer Center at Lowell General Hospital is one such project that addresses our community's healthcare needs.

An affiliation with Dana-Farber/Partners CancerCare will bring the highest quality and most sophisticated cancer treatments and therapies to the Merrimack Valley. The state-of-the-art facility will feature radiation therapy, medical oncology, and support services, as well as educational, screening, and preventive programs. Cancer patients will be able to access care through a broad range of services in one location.

Every dollar raised by the 1997 Annual Fund will benefit The Cancer Center at Lowell General Hospital, which will be completed in Spring 1998.

Please take a moment to invest in Lowell General's support of community health by making a donation to The Cancer Center at Lowell General Hospital. *Thank you.*



- ☐ Yes, I would like to support The Cancer Center at Lowell General Hospital with the enclosed donation.
- ☐ I would like to support The Cancer Center with a tribute gift in honor or in memory of _____
- ☐ I have remembered Lowell General Hospital in my will or estate plan.
- ☐ Please send me information on estate planning.

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Make checks payable to:
The Cancer Center at Lowell General Hospital.

*Mail to the address on the reverse side,
or call the Development Office at
(508) 937-6267 for more information*

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Lowell General Hospital

295 Varnum Avenue, Lowell, Massachusetts 01854

For information on any hospital services or programs, please call the Community Relations

Department at (508) 937-6425, or visit the hospital's web site at <http://www.lowellgeneral.org>

Hospital main telephone: (508) 937-6000